



University of
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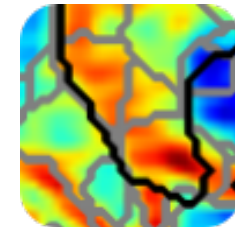
Arterial Spin Labelling: Non-invasive measurement of perfusion

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Sir Peter Mansfield Imaging Centre, School of Medicine, University of Nottingham
Wellcome Centre for Integrative Neuroimaging, University of Oxford

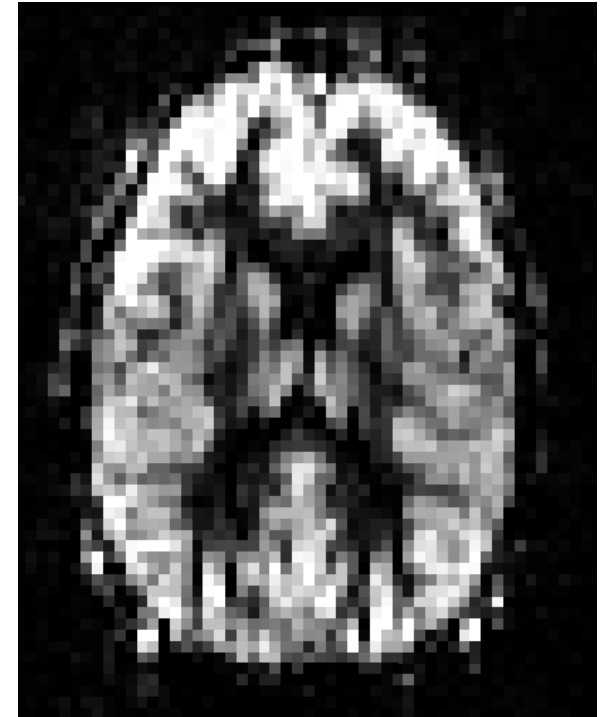


**wellcome
centre
integrative
neuroimaging**



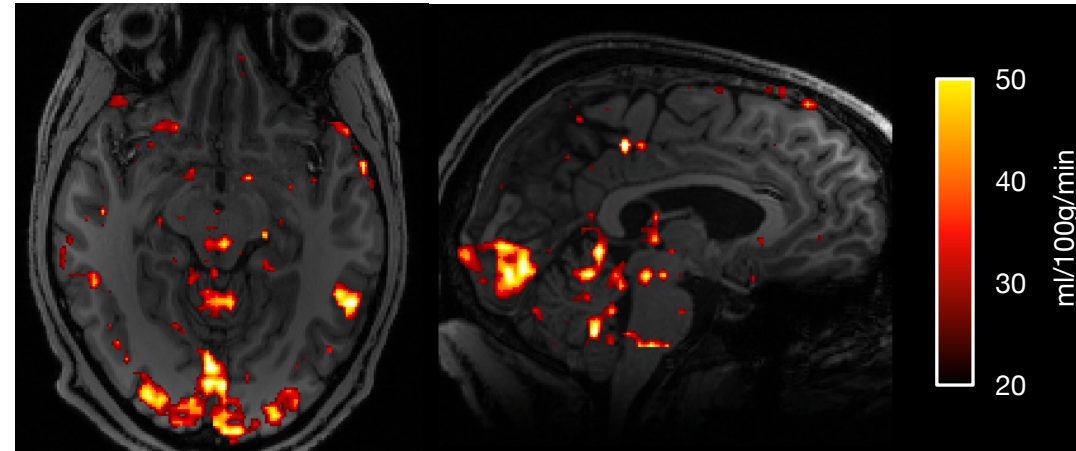
PERFUSION

- Perfusion is a measurement of delivery of blood to capillary bed
 - ➔ Related to nutrient delivery to cells and waste removal.
 - ➔ Altered by task activity.
 - ➔ Changes in disease.
- Quantity of blood **delivered** per unit of tissue per unit of time
 - ➔ ml blood / 100g tissue / min
 - ➔ (Dimensions of $[T]^{-1}$)
 - ➔ Grey matter 'magic' number: 60 ml/100g/min
- Cerebral Blood Flow (CBF) is a misleading name!
- To image perfusion we need a tracer
 - ➔ ASL uses blood-water as an endogenous tracer.



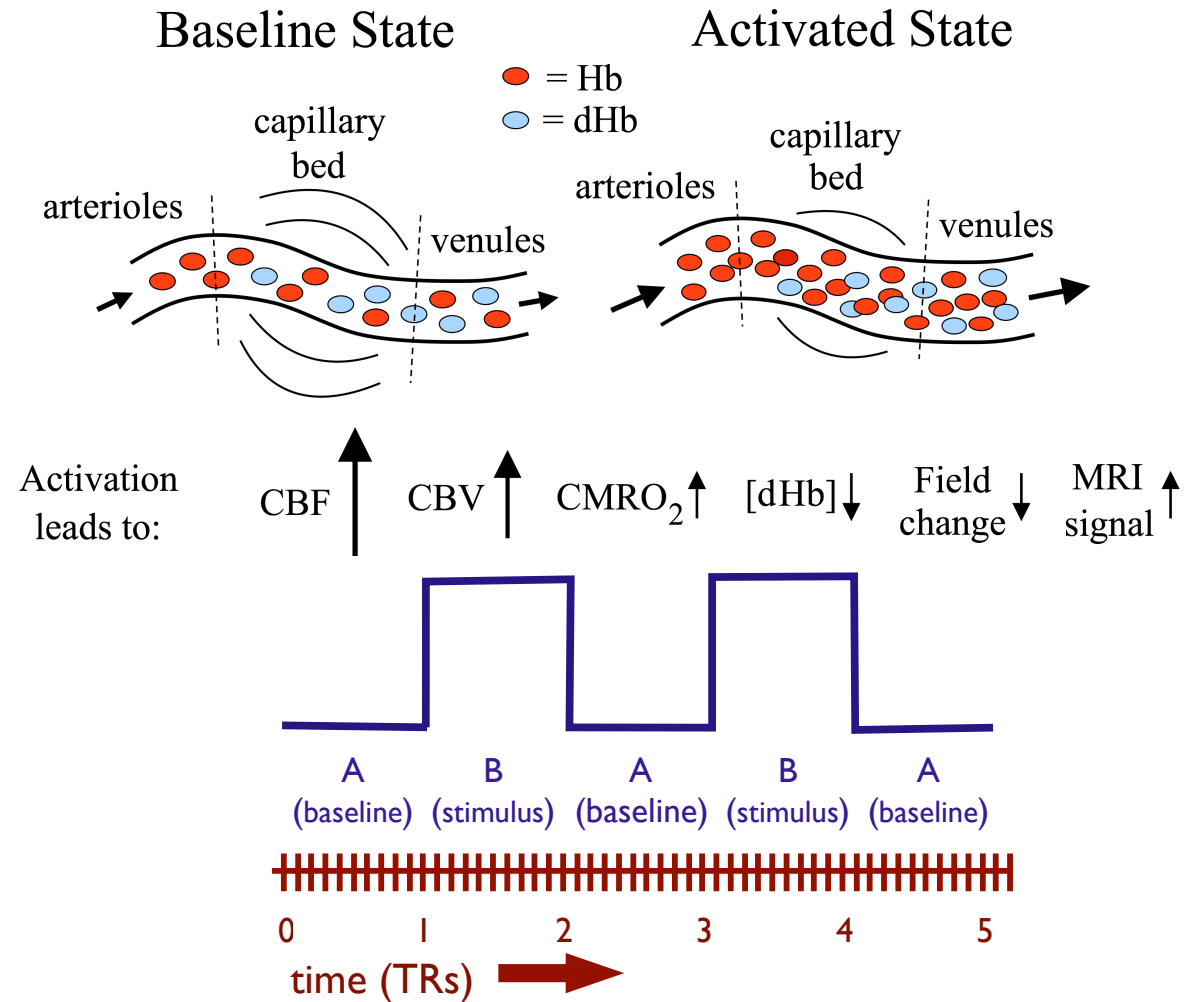
PERFUSION

- Why use measure perfusion with ASL?
 - ➔ Non-invasive & (relatively) quick
 - ➔ A direct measure of perfusion changes - physiological response.
 - ➔ (Potentially) fully quantitative - possible to calculate absolute perfusion.
 - ➔ Good for low frequency or 'one-off' designs.
 - ➔ Large 'effect size'.
- What are the challenges?
 - ➔ SNR
 - ➔ Temporal sampling - TR and the need for label and control scans.



PERFUSION

- ASL is not BOLD!
 - ➔ CBF change is a component of the BOLD signal.
 - ➔ ASL can make absolute measurements under different conditions.
 - ➔ You DONT need an interleaved design with ASL.
 - ➔ 'Rest' and 'task' don't even need to be in the same session.
- ASL and BOLD can be combined
 - ➔ Dual (multi-) echo ASL/BOLD



PERFUSION

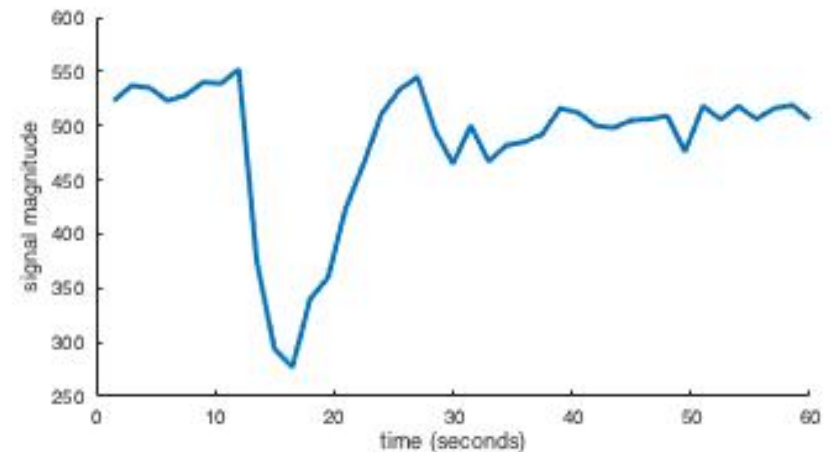
- ASL vs. other perfusion imaging techniques

➔ **ASL**

- Completely non-invasive
- Repeatable
- Absolute perfusion quantification

➔ **Dynamic Susceptibility Contrast (DSC) MRI**

- Routinely used clinically
- Higher resolution
- One shot - not reality repeatable
- Requires Gadolinium contrast agent injection (contraindicated in kidney disease)
- Typically used to extract Cerebral Blood Volume or Mean Transit Time
- Offers a different/complementary view of perfusion and microvasculature



PERFUSION

- ASL vs. other perfusion imaging techniques

➔ **ASL**

- Completely non-invasive
- Repeatable
- Absolute perfusion quantification

➔ **Dynamic Contrast Enhanced (DCE) MRI**

- Mainly clinical applications in brain tumours
- Reveals permeability (leaky vasculature)
- One shot - not really repeatable
- Requires Gadolinium contrast agent injection (contraindicated in kidney disease)
- Typically used to extract a measure of permeability (Ktrans)

PERFUSION

- ASL vs. other perfusion imaging techniques

➔ **ASL**

- Completely non-invasive
- Repeatable
- Absolute perfusion quantification

➔ **Perfusion CT/SPECT**

- Used clinically - more often you see angiography than perfusion though.
- Higher resolution
- Contrast agent required
- Involves ionising radiation
- Anatomical (MRI) separate

PERFUSION

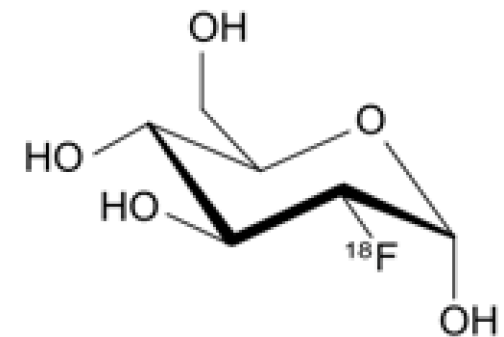
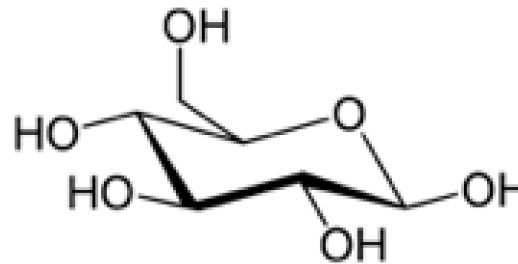
- ASL vs. other perfusion imaging techniques

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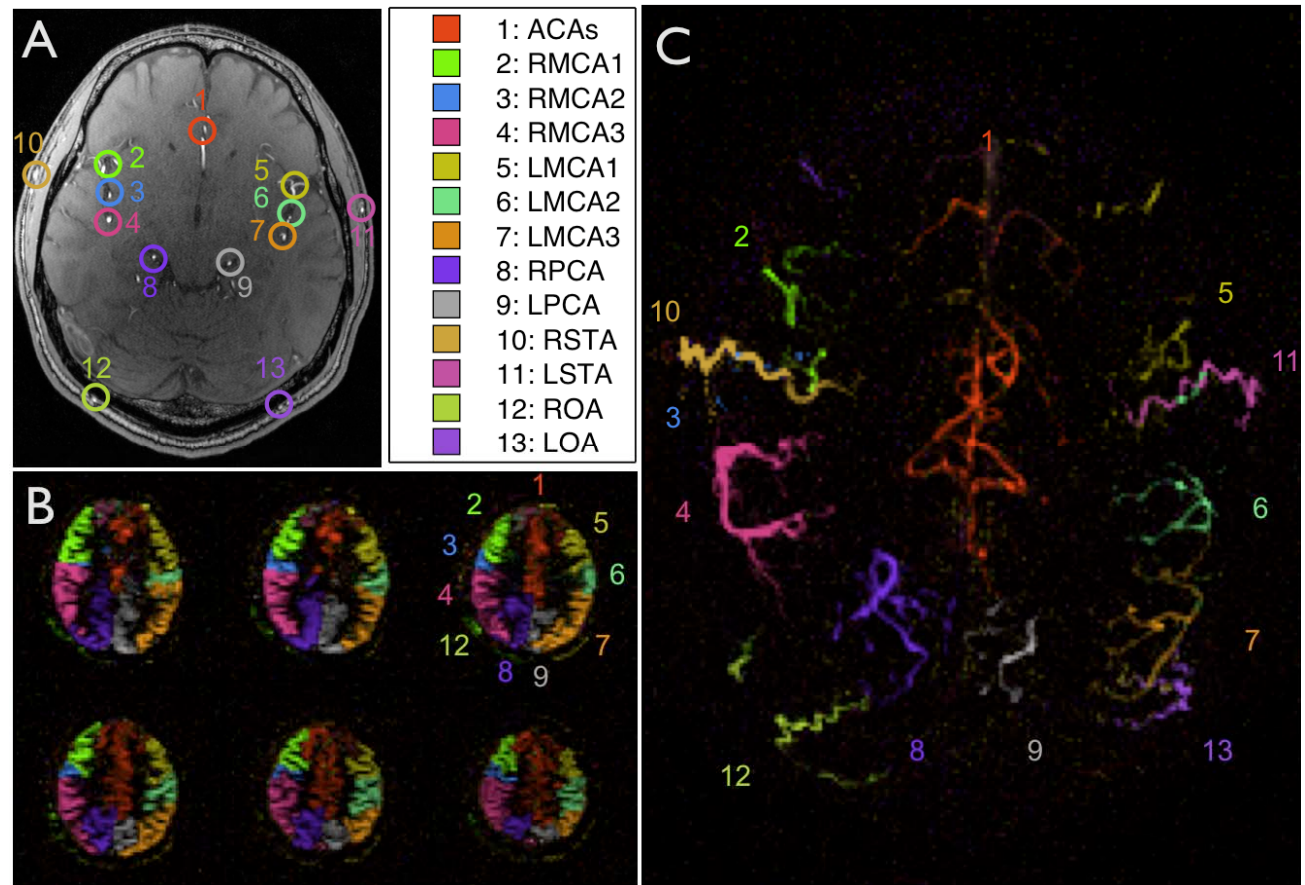
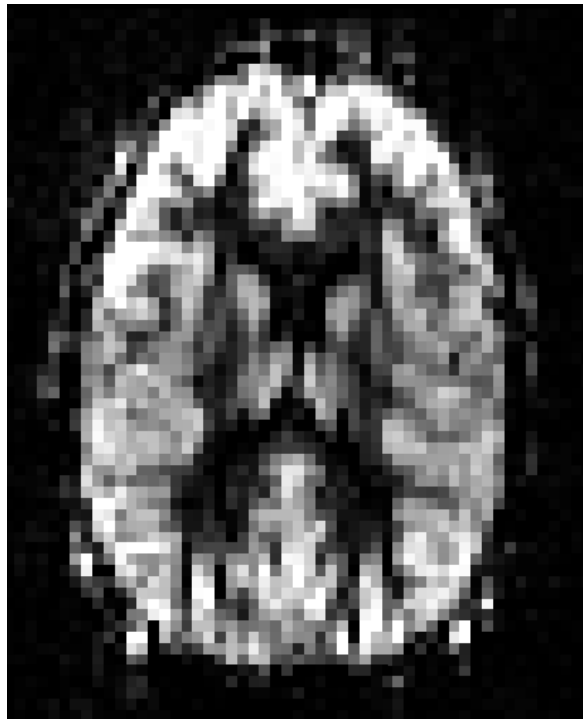
➔ **FDG PET**

- Used clinically
- Requires PET - ionising radiation
- Lower resolution
- Anatomical (MRI) separate (except with combined MRI-PET)
- More direct measure of glucose metabolism - beyond perfusion.



PERFUSION

- But ASL isn't as funky as rs-fMRI/tractography/etc - where is the (spurious) colour coding?



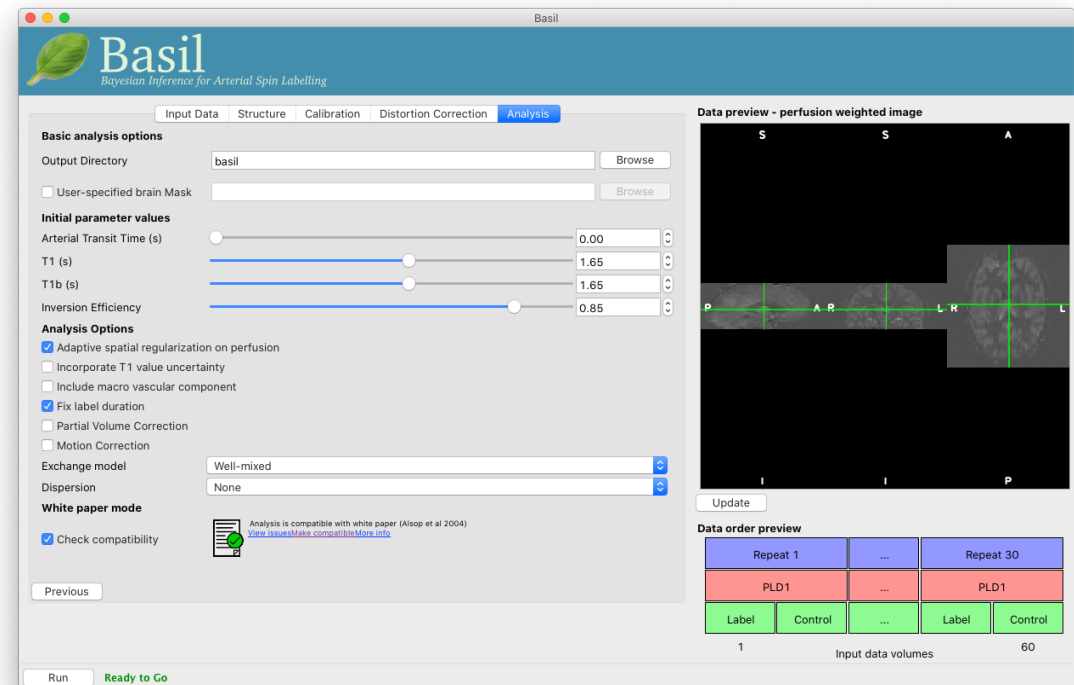
FSL FOR ARTERIAL SPIN LABELLING

- BASIL: a toolset for resting ASL quantification:

- ➔ CBF quantification.
- ➔ Calibration / M0 estimation
- ➔ Registration.
- ➔ Partial volume correction.

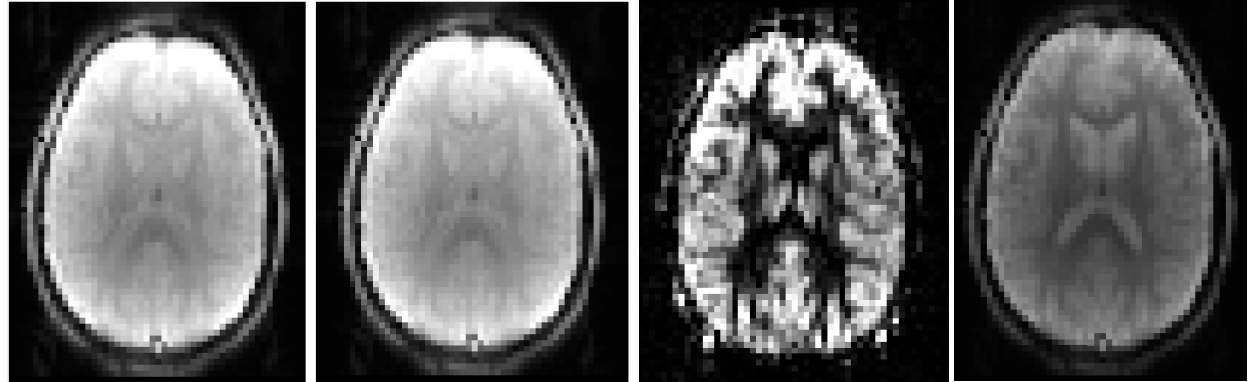
- ➔ Graphical User Interface
asl_gui

- ➔ Command line tools
oxford_asl, basil, asl_reg, asl_calib



WHAT HAVE I GOT HERE!?

- What I have...



- What I want...

- What should I do?

I just want to do something simple/easy!

I must have absolute perfusion (ml/100g/min)

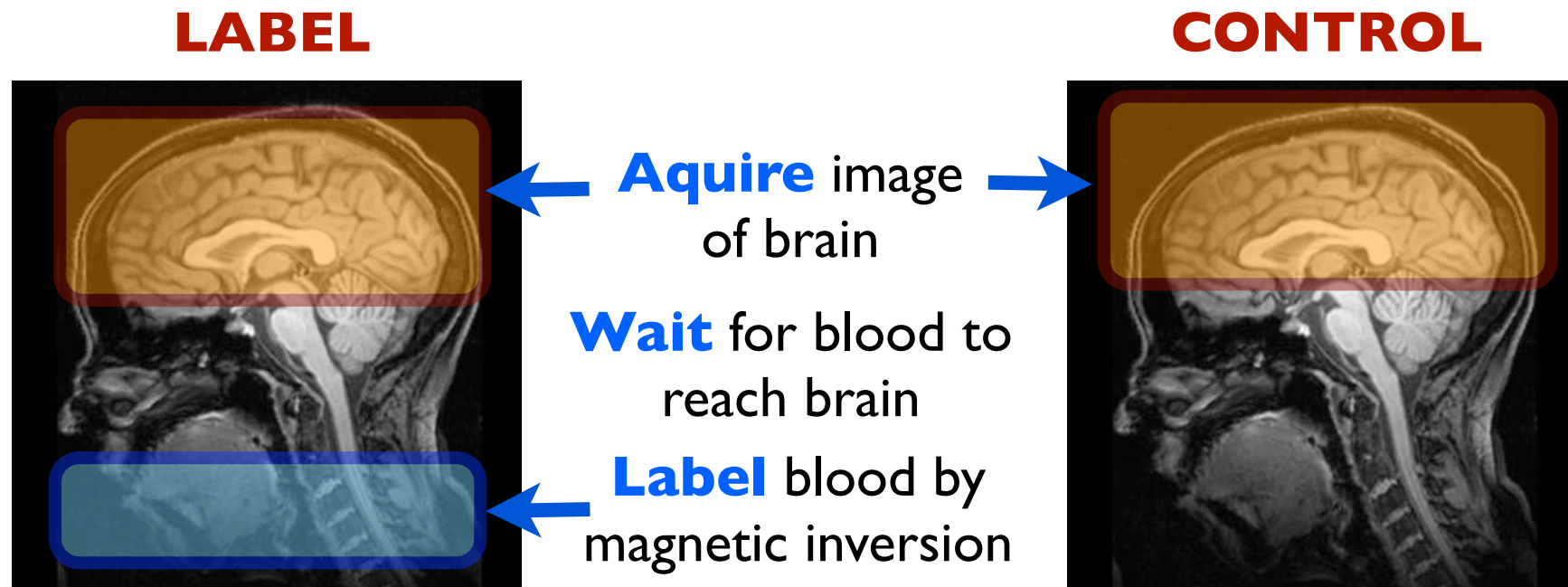
Command line instructions here for future reference...

OUTLINE

- Acquisition
- Keep it simple!
 - ➡ Perfusion weighted images.
- Quantitative perfusion:
 - ➡ Kinetics: A short course in tracer kinetics.
 - ➡ Calibration: Measuring arterial blood magnetization.
- Preparing for group analysis.
- Advanced quantification:
 - ➡ Motion, Distortion & Artefacts
 - ➡ Cerebrovascular Reactivity/Reserve
 - ➡ Macro Vascular Contamination
 - ➡ Partial Volume Effects

ASL ACQUISITION

- A tracer experiment with an endogenous tracer - **blood water**.



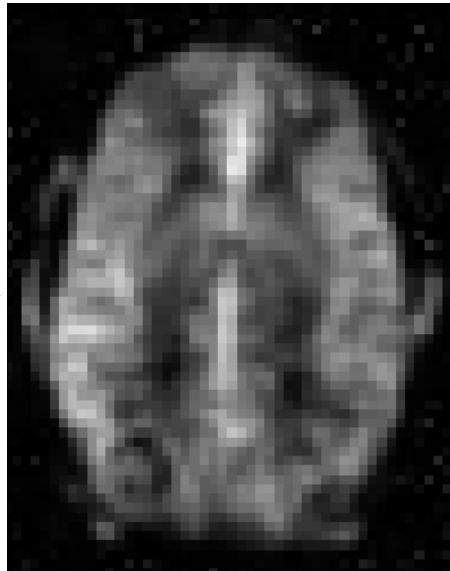
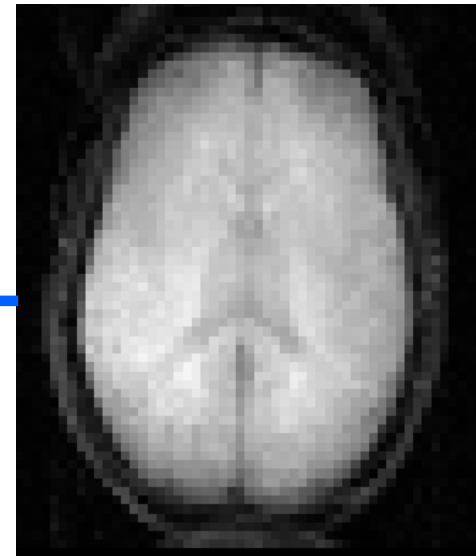
ASL ACQUISITION

- Spot the difference?

LABEL



CONTROL

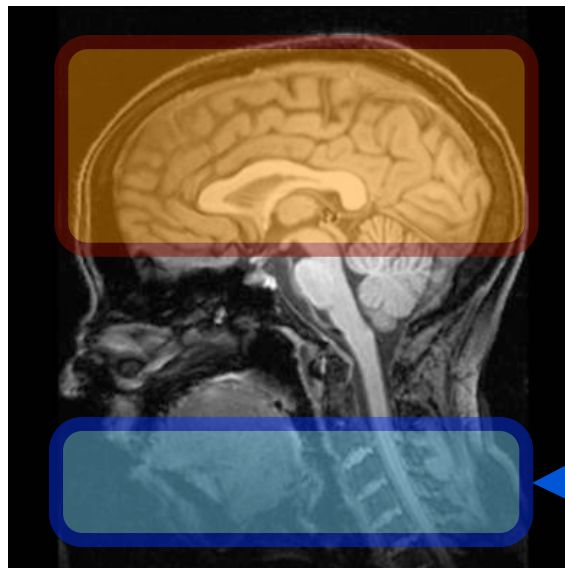


Perfusion is $\sim 60 \text{ ml/100g/min} = 0.01 \text{ s}^{-1}$
Signal is $\sim 1\text{-}2\%$

ASL ACQUISITION

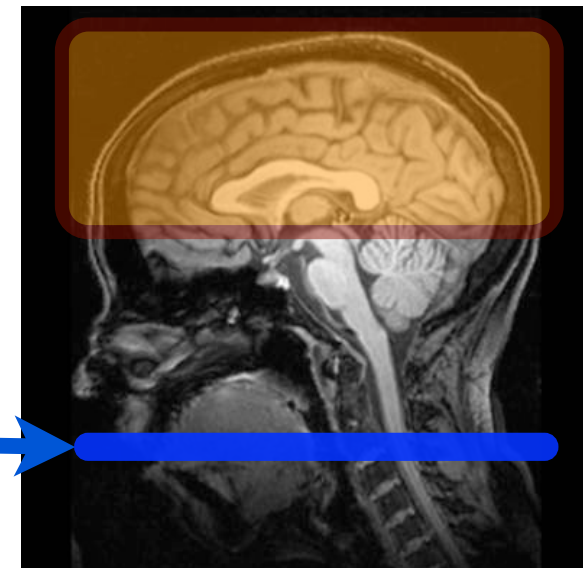
- Nuts & bolts: Labelling

pASL: Pulsed ASL



Label a region in a single pulse

cASL: Continuous ASL pcASL: psuedo-continuous ASL

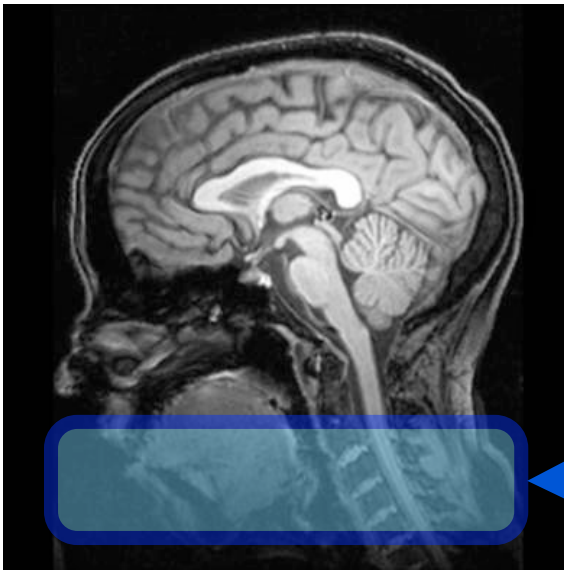


Label blood flowing through a plane for some time
pcASL uses pulses and is more widely available

Label blood by magnetic inversion

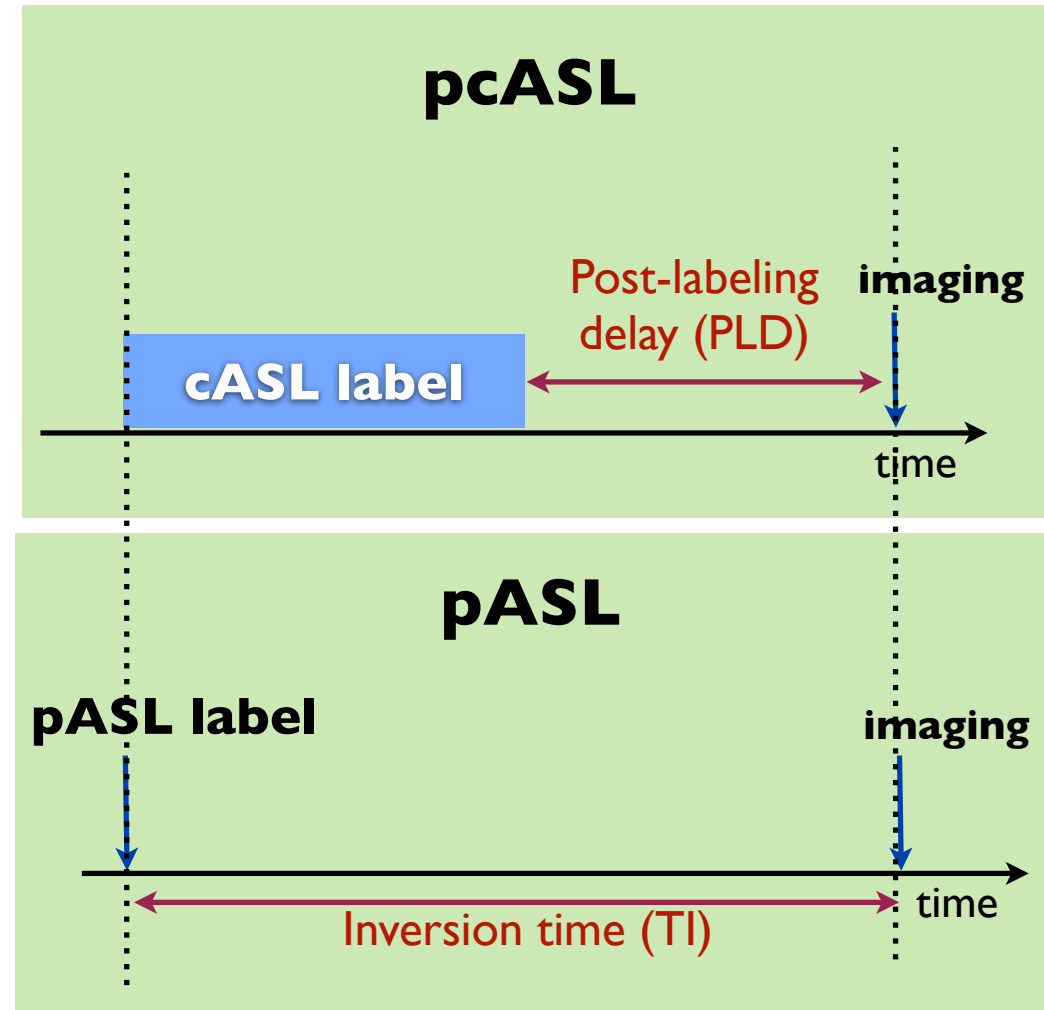
ASL ACQUISITION

- Nuts & bolts: Post Label Delay
 - ➔ Or inversion time, inflow time



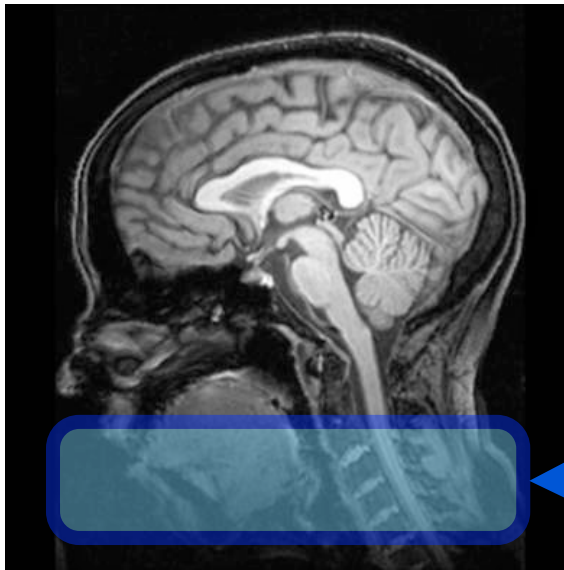
Wait for blood to reach brain

Label blood by magnetic inversion



ASL ACQUISITION

- Nuts & bolts: Bolus/label duration

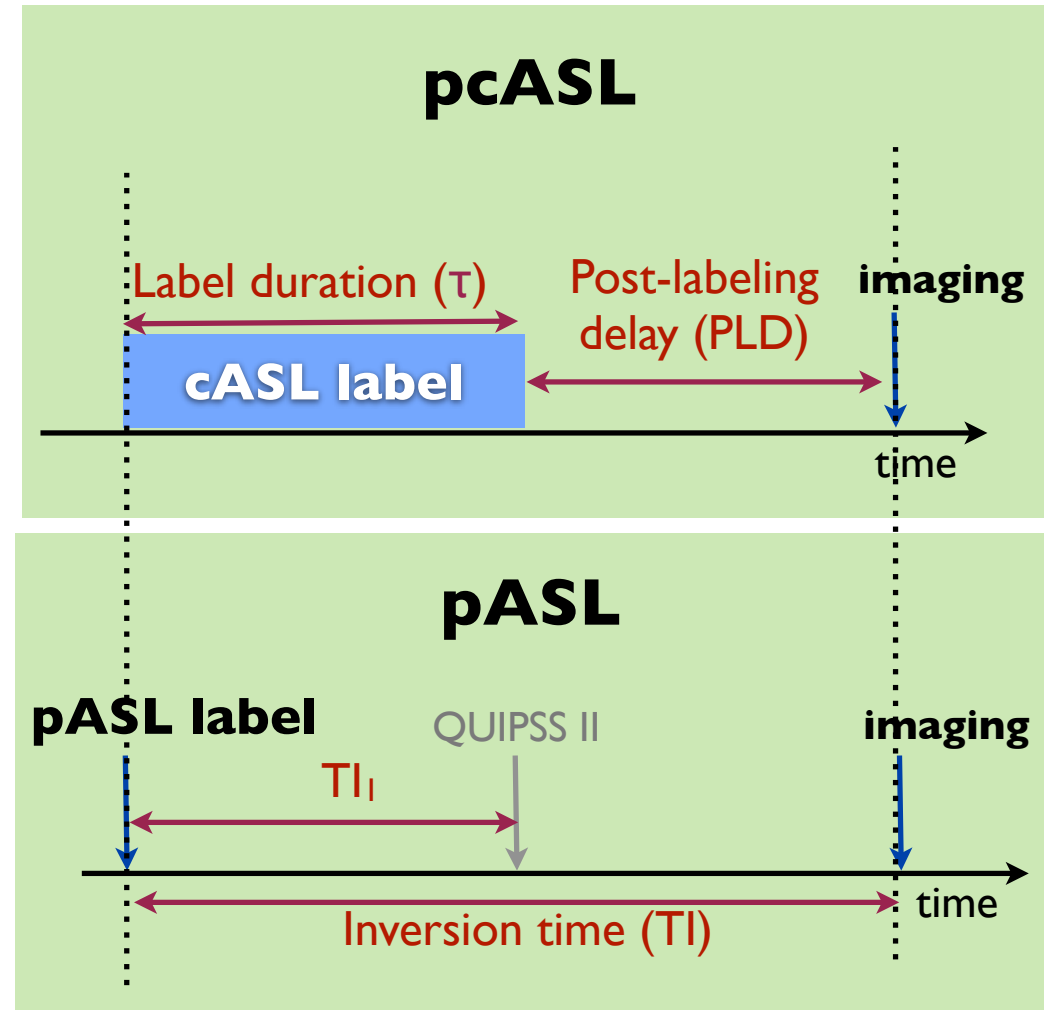


Wait for blood to reach brain

Label blood by magnetic inversion

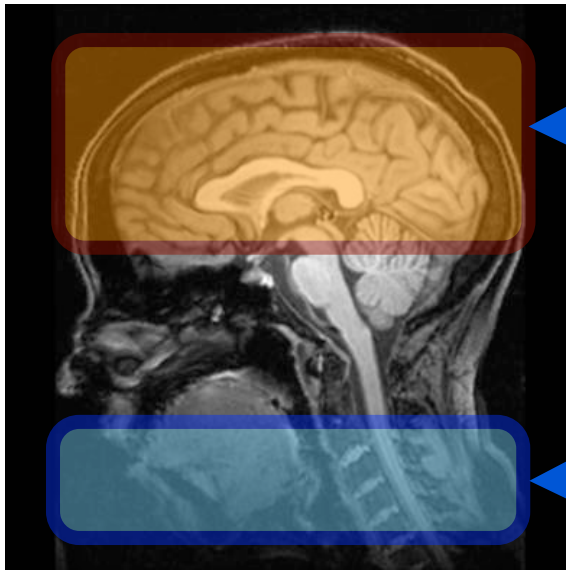
pASL

- Label duration is undefined in pASL.
- QUIPSSII pulses 'cut off' the end of the labeled bolus.



ASL ACQUISITION

- Nuts & Bolts: Readout

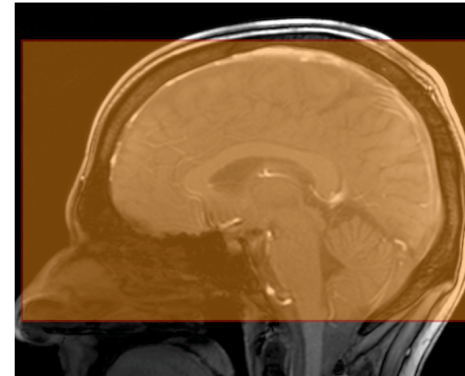


Acquire image
of brain

Wait for blood to
reach brain

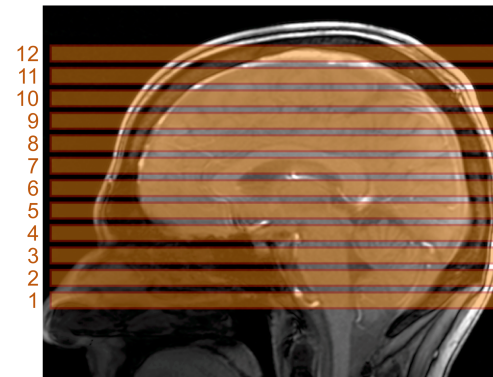
Label blood by
magnetic inversion

3D: GRASE/RARE



Higher SNR
Long echo-train:
blurring
Multi-shot/segmented
approaches

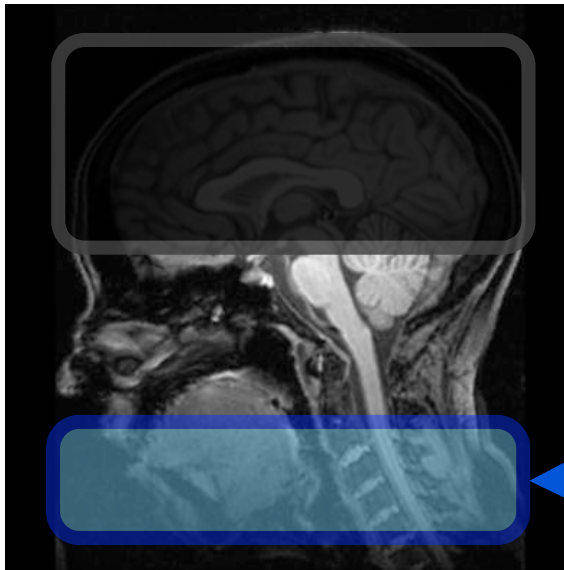
2D: EPI (Multi-slice)



Different PLD for
each slice

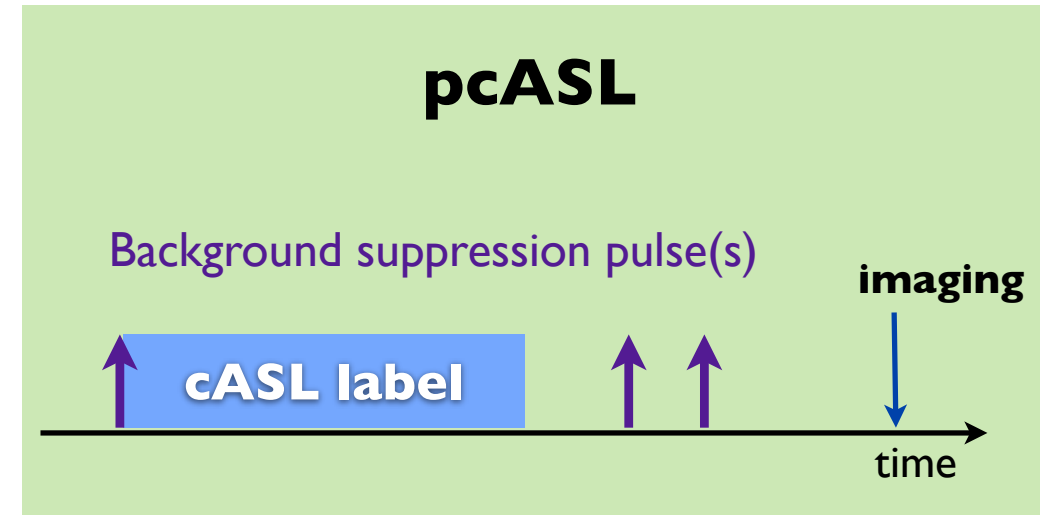
ASL ACQUISITION

- Nuts & Bolts: Background Suppression



Wait for blood to reach brain

Label blood by magnetic inversion



- ➡ Suppress signal from static tissue
- ➡ Reduce subtraction artefacts
- ➡ Reduce sensitivity to motion and physiological noise

ASL ACQUISITION

- The ASL 'white paper' - a good place to **begin**:
 - ➔ **Use pcASL where possible**
 - Label duration 1800 ms
 - Post labeling delay ~1800 ms
 - ➔ Otherwise pASL with QUIPSSII
 - Inversion time ~1800 ms
 - TII of 800 ms
 - Slab thickness 15-20 cm
 - ➔ **Ideally 3D readout.**
 - 2D EPI an acceptable alternative.
 - ➔ Resolution:
 - 3-4 mm in plane.
 - 4-8 mm through plane.
 - ➔ **Use background suppression.**

Recommended Implementation of Arterial Spin Labeled Perfusion MRI for Clinical Applications: A consensus of the ISMRM Perfusion Study Group and the European Consortium for ASL in Dementia

Magnetic Resonance in Medicine - 73 (1) p102-116, 2015.

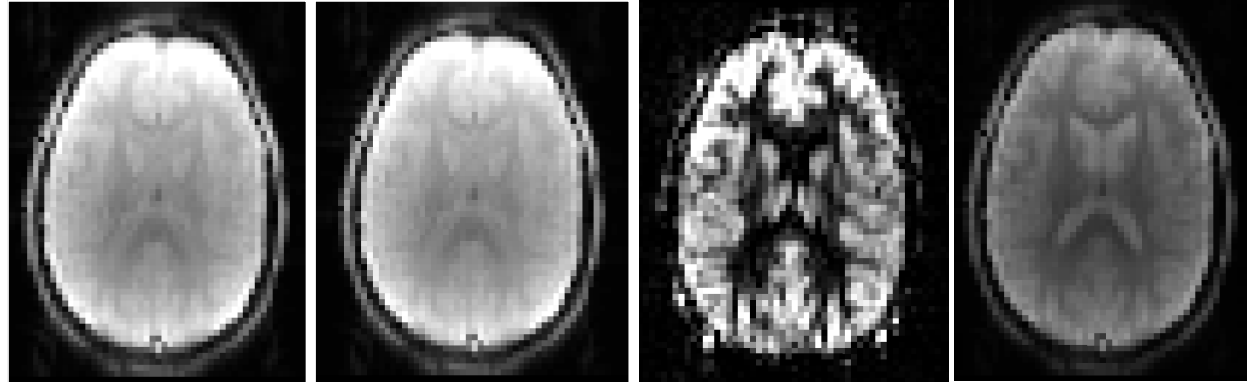
Arterial Spin Labelling : M.A. Chappell

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 - ➡ Macro Vascular Contamination
 - ➡ Partial Volume Effects

WHAT HAVE I GOT HERE!?

- What I have...



- What I want...

- What should I do?

I just want to do something simple/easy!

I must have absolute perfusion (ml/100g/min)

Command line instructions here for future reference...

EXAMPLE (SIMPLE)

- What I have...

- ➔ ASL data!

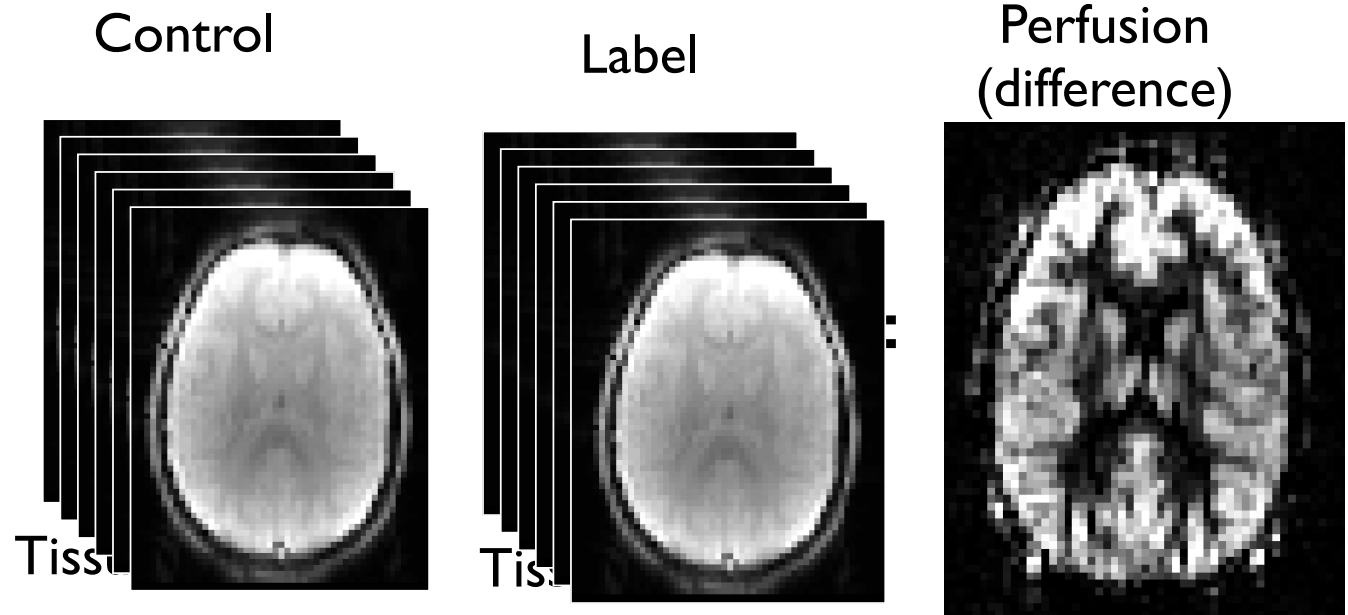
- What I want...

- ➔ A perfusion image
(in this subject).

- What should I do?

- ➔ Label-control subtraction

- ➔ Average



```
asl_file --data={ASLdata.nii.gz} --ntis=1 --iaf=tc --diff --out={diffdata.nii.gz}
asl_file --data={ASLdata.nii.gz} --ntis=1 --iaf=tc --diff --mean={diffdata_mean.nii.gz}
```

OUTLINE

- Acquisition
- Keep it simple!
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 - ➡ Partial Volume Effects

EXAMPLE

- What I have...

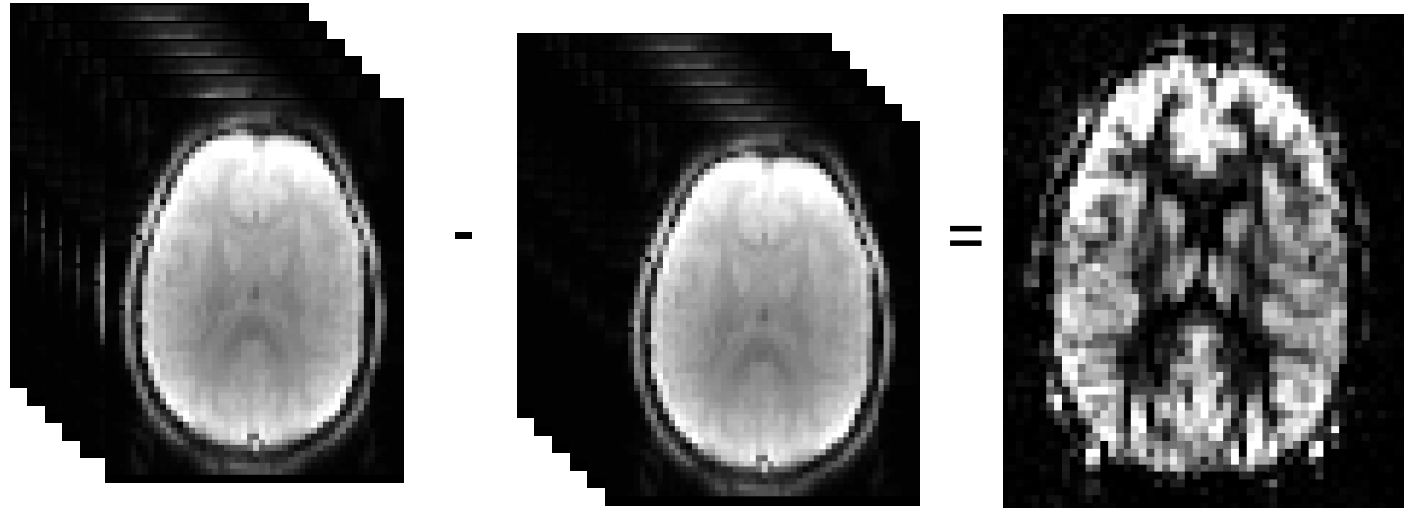
- ➔ ASL data
- ➔ (calibration images)

- What I want...

- ➔ Perfusion in ml/100g/min

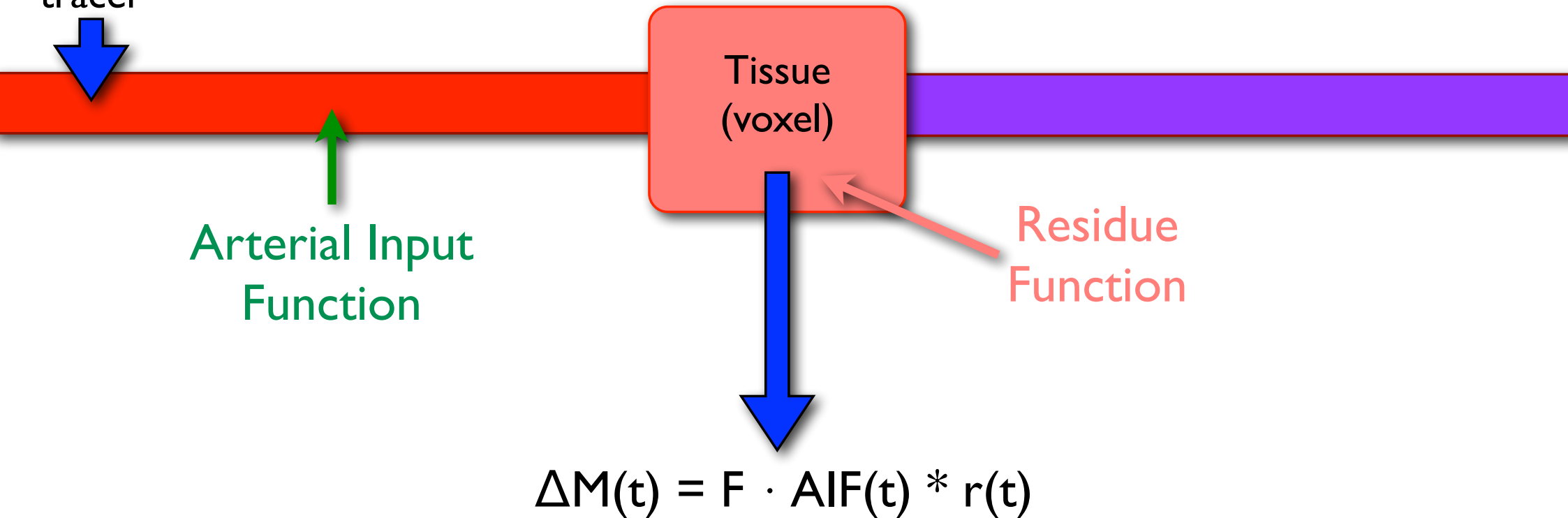
- What should I do?

- ➔ Label-control subtraction. ✓
- ➔ Kinetic model inversion. ←
- ➔ Calibration

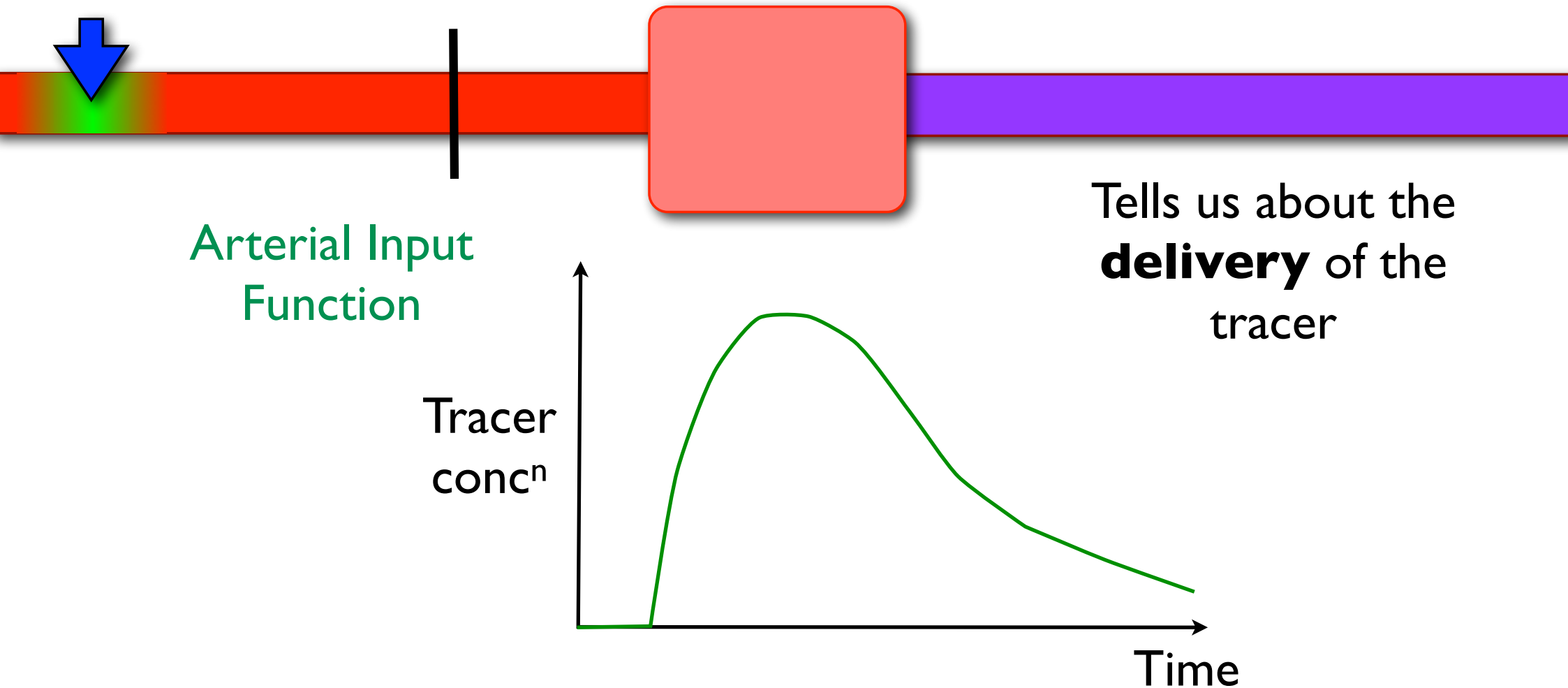


Introduce
tracer

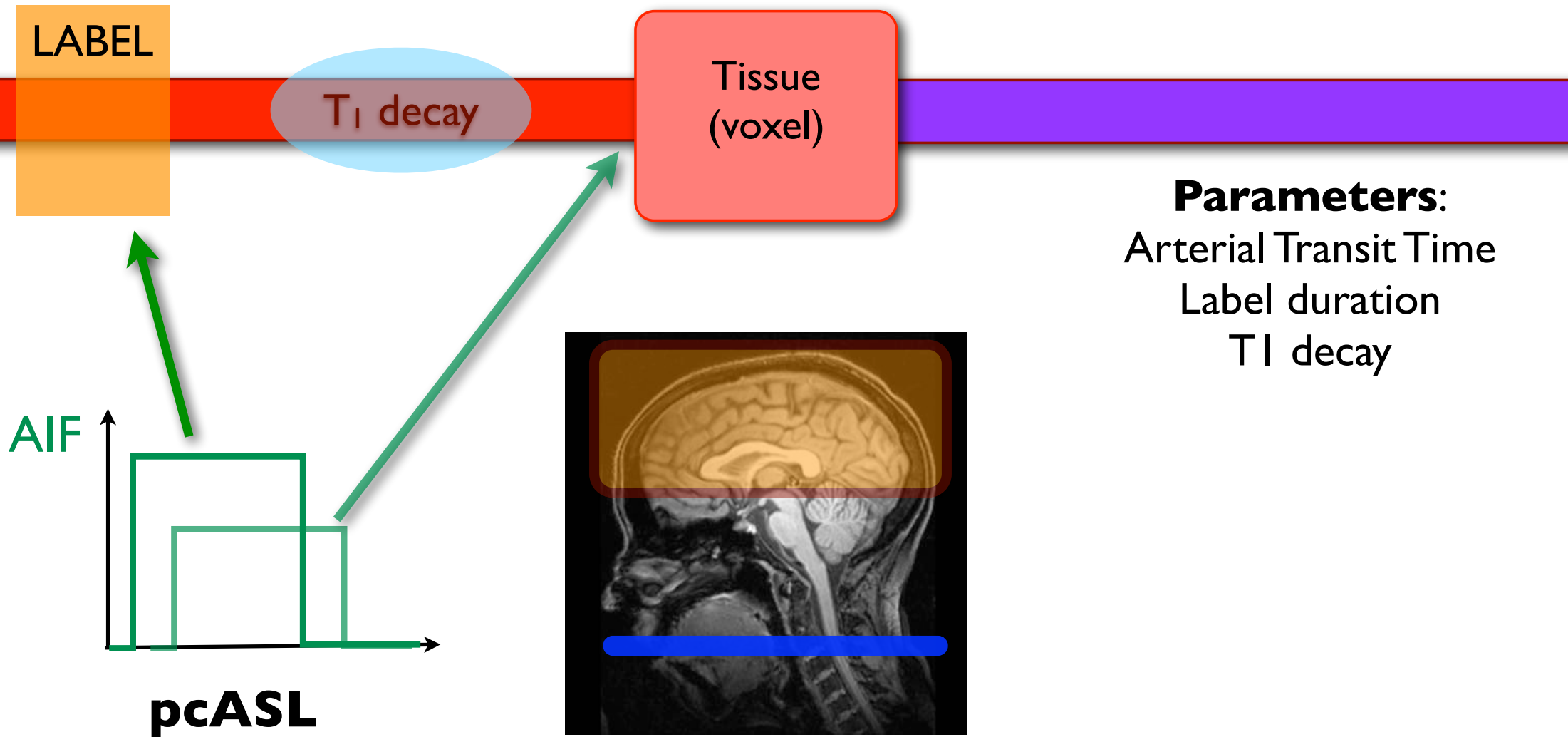
KINETIC MODEL INVERSION



KINETIC MODEL INVERSION



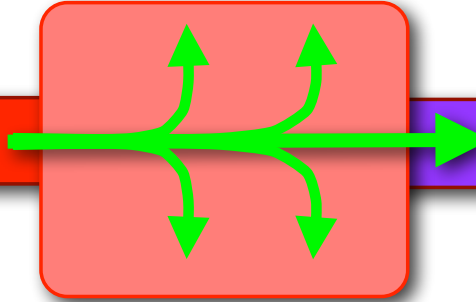
KINETIC MODEL INVERSION



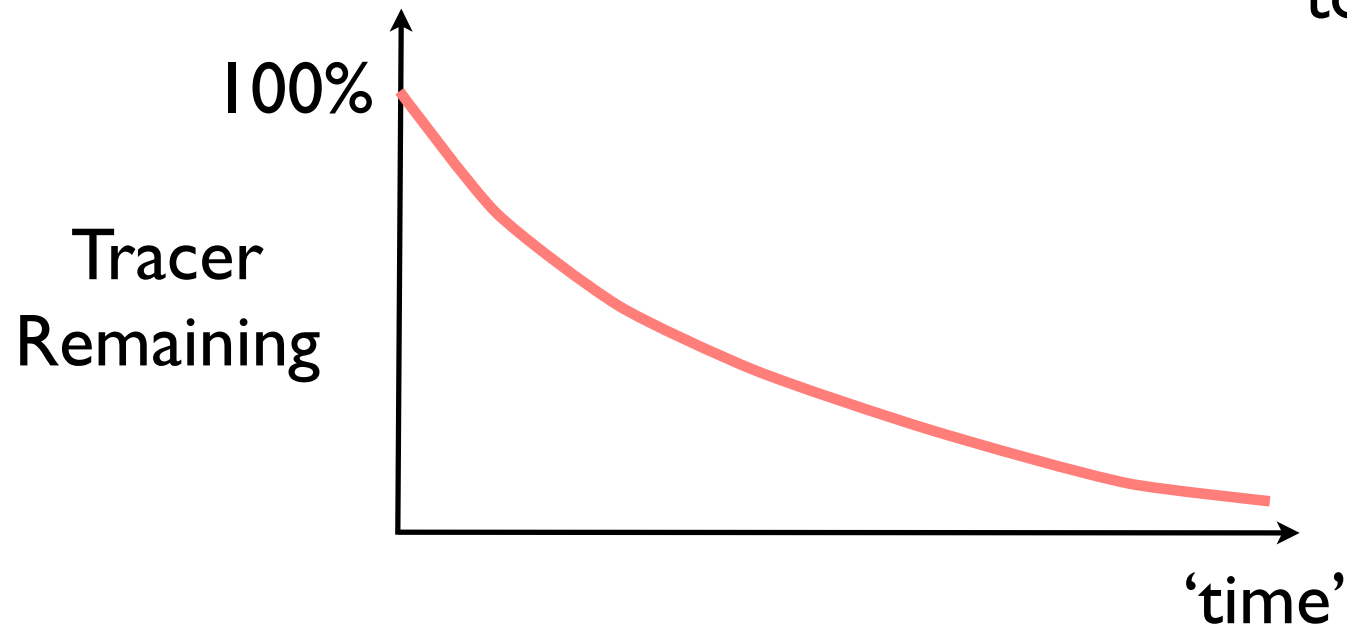
KINETIC MODEL INVERSION



Residue
Function



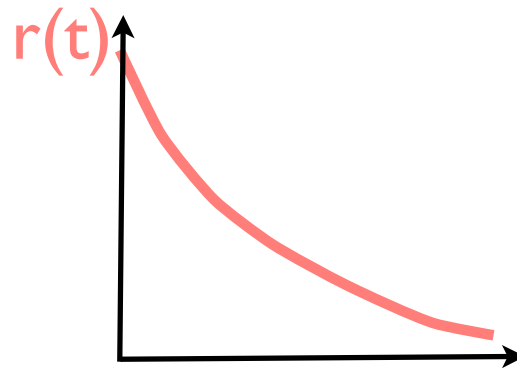
Tells us what happens
to the tracer after it
has arrived.



KINETIC MODEL INVERSION

‘Well mixed’
TI decay

- ▶ Rapid exchange
- ▶ Single well mixed compartment
- ▶ No spins leave the compartment
- ▶ Decay with TI



‘Stays & decays’

Parameters:

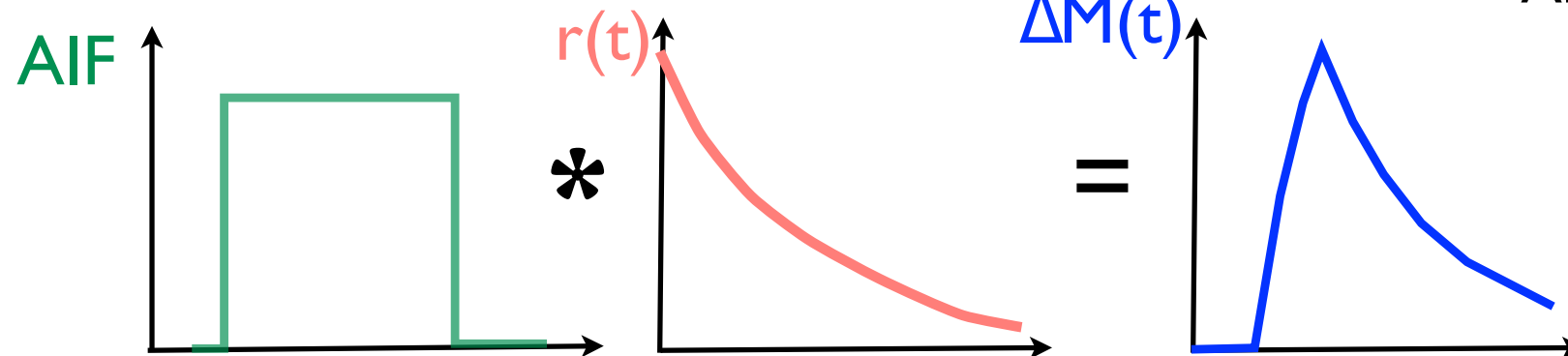
Arterial Transit Time
Label duration
TI decay

KINETIC MODEL INVERSION

LABEL

T_1 decay

'Well mixed'



Parameters:

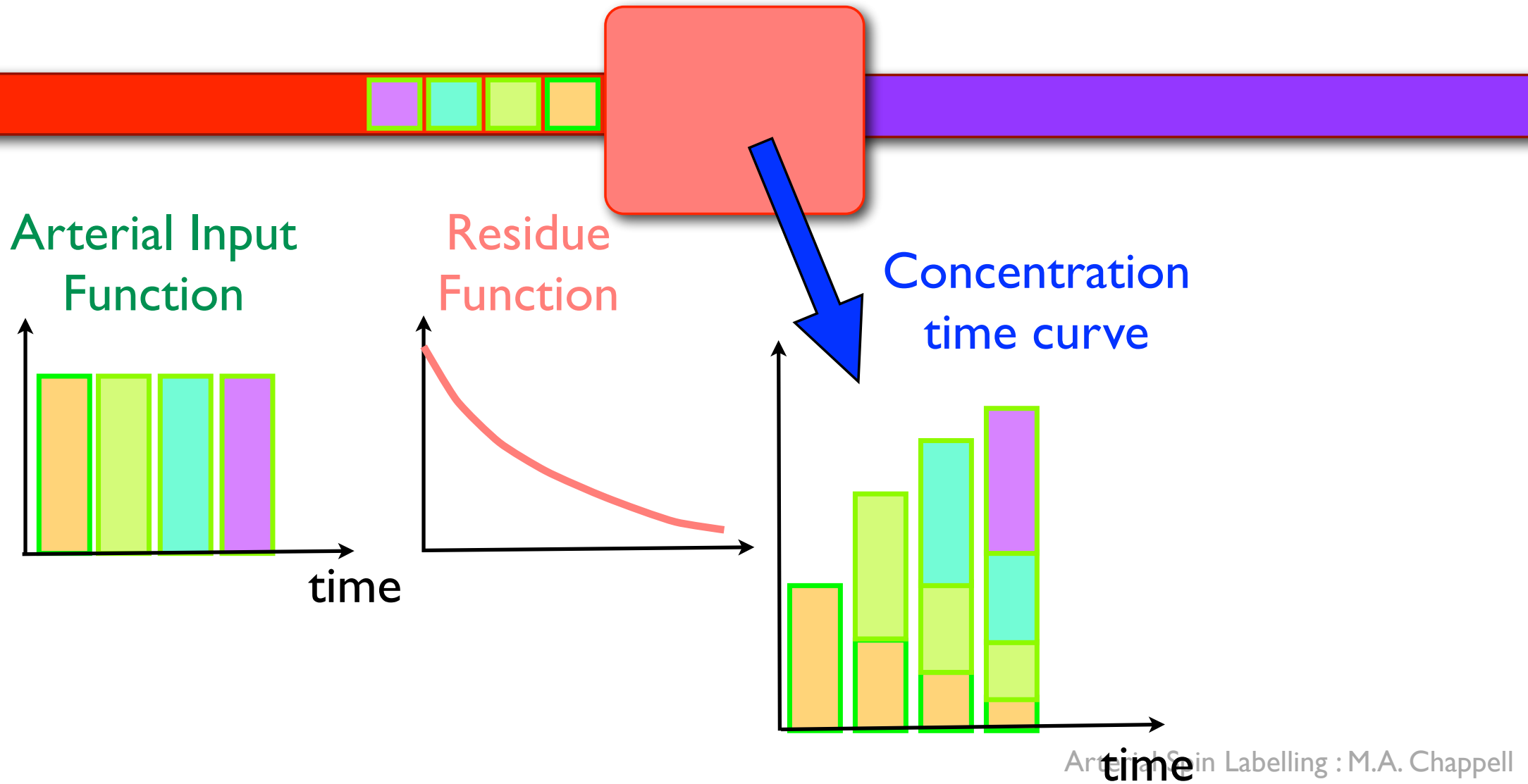
Perfusion - F

Arterial Transit Time

Label duration

T_1 decay

KINETIC MODEL INVERSION

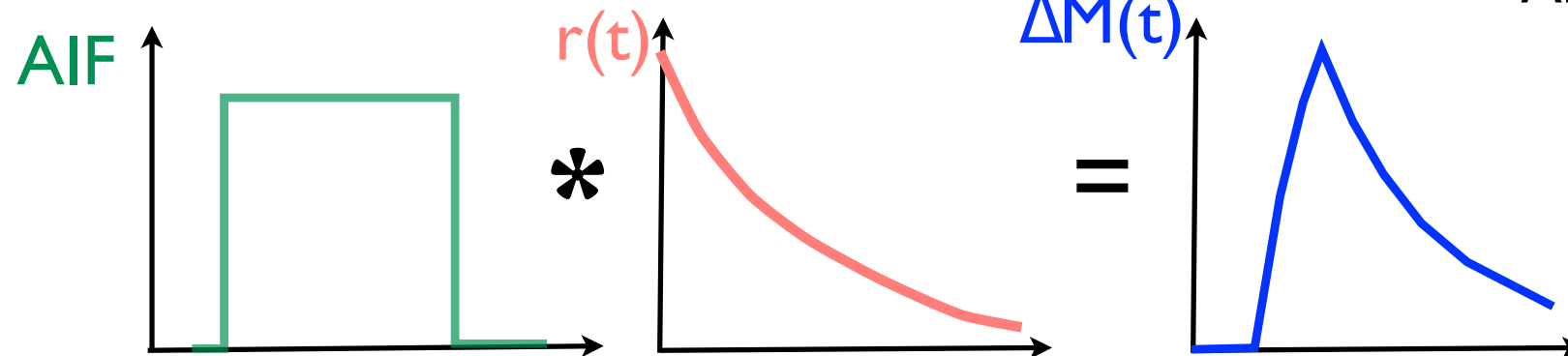


KINETIC MODEL INVERSION

LABEL

T_1 decay

'Well mixed'



Parameters:

Perfusion - F
Arterial Transit Time
Label duration
 T_1 decay

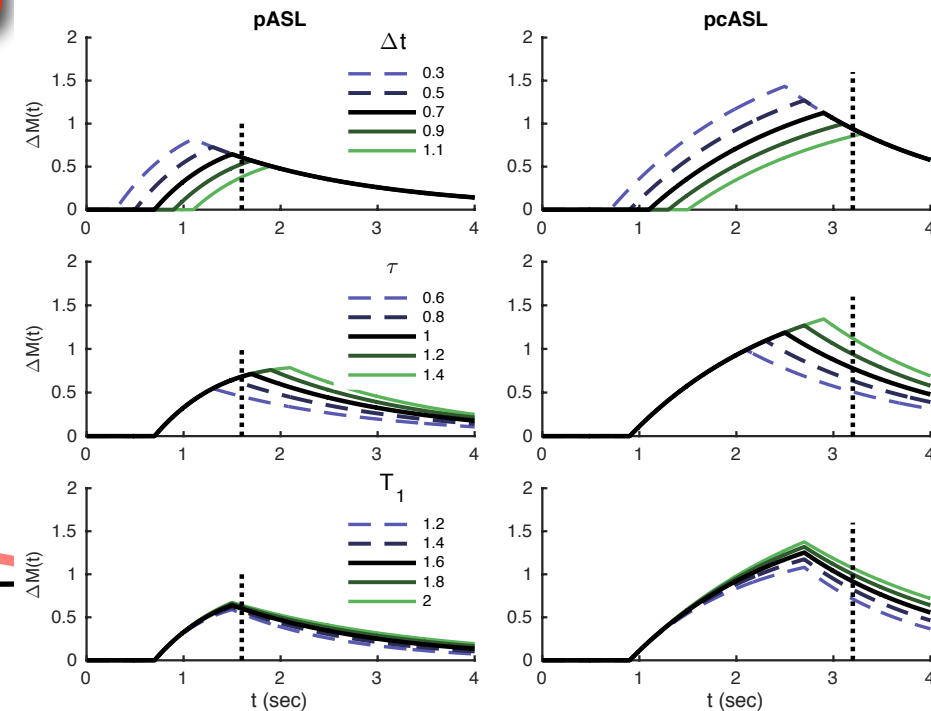
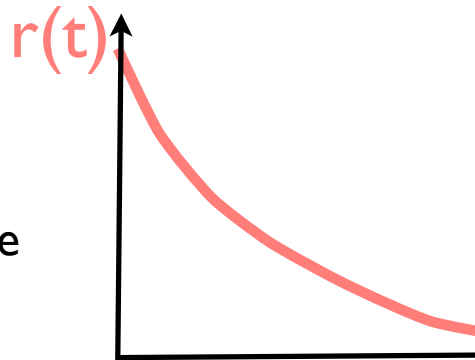
KINETIC MODEL INVERSION

LABEL

T_{lb} decay

'Well mixed'
 T_{lt} decay

- The 'simple' model
 - ➔ Only one T_1 value (blood)
 - ➔ Spins never leave tissue
- The 'standard' model:
 - ➔ Separate T_1 for blood and tissue ($T_{lt} < T_{lb}$).
 - ➔ Spins leave voxel at rate determined by perfusion and partition coefficient.



KINETIC MODEL INVERSION

What you need to know about your data:

- What I have...

- ➔ ASL data
- ➔ (calibration images)

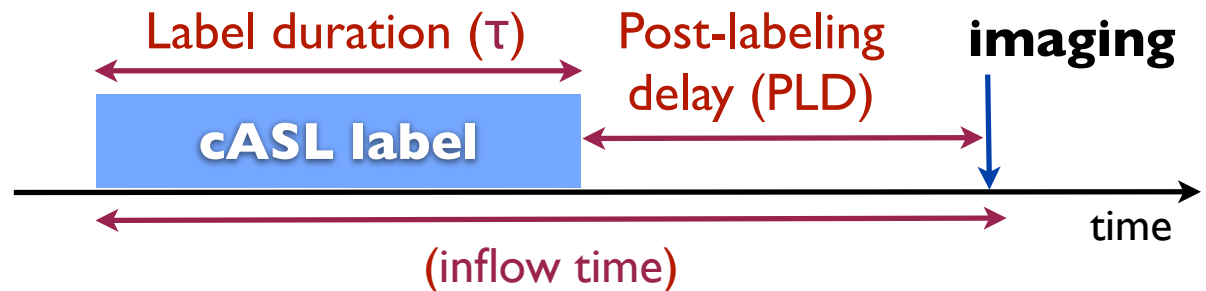
- What I want...

- ➔ Perfusion in ml/100g/min

- What should I do?

- ➔ Label-control subtraction. ✓
- ➔ Kinetic model inversion. ←
- ➔ Calibration.

Labeling	pcASL (continuous)	or	pASL (pulsed)
	Post-labeling delay(s)		Inversion time(s)
	Labeling duration		Bolus duration (if QUIPSS/Q2TIPS)



```
oxford_asl -i {asl_data} -o {output_dir} --iaf={tc} {--casl} --tis={list_of_TIs}  
-bolus={bolus_duration} -slicedt={time_per_slice} {model/analysis options}
```

KINETIC MODEL INVERSION

What you need to know about your data:

- What I have...

- ➔ ASL data
- ➔ (calibration images)

- What I want...

- ➔ Perfusion in ml/100g/min

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- ➔ Calibration.

Labeling	pcASL (continuous)	or	pASL (pulsed)
	Post-labeling delay(s)		Inversion time(s)
	Labeling duration		Bolus duration (if QUIPSS/Q2TIPS)
Read out	3D/2D (slice timing)		
Model	TI (tissue and blood) Arterial Transit Time		

```
oxford_asl -i {asl_data} -o {output_dir} --iaf={tc} {--casl} --tis={list_of_TIs}  
-bolus={bolus_duration} -slicedt={time_per_slice} {model/analysis options}
```

EXAMPLE

- What I have...

- ➔ ASL data
- ➔ (calibration images)

- What I want...

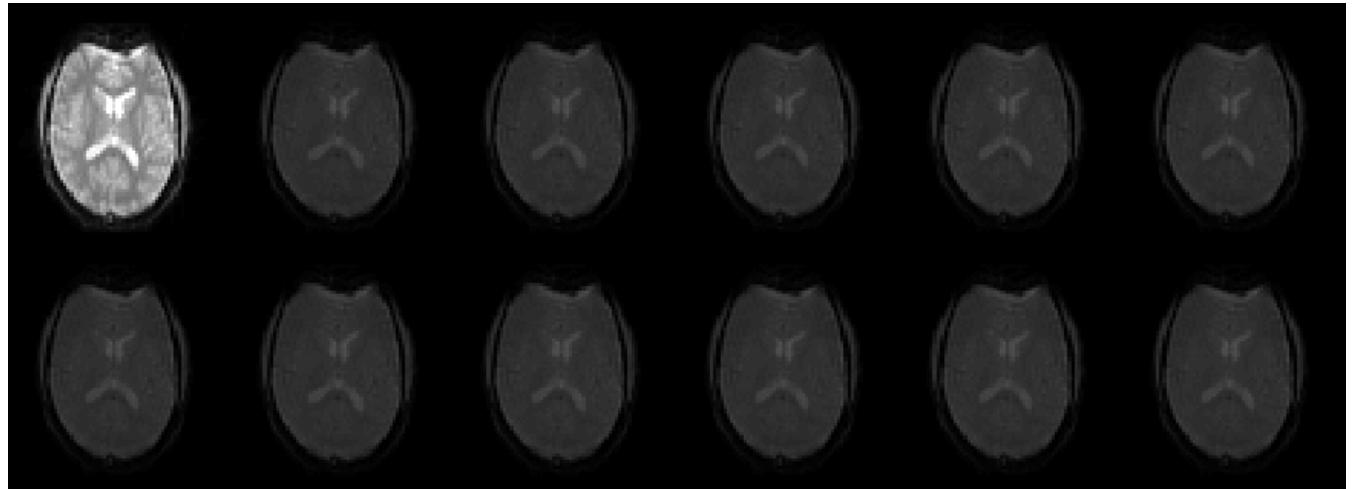
- ➔ Perfusion in ml/100g/min

- What should I do?

- ➔ Label-control subtraction. ✓
- ➔ Kinetic model inversion. ←
- ➔ Calibration

pcASL with
labeling duration: 1.8 s
post-label delay: 1.8 s
2D readout
45.2 ms per slice

Assume
'white paper'
TI : 1.65 s
ATT : 0 s



EXAMPLE

Basil
Bayesian Inference for Arterial Spin Labelling

Input Data | Structure | Calibration | Distortion Correction | Analysis

Data contents

Input Image: /Users/ctsuo221/data/asl/fsl_cc [Browse]

Number of PLDs: 1

Repeats: Fixed

Data order

Volumes grouped by: Repeats

Label/Control pairing: Label then control

Acquisition parameters

Labelling: cASL/pcASL

Bolus duration (s): Constant 1.80

Bolus durations (s): 1.8

PLDs: 1.8

Repeats: 30

Readout: 3D (eg GRASE) Time per slice (ms): 10.00

Multi-band: 5 slices per band

Next

Run Calibration image must be specified

Data preview - perfusion weighted image

Update

Data order preview

Repeat 1	...	Repeat 30
PLD1	...	PLD1
Label	Control	...
Label	Control	...

1 Input data volumes 60

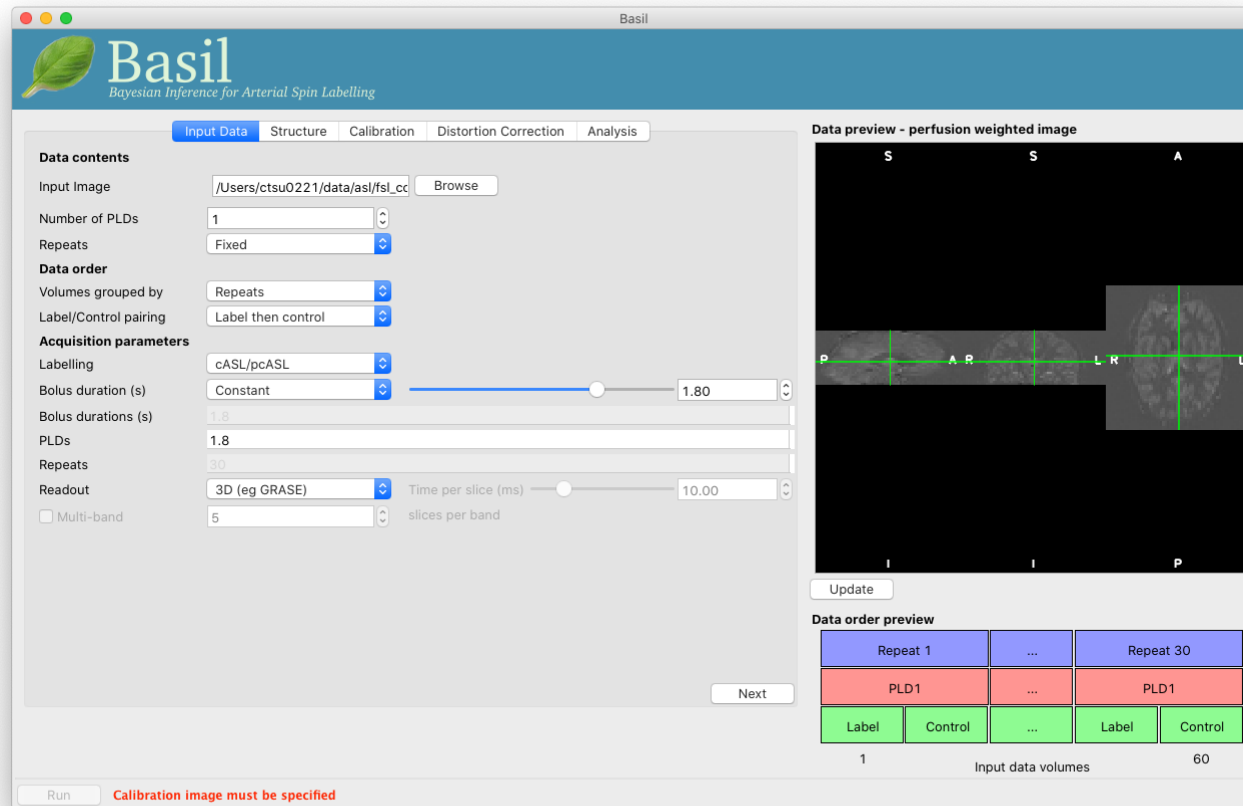
pcASL with
labeling duration: 1.8 s
post-label delay: 1.8 s
2D readout
45.2 ms per slice

Assume
'white paper'
TI : 1.65 s
ATT : 0 s

#Do label control subtraction

```
> asl_file --data={ASLdata.nii.gz} --ntis=1 --iaf=tc --diff --out={asl_diffdata.nii.gz} \  
--mean={asl_diffdata_mean.nii.gz}
```

EXAMPLE



pcASL with
labeling duration: 1.8 s
post-label delay: 1.8 s
2D readout
45.2 ms per slice

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#Do label control subtraction

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```

EXAMPLE

- What I have...

- ➔ ASL data
- ➔ (calibration images)

- What I want...

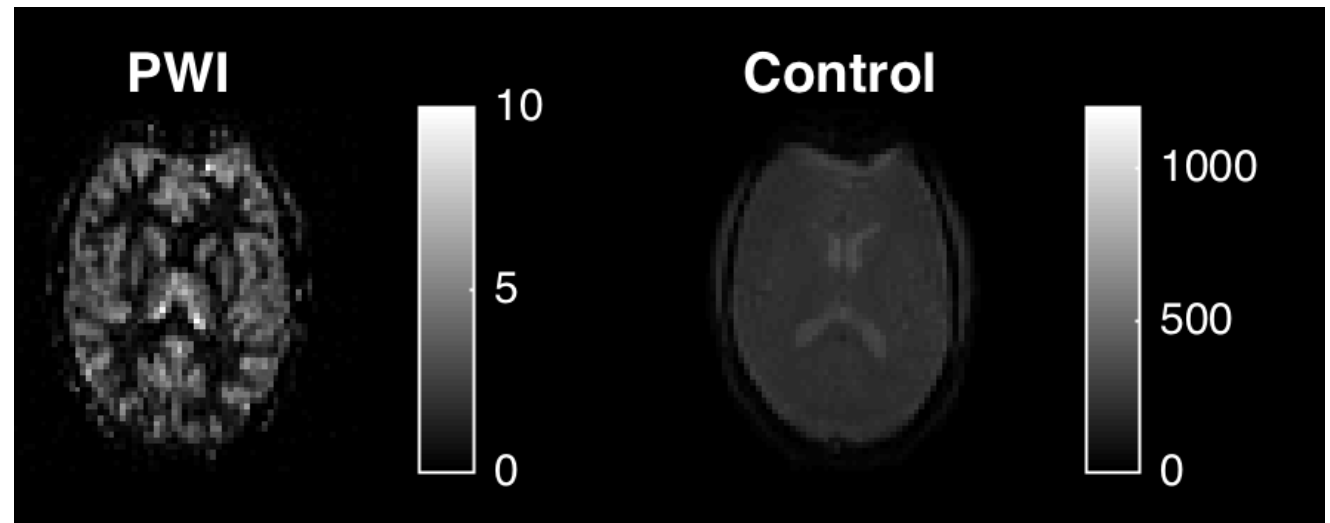
- ➔ Perfusion in ml/100g/min

- What should I do?

- ➔ Label-control subtraction. ✓
- ➔ Kinetic model inversion. ←
- ➔ M0 calculation.

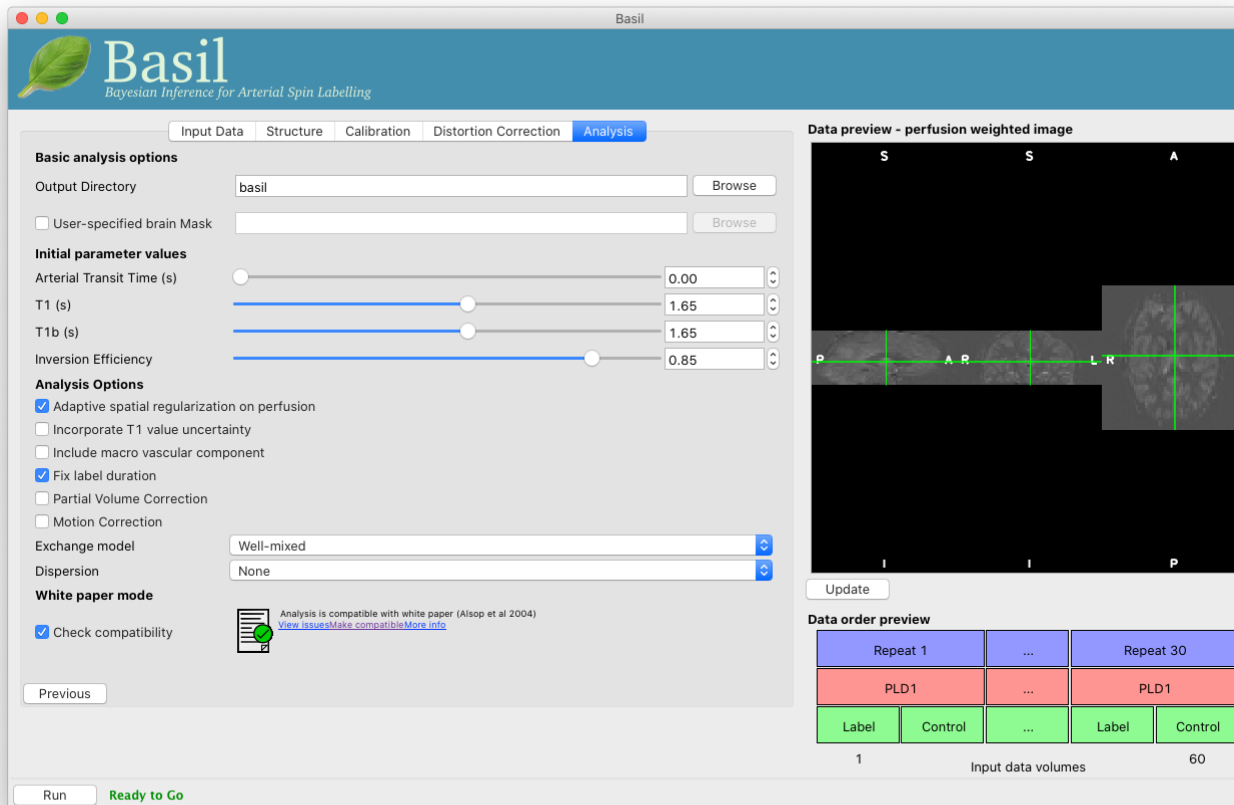
pcASL with
labeling duration: 1.8 s
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2D readout
45.2 ms per slice

Assume
'white paper'
TI : 1.65 s
ATT : 0 s



```
#Do label control subtraction
asl_file --data={ASLdata.nii.gz} --ntis=1 --iaf=tc --diff --out={asldiffdata.nii.gz} \
--mean={asldiffdata_mean.nii.gz}
```

EXAMPLE



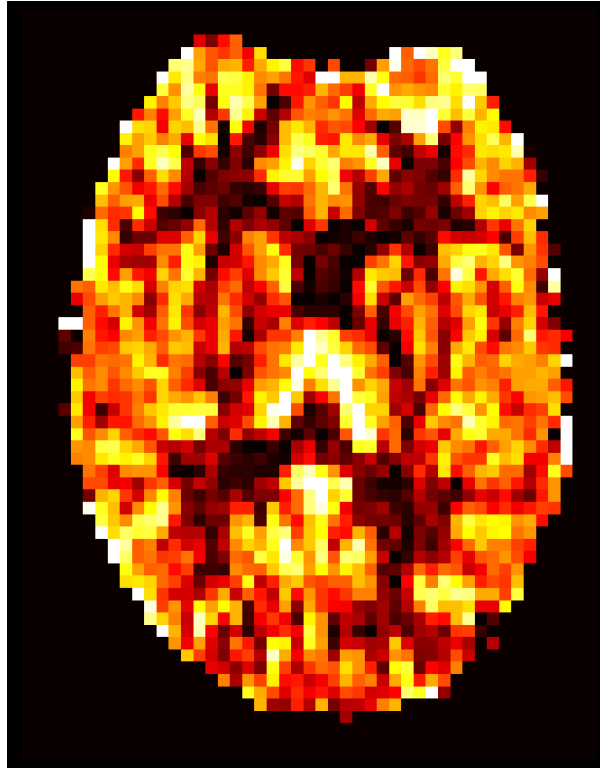
pcASL with
 labeling duration: 1.8 s
 post-label delay: 1.8 s
2D readout
 45.2 ms per slice

Assume
 'white paper'
 TI : 1.65 s
 ATT : 0 s

```
# Do the analysis using oxford_asl
> oxford_asl -i {ASLdata.nii.gz} -o {oxasl} --iaf=tc --casl --tis=3.6 --bolus=1.8 /
    --slicedt=0.0452 --wp --mc
```

EXAMPLE

Perfusion (arbitrary units)



`oxasl/native_space/perfusion.nii.gz`

EXAMPLE

- What I have...

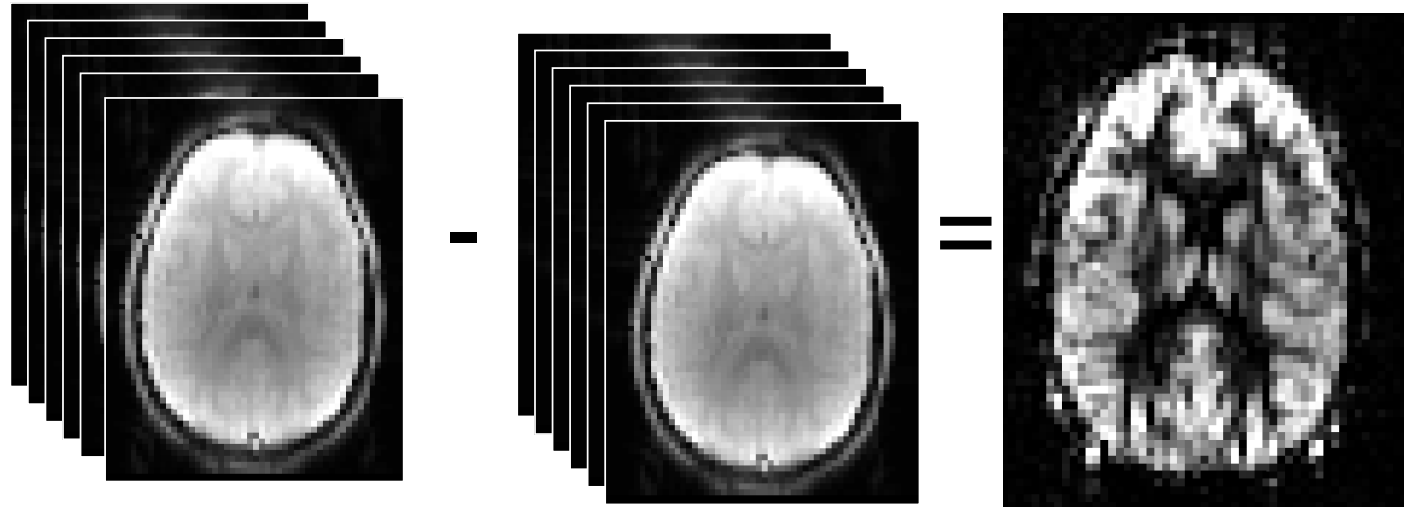
- ➔ ASL data
- ➔ (calibration images)

- What I want...

- ➔ Perfusion in ml/100g/min

- What should I do?

- ➔ Tag-control subtraction. ✓
- ➔ Kinetic model inversion. ✓
- ➔ Calibration ←

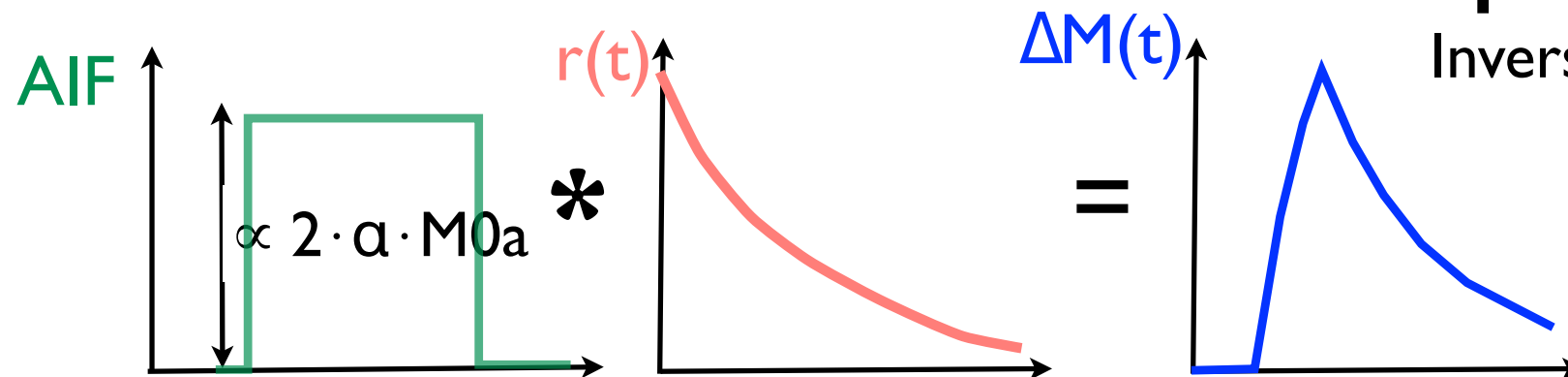


CALIBRATION



Imperfect inversion

Inversion efficiency α



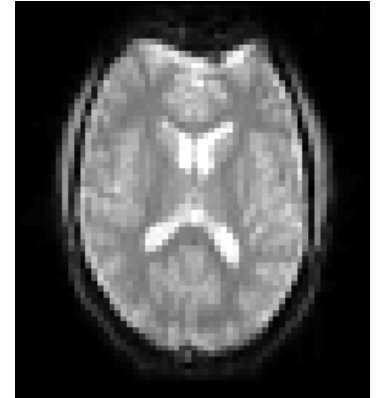
$$\Delta M(t) = 2 \cdot \alpha \cdot M0a \cdot F \cdot AIF(t) * r(t)$$

CALIBRATION

- Cannot measure M_{0a} directly.
- indirect via brain 'tissue' magnetization.
 - ➔ Calculate M_{0t} .
(M_0 of 'tissue')
 - ➔ M_{0t} to M_{0a} .

Calibration image:

- ➔ Proton Density weighted
- ➔ 'Long' TR: > 5 seconds
- ➔ No labelling or background suppression



Account for relative proton densities:

$$M_{0a} = \frac{M_{0t}}{\lambda}$$

Partition co-efficient λ
(relative concentration of water)

```
oxford_asl ... -c {calibration_image.nii.gz} --tr={TR}
```

CALIBRATION

- Cannot measure M_{0a} directly.
- indirect via brain 'tissue' magnetization.

➔ Calculate M_{0t} .
(M_0 of 'tissue')

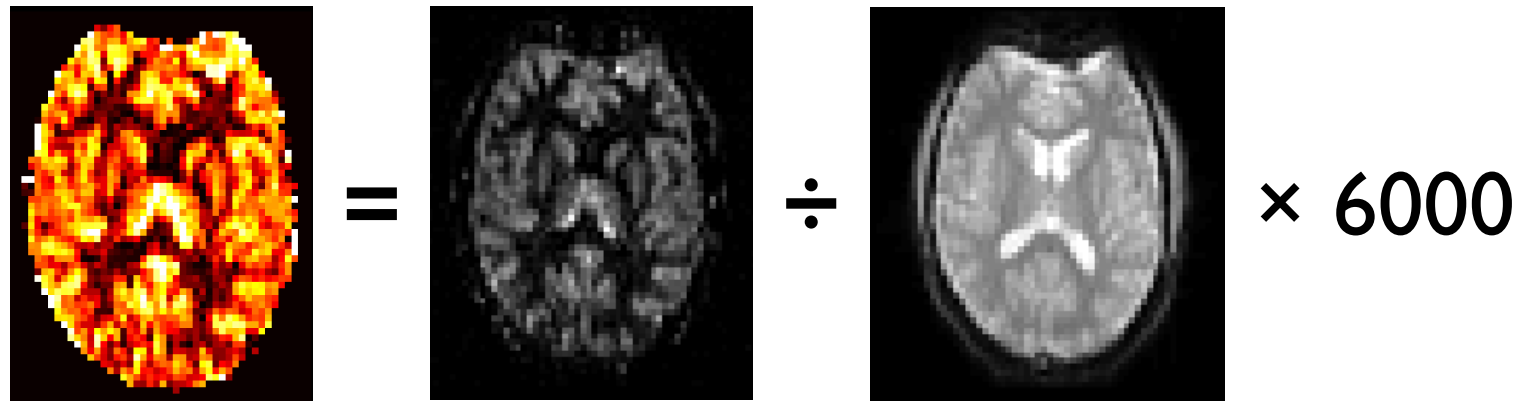
➔ M_{0t} to M_{0a} .

- Practicalities

➔ Voxelwise

$$\text{Perfusion (ml/100g/min)} = (\text{Perfusion} / M_{0a}) \times 6000$$

Voxelwise Calibration


$$\text{Perfusion Map} = \text{Calibration Image} \div \text{Reference Image} \times 6000$$

```
oxford_asl ... -c {calibration_image.nii.gz} --tr=[TR]
asl_calib --mode longtr ...
asl_calib --mode satrecov ...
fslmaths {perfusion.nii.gz} -div [M0a] -mul 6000 {perfusion_calib.nii.gz}
```

CALIBRATION

- Cannot measure M_{0a} directly.
- indirect via brain 'tissue' magnetization.

➔ Calculate M_{0t} .

(M_0 of 'tissue')

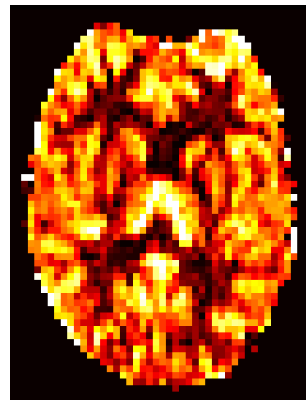
➔ M_{0t} to M_{0a} .

- Practicalities

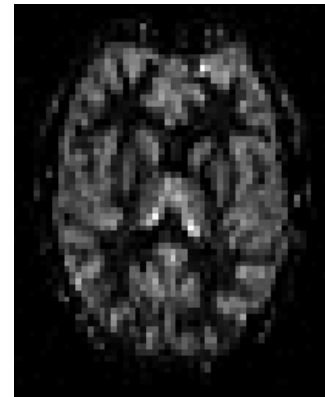
➔ Reference Tissue

$$\text{Perfusion (ml/100g/min)} = (\text{Perfusion} / M_{0a}) \times 6000$$

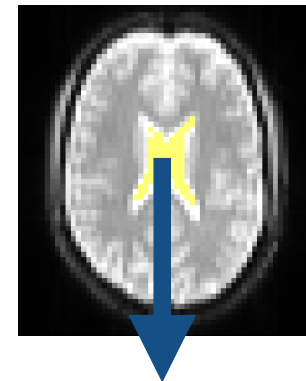
Reference Tissue
CSF or WM



=



÷



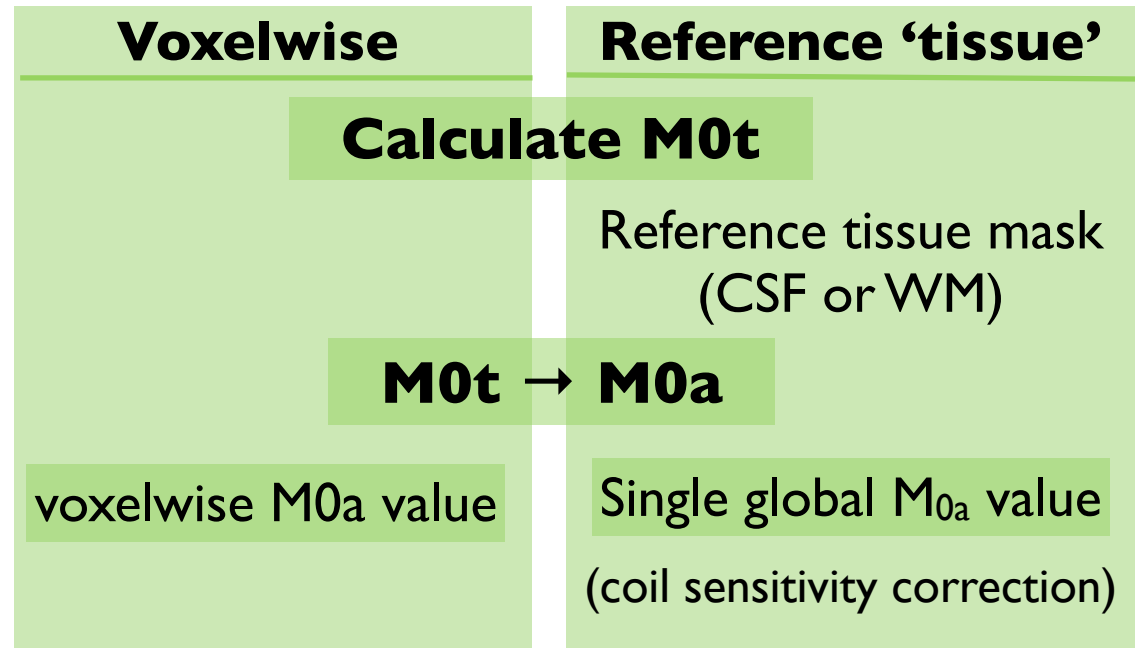
M_{0a}

× 6000

```
oxford_asl ... -c {calibration_image.nii.gz} --tr=[TR]
asl_calib --mode longtr ...
asl_calib --mode satrecov ...
fslmaths {perfusion.nii.gz} -div [M0a] -mul 6000 {perfusion_calib.nii.gz}
```

CALIBRATION

- Cannot measure M_{0a} directly.
- indirect via brain 'tissue' magnetization.
 - ➔ Calculate M_{0t} .
(M_0 of 'tissue')
 - ➔ M_{0t} to M_{0a} .
- Practicalities
 - ➔ Reference 'tissue'?
 - ➔ Voxelwise?



$$\text{Perfusion (ml/100g/min)} = (\text{Perfusion} / M_{0a}) * 6000$$

```
oxford_asl ... -c {calibration_image.nii.gz} --tr=[TR]
```

EXAMPLE

- What I have...

- ➔ ASL data
- ➔ (calibration images)

- What I want...

- ➔ Perfusion in ml/100g/min

- What should I do?

- ➔ Label-control subtraction. ✓
- ➔ Kinetic model inversion. ←
- ➔ Calibration

pcASL with
labeling duration: 1.8 s
post-label delay: 1.8 s
2D readout
45.2 ms per slice

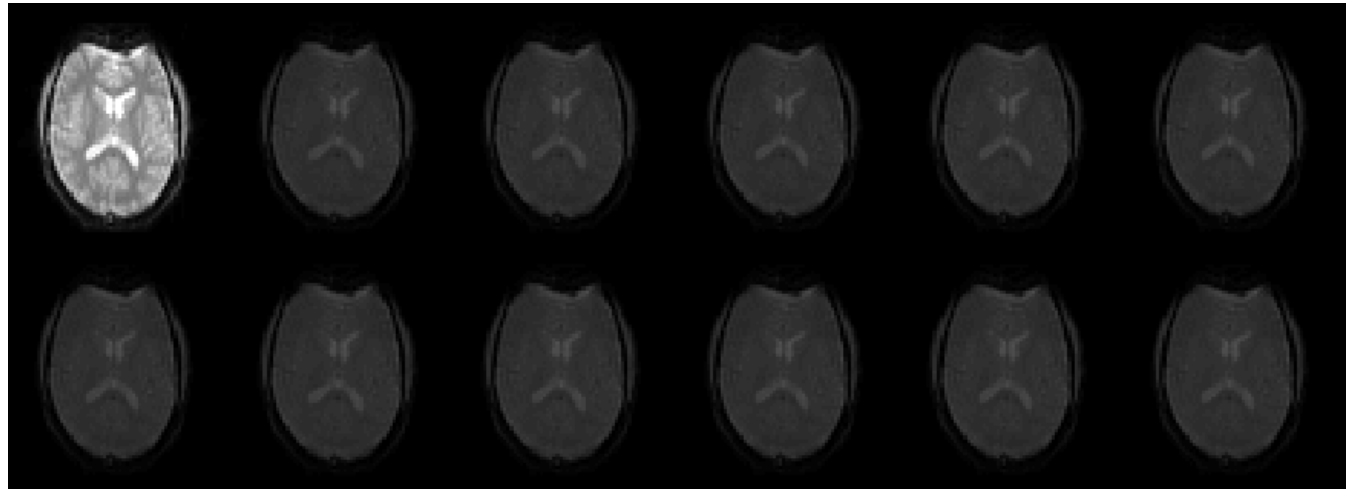
Assume

T1 (blood) : 1.6 s

T1 (tissue) : 1.3 s

ATT : 1.3 s

α : 0.85

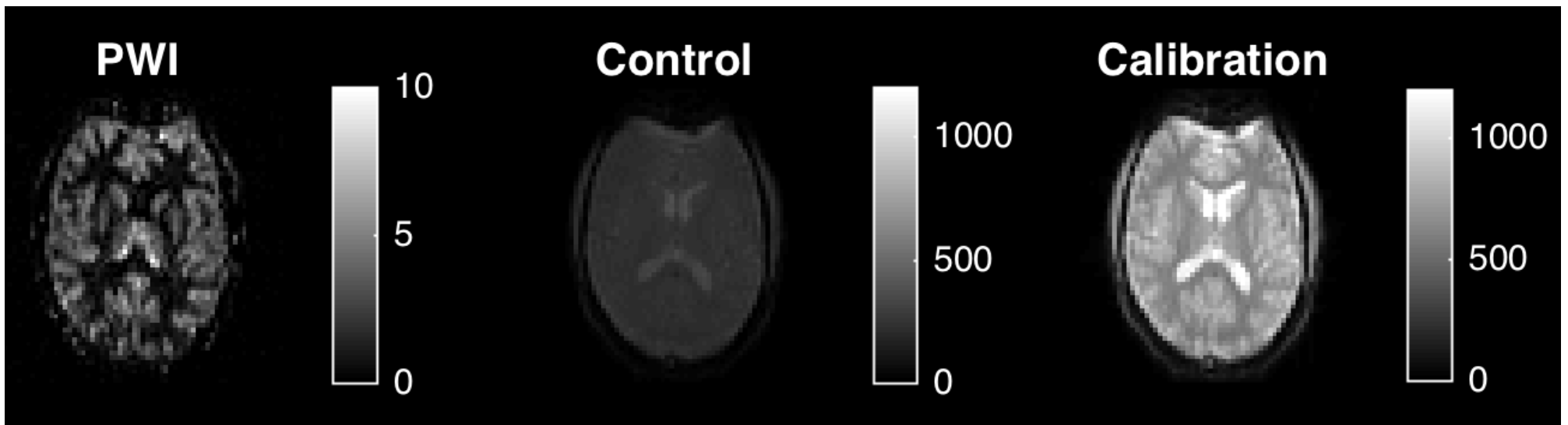


EXAMPLE

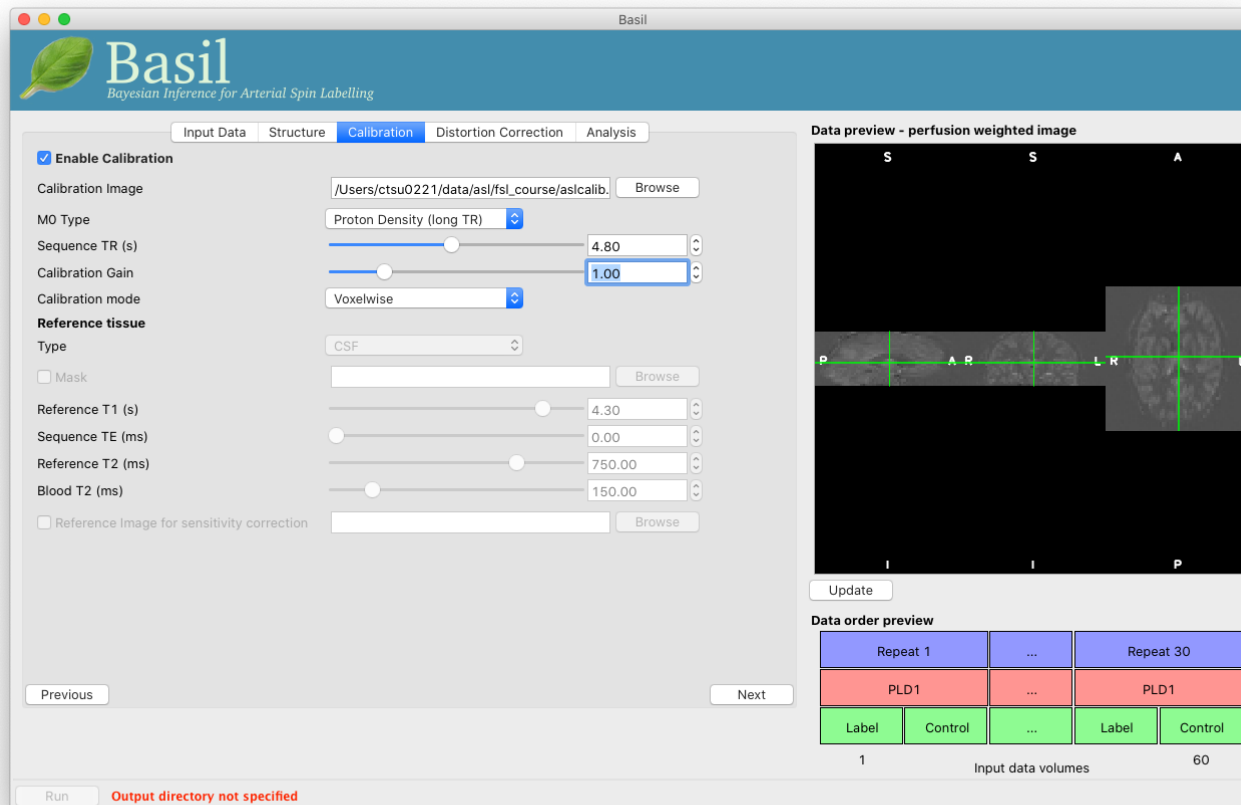
Calibration image

No background-suppression

TR: 4.8 s



EXAMPLE



Calibration image

TR: 4.8 s

Calibration mode

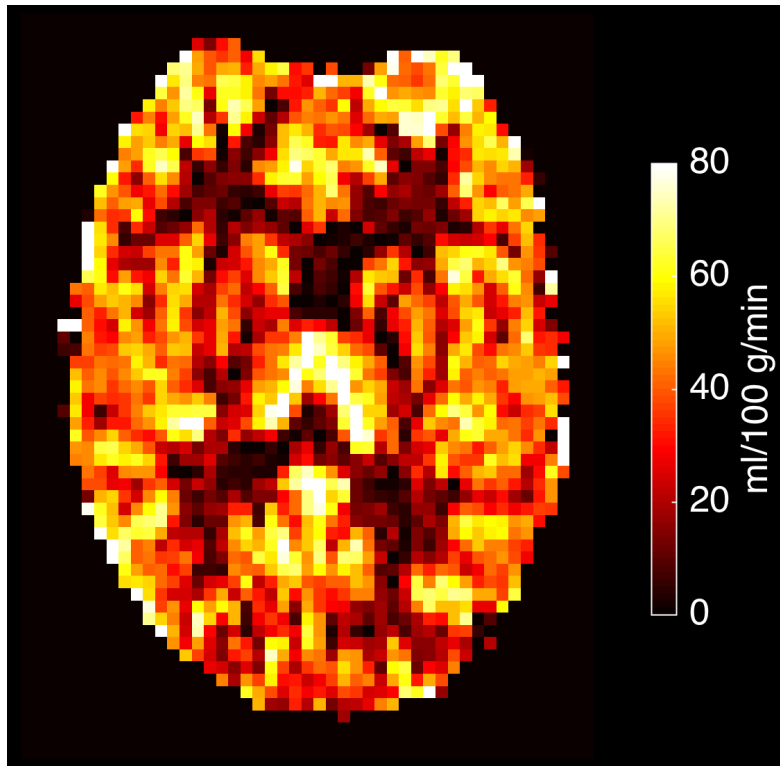
Voxelwise

```
# Do the analysis using oxford_asl
```

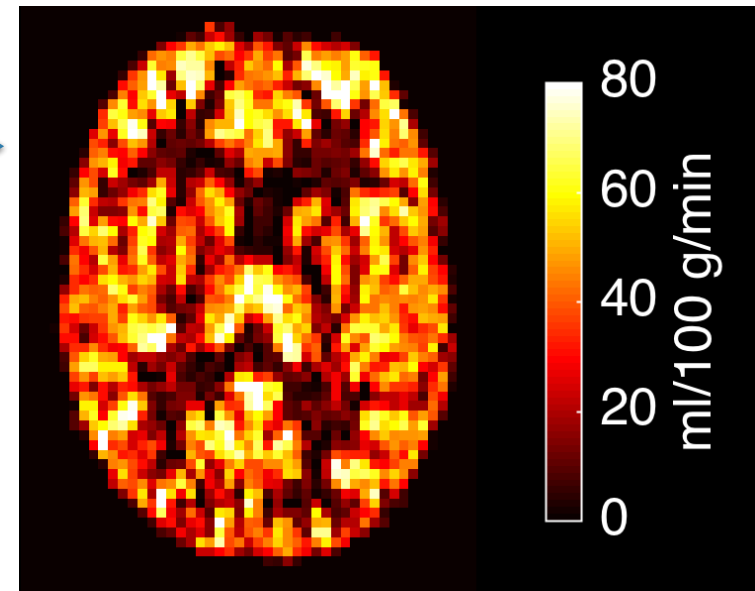
```
> oxford_asl -i {ASLdata.nii.gz} -o {oxasl} --iaf=tc --casl --tis=3.6 --bolus=1.8 /  
    --slicedt=0.0452 --wp --mc -c {calibration_image.nii.gz} --tr=4.8
```

EXAMPLE

Perfusion (ml/100g/min)

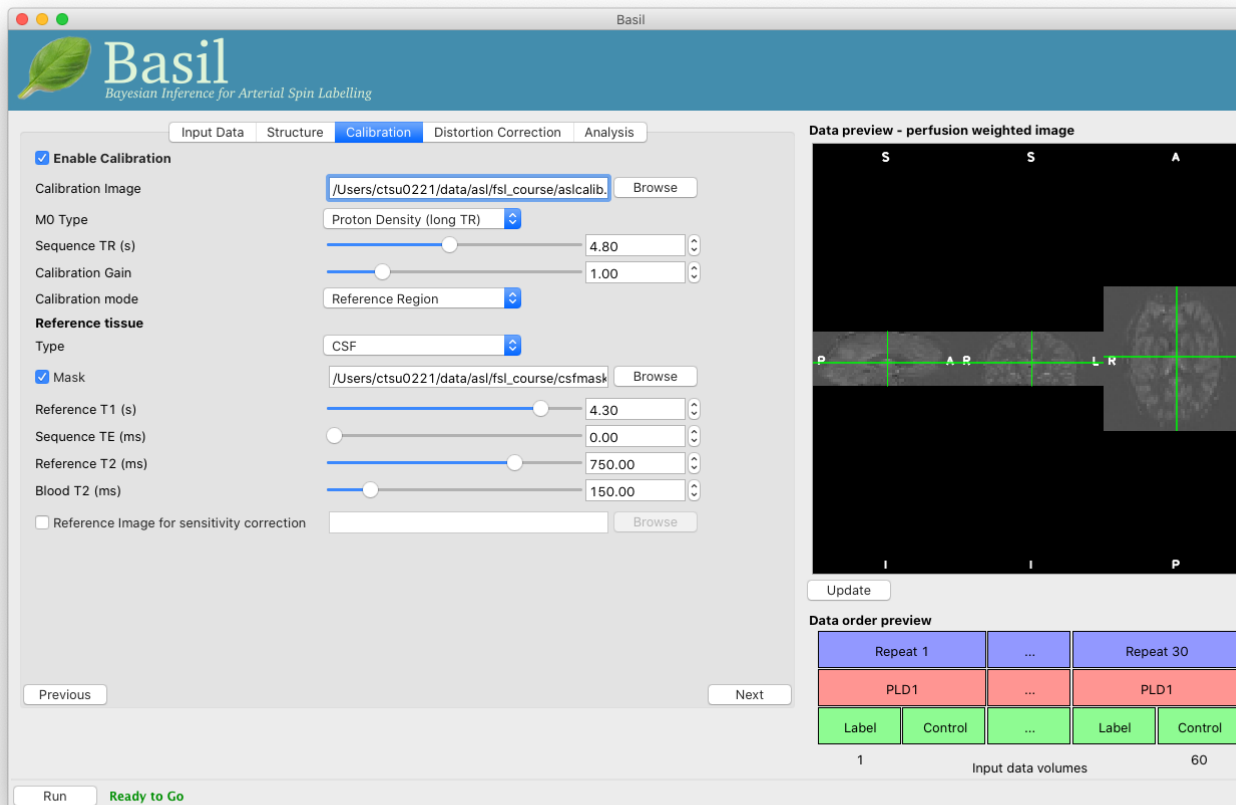


Correct for
'edge effects'
(and distortion)



`oxasl/native_space/perfusion_calib.nii.gz`

EXAMPLE



Calibration image

TR: 4.8 s

Calibration mode

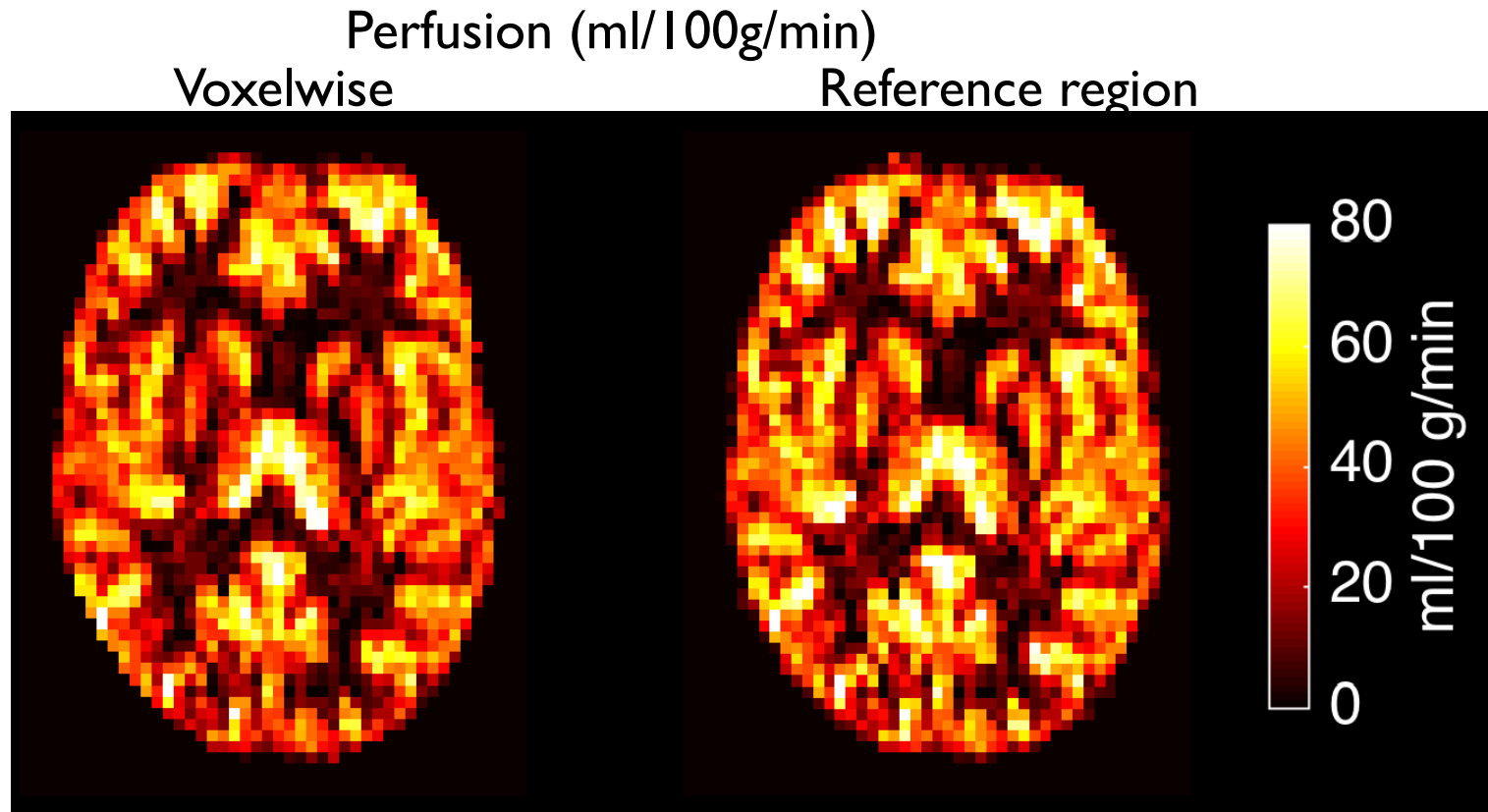
Reference region
CSF (ventricles)

Calibration mask

(derived automatically from
structural image)

```
# Do the analysis using oxford_asl
> oxford_asl -i {ASLdata.nii.gz} -o {oxasl} --iaf=tc --casl --tis=3.6 --bolus=1.8 /
  --slicedt=0.0452 --wp --mc -c {calibration_image.nii.gz} --tr=4.8 /
  --fslanat=T1.anat
```

EXAMPLE



Ventricular mask
(automatically generated)



`oxasl/native_space/perfusion_calib.nii.gz`

SUMMARY

- The ASL 'white paper' quantification formula (pcASL):

$$\text{CBF} = \frac{6000 \cdot \lambda \cdot (SI_{\text{control}} - SI_{\text{label}}) e^{\frac{\text{PLD}}{T_{1,\text{blood}}}}}{2 \cdot \alpha \cdot T_{1,\text{blood}} \cdot SI_{\text{PD}} (1 - e^{-\frac{\tau}{T_{1,\text{blood}}}})}$$

Subtraction

Kinetic Model Inversion

M0 Calculation (Calibration)

Values:

$T_{1,\text{blood}} = 1650 \text{ ms (3T)}$

$\alpha = 0.85$

$\lambda = 0.9 \text{ ml/g}$

Assumptions:

Voxelwise calibration ($M_{0t} = SI_{\text{PD}}$)

$T_{1,\text{tissue}} = T_{1,\text{blood}}$

$\text{ATT} = 0$

Recommended Implementation of Arterial Spin Labeled Perfusion MRI for Clinical Applications: A consensus of the ISMRM Perfusion Study Group and the European Consortium for ASL in Dementia

Magnetic Resonance in Medicine - 73 (1) p102-116, 2015.

Arterial Spin Labelling : M.A. Chappell

EXAMPLE

- What I have...

- ➔ ASL data - multi-PLD
- ➔ (calibration images)

- What I want...

- ➔ Perfusion in ml/100g/min

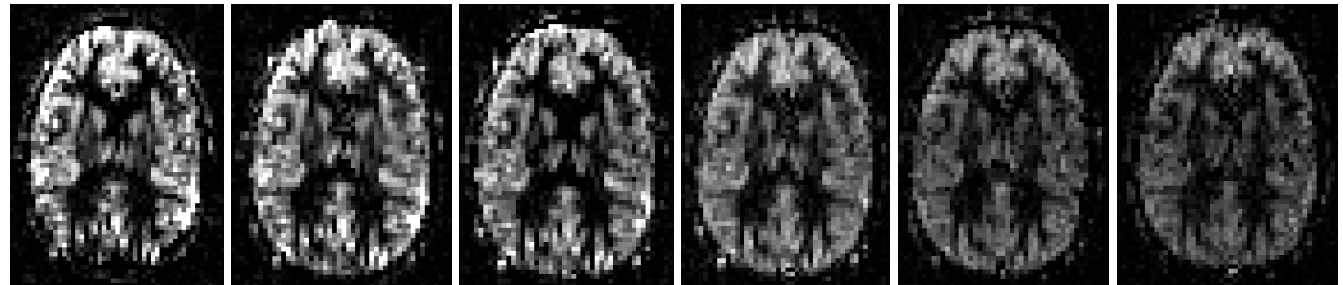
- What should I do?

- ➔ Label-control subtraction.
- ➔ Kinetic model inversion.
- ➔ Calibration

pcASL with

label duration: 1.4 s

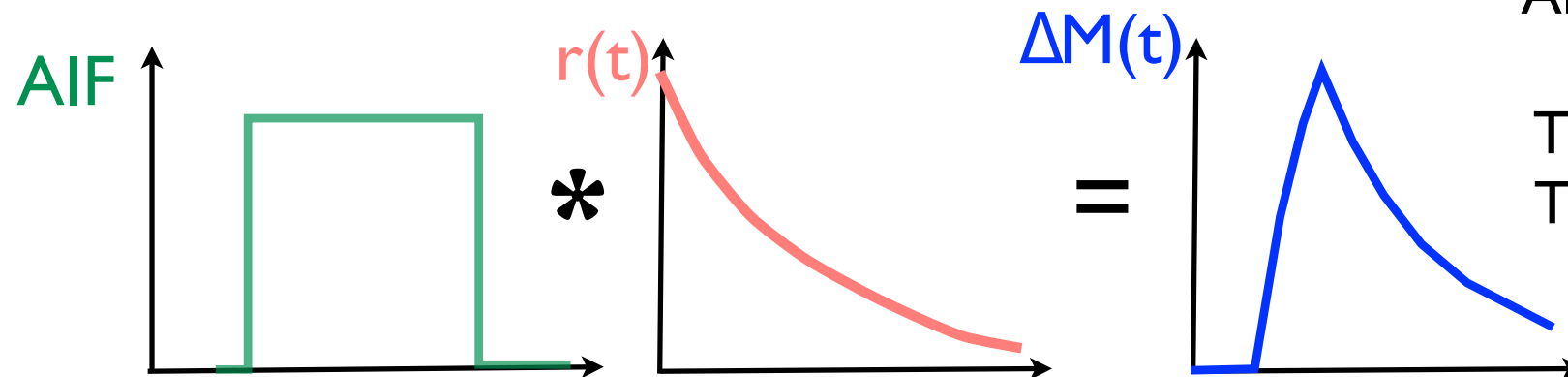
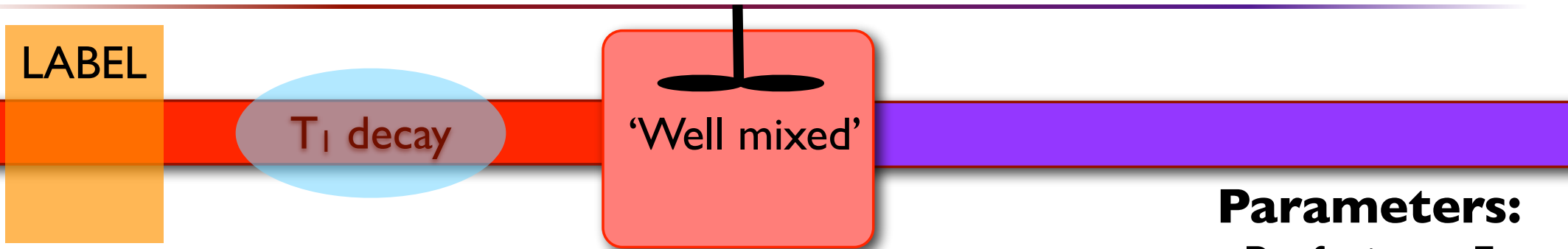
post-label delays: 0.25, 0.5, 0.75, 1.0, 1.25, 1.5 s



Tl: 1.65 1.9 2.15 2.4 2.65 2.9

```
# Label control subtraction for each PLD individually
> asl_file --data={ASLdata.nii.gz} --ntis=6 --iaf=tc --ibf=rpt --diff --split \
  --mean={asldiffdata_mean_at_each_PLD.nii.gz}
```

KINETIC MODEL INVERSION



$$\Delta M(t) = F \cdot AIF(t) * r(t)$$

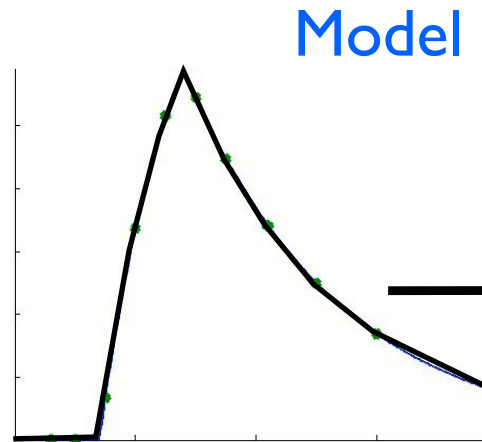
Parameters:

- Perfusion - F
- Arterial Transit Time
- Label duration
- T₁ decay (in blood)
- T₁ decay (in tissue)

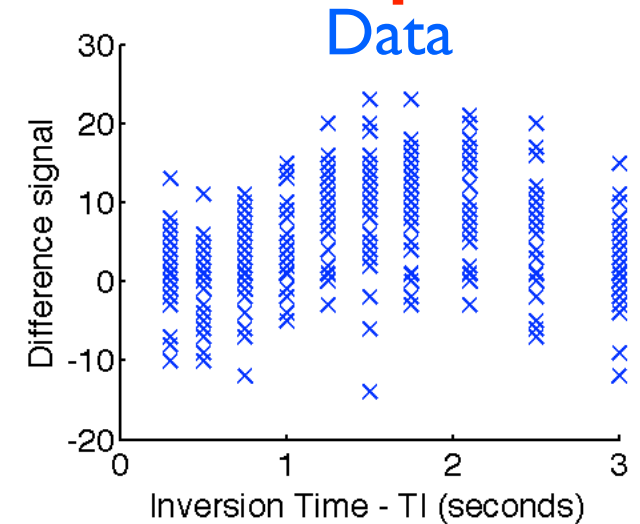
KINETIC MODEL INVERSION

Parameters:

Perfusion - F
Arterial Transit Time
Label duration
 T_{tissue}
 T_{blood}



white
noise



Single-TI/PLD

Analytic solution

Bayesian inference (BASIL)

Multi-TI/PLD

Non-linear fitting
(least squares)

Chappell et al., IEEE TSP 57(1), 2009.

Arterial Spin Labelling : M.A. Chappell

KINETIC MODEL INVERSION

- Perfusion
 - ➔ Want to know this - **variable**
- Arterial Transit Time
 - ➔ Want to correct for this - **variable**
but limited to a sensible range
- Label duration
 - ➔ Set by sequence - **fixed**
- T_1 tissue
 - (might not be that well fixed, pASL?)
 - ➔ 1.3 s at 3T - **fixed**
- T_1 blood
 - Doesn't T_1 vary a bit?
 - ➔ 1.65 at 3T - **fixed**



KINETIC MODEL INVERSION

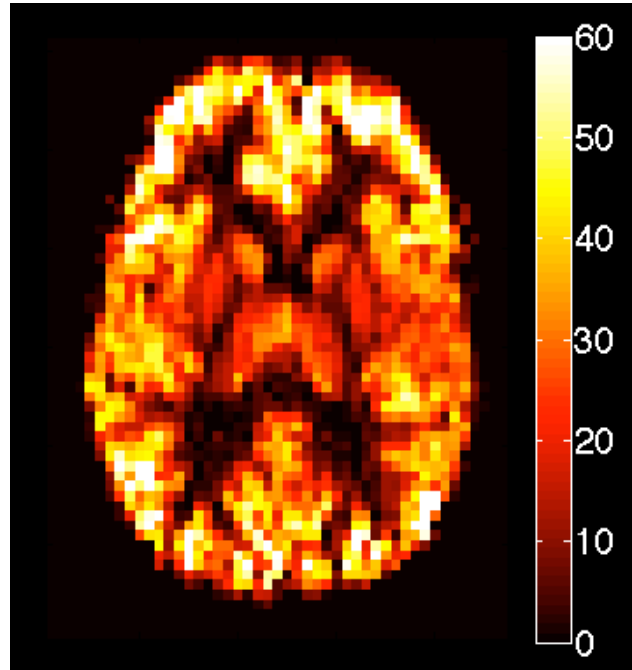
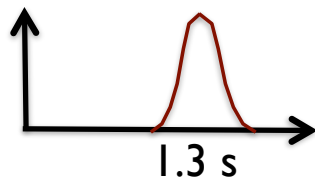
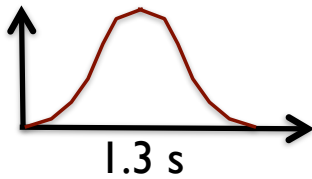
Priors:

Perfusion

Arterial
Transit Time

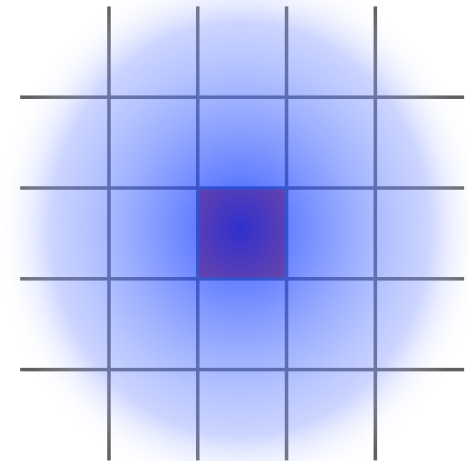
TI

Spatial



Spatial prior:

Prior distribution for perfusion in voxel defined over its neighbours



EXAMPLE

- What I have...

- ➔ ASL data - multi-TI/PLD
- ➔ (calibration images)

- What I want...

- ➔ Perfusion in ml/100g/min

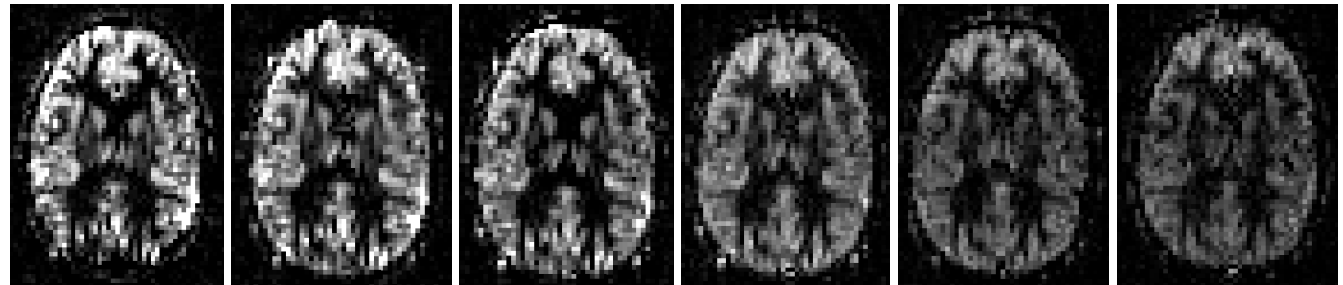
- What should I do?

- ➔ Label-control subtraction.
- ➔ Kinetic model inversion.
- ➔ Calibration.

pcASL with

labeling duration: 1.4 s

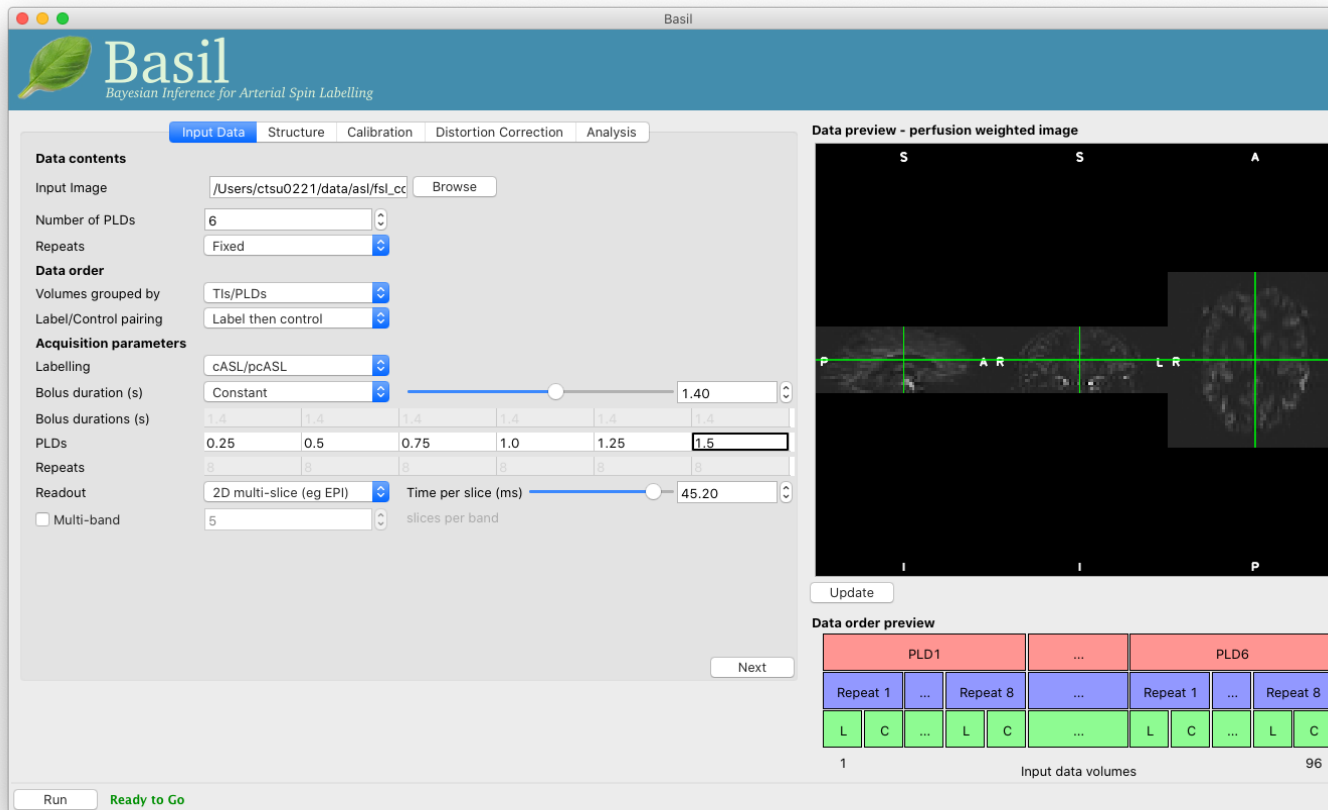
post-label delays: 0.25, 0.5, 0.75, 1.0, 1.25, 1.5 s



TI: 1.65 1.9 2.15 2.4 2.65 2.9

```
# Label control subtraction for each PLD individually
> asl_file --data={ASLdata.nii.gz} --ntis=6 --iaf=tc --ibf=rpt --diff --split \
    --mean={asldiffdata_mean_at_each_PLD.nii.gz}
```

EXAMPLE

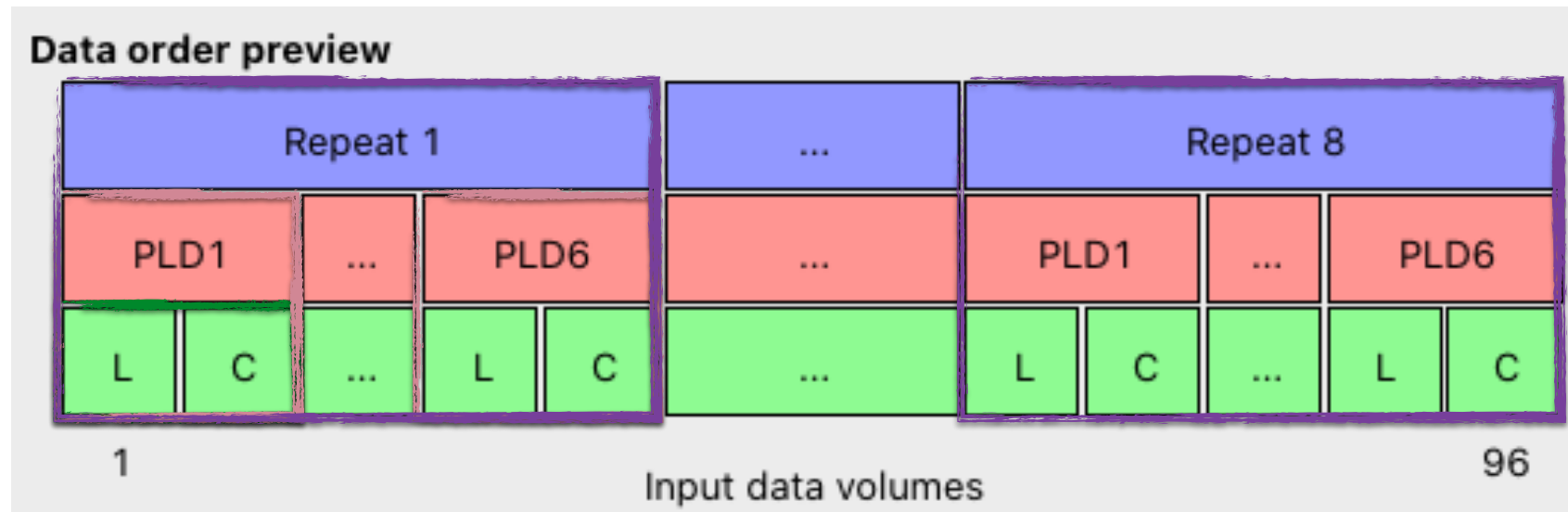


pcASL with
 labeling duration: 1.4 s
 post-label delays: 0.25,
 0.5, 0.75, 1.0, 1.25, 1.5 s

```
> oxford_asl -i {ASLdata.nii.gz} -o {oxasl} --iaf=tc --ibf=rpt --casl \
    --tis=1.65,1.9,2.15,2.4,2.65,2.9 --bolus=1.4 --slicedt=0.0452 \
    --fixbolus --artoff --mc \
    -c {calibration_image.nii.gz} --tr=4.8
```

EXAMPLE

Data order (default)



```
> oxford_asl -i {ASLdata.nii.gz} -o {oxasl} --iaf=tc --ibf=rpt --casl \  
  --tis=1.65,1.9,2.15,2.4,2.65,2.9 --bolus=1.4 --slicedt=0.0452 \  
  --fixbolus --artoff --mc \  
  -c {calibration_image.nii.gz} --tr=4.8
```

EXAMPLE

Data order (this dataset)



```
> oxford_asl -i {ASLdata.nii.gz} -o {oxasl} --iaf=tc --ibf=rpt --casl \  
  --tis=1.65,1.9,2.15,2.4,2.65,2.9 --bolus=1.4 --slicedt=0.0452 \  
  --fixbolus --artoff --mc \  
  -c {calibration_image.nii.gz} --tr=4.8
```

EXAMPLE

- Data:

pcASL

- ➔ Single-PLD

label duration: 1.8 s

post-label delay: 1.8 s

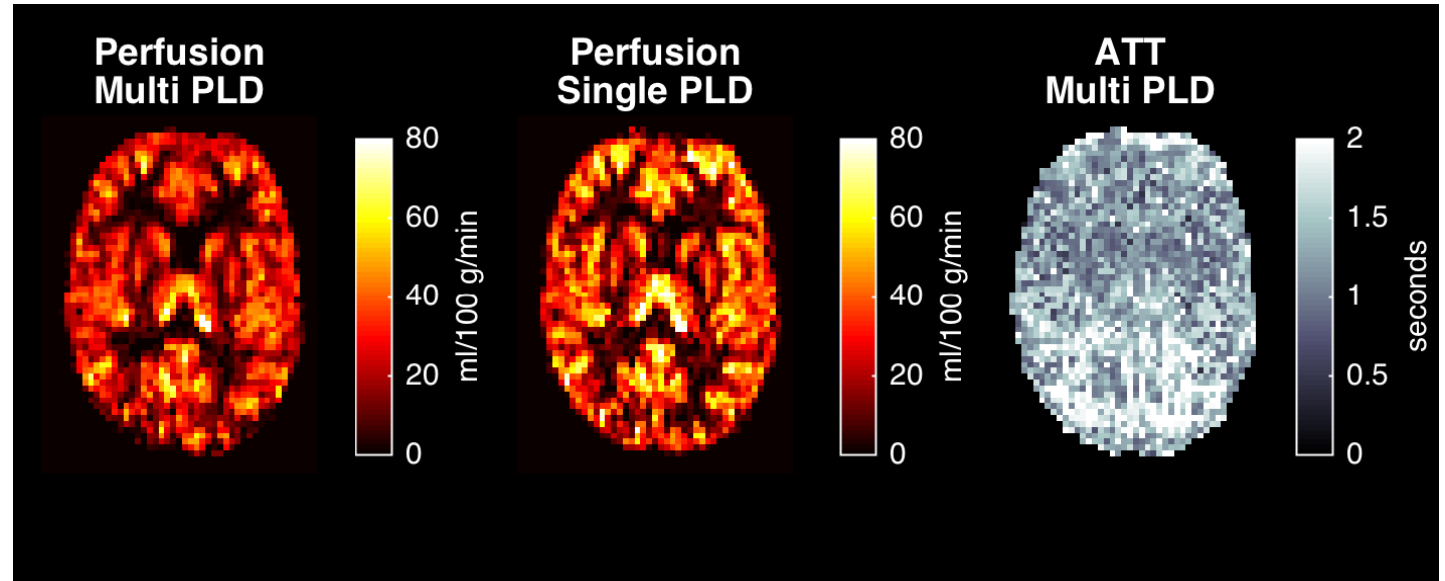
Assume ATT of 1.3 s

- ➔ Multi-PLD

label duration: 1.4 s

PLDs: 0.25, 0.5, 0.75, 1.0,

1.25, 1.5 s

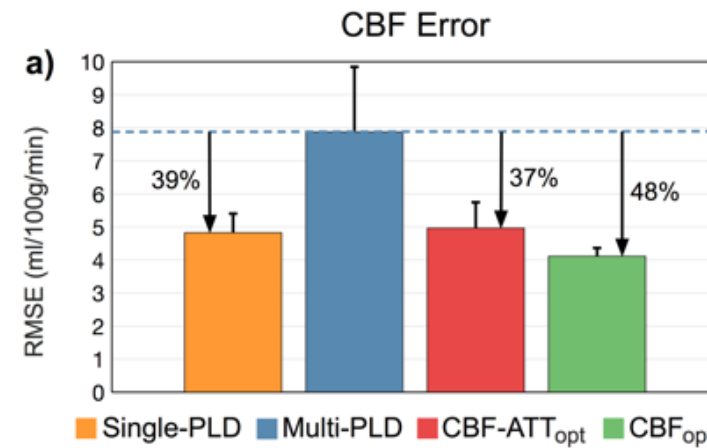
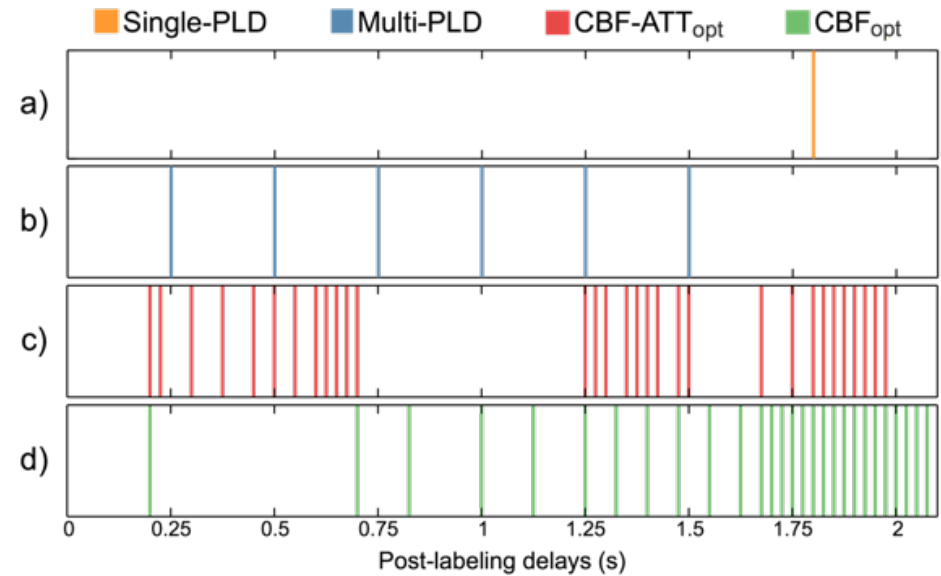
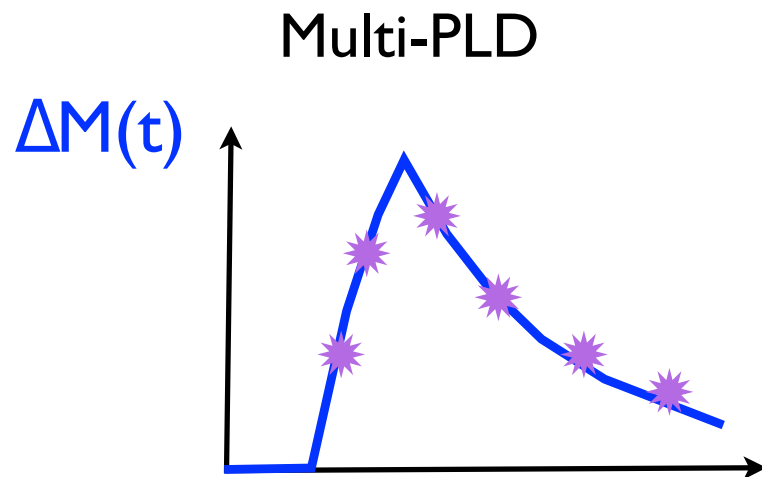
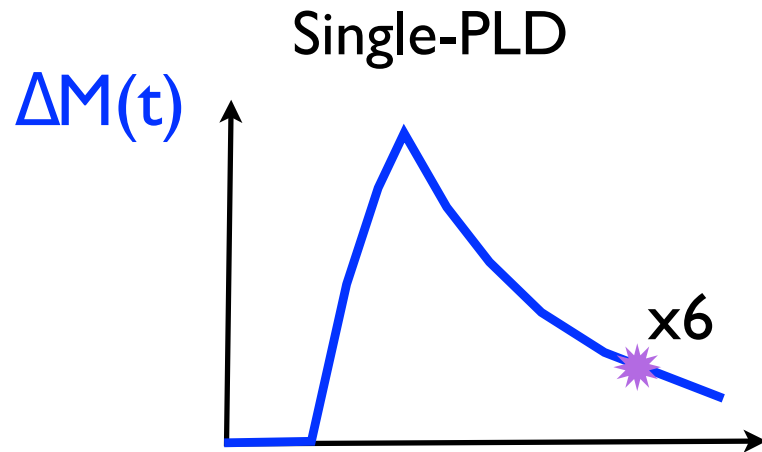


`oxasl/native_space/perfusion_calib.nii.gz`

`oxasl/native_space/arrival.nii.gz`

SINGLE- VS. MULTI-PLD

- Which is better in a **fixed** scan duration?



Woods et al. MRM
2018

Arterial Spin Labelling : M.A. Chappell

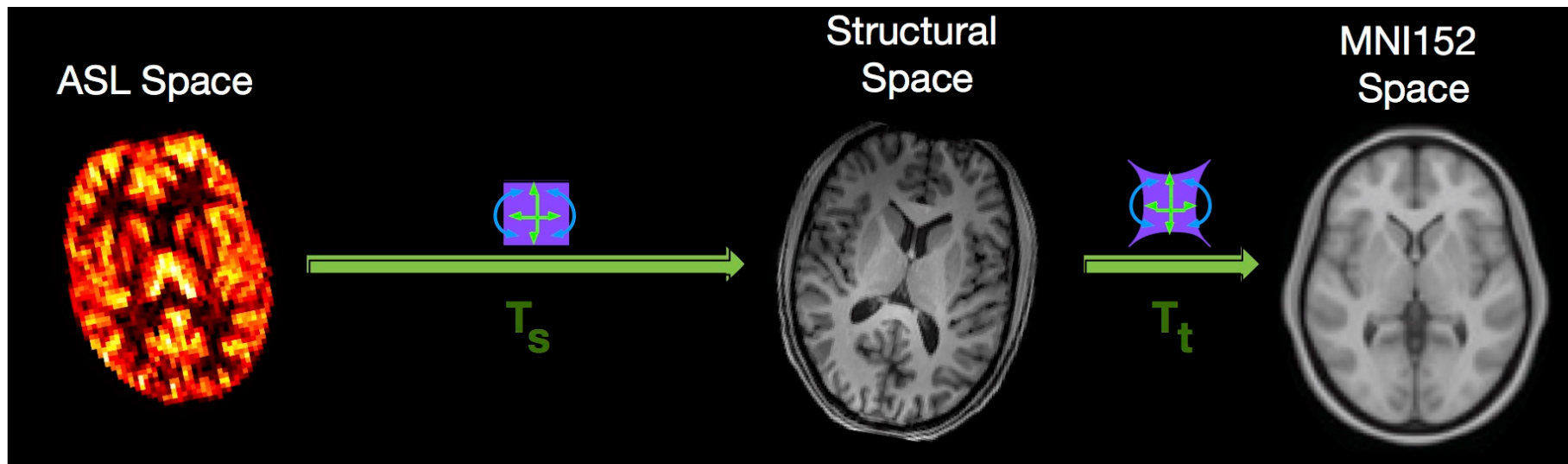
OUTLINE

- Acquisition
- Keep it simple!
 - ➡ Perfusion weighted images.
- Quantitative perfusion:
 - ➡ Kinetics: A short course in tracer kinetics.
 - ➡ Calibration: Measuring arterial blood magnetization.
- Preparing for group analysis.
- Advanced quantification:
 - ➡ Motion, Distortion & Artefacts
 - ➡ Cerebrovascular Reactivity/Reserve
 - ➡ Macro Vascular Contamination
 - ➡ Partial Volume Effects

PREPARING FOR GROUP ANALYSIS

- Group analysis and quantitative comparisons between individuals requires consistent representation
- **Consistent geometry:**
 - ➔ 'Spatial' normalization (registration)
 - ➔ Transform perfusion map to a common space, e.g. MNI152
- **Consistent intensity:**
 - ➔ Quantitative maps - perfusion in ml/100g/min.
 - ➔ Intensity normalization to a reference.

- Consistent geometry - registration
 - ➔ Linear (6 DOF) transformation to structural
 - Use perfusion image as 'source'
 - Use GM/WM boundary (BBR cost function)
 - ➔ Non-linear between structural and template



PREPARING FOR GROUP ANALYSIS

- **Quantitative maps**

- ➡ requires estimate of M0a - 'calibration' data.

- **Pros:**

- ➡ An absolute scale - can potentially relate to physiology

- ➡ Ought to be able to set consistent thresholds

- e.g. perfusion < 20 ml/100g/min is ischaemia

- **Cons:**

- ➡ Requires calibration information.

- ➡ Global perfusion appears to be quite variable between individuals.

- **Intensity normalization:**

- ➡ requires a 'reference'.

- e.g. a brain structure: thalamus

- e.g. a 'global' value: mean in GM or WM

- **Pros:**

- ➡ No need for calibration.

- ➡ Removes inter subject variability in 'global' perfusion.

- **Cons:**

- ➡ Relies on a consistent reference.

- ➡ Loose information on 'global' perfusion changes.

PREPARING FOR GROUP ANALYSIS

- What I have...

- ➔ ASL perfusion in multiple sessions/subjects
- ➔ Structural images

- What I want...

- ➔ Whole-brain mean grey matter perfusion
(ml/100g/min)

- What should I do?

- ➔ Registration
- ➔ Masking

I want to detect 'global' changes in perfusion

I want to detect regional changes in perfusion

I want to spatially resolve difference/
changes in perfusion

PREPARING FOR GROUP ANALYSIS

- What I have...

- ➔ ASL perfusion in multiple sessions/subjects
- ➔ Structural images

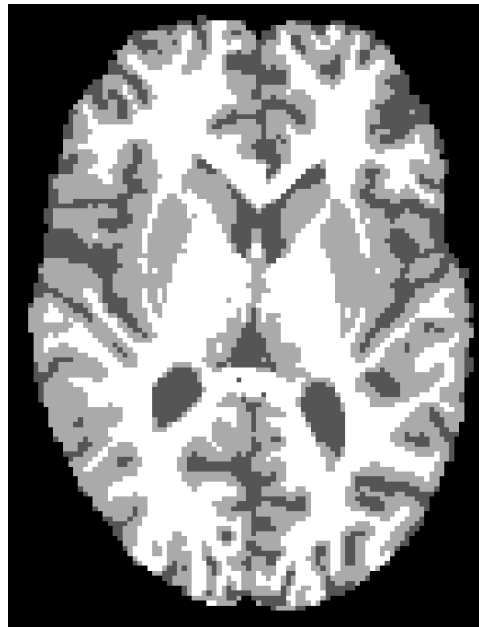
- What I want...

- ➔ Whole-brain mean grey matter perfusion (ml/100g/min)

- What should I do?

- ➔ Registration
- ➔ Masking

Segmentation of the structural image
e.g. `fsl_anat` / FAST



- Segmentation reveals the most **probable** tissue in a voxel
- We want 'pure' grey matter voxels

```
> fsl_anat {T1.nii.gz}
```

PREPARING FOR GROUP ANALYSIS

- What I have...

- ➔ ASL perfusion in multiple sessions/subjects
- ➔ Structural images

- What I want...

- ➔ Whole-brain mean grey matter perfusion (ml/100g/min)

- What should I do?

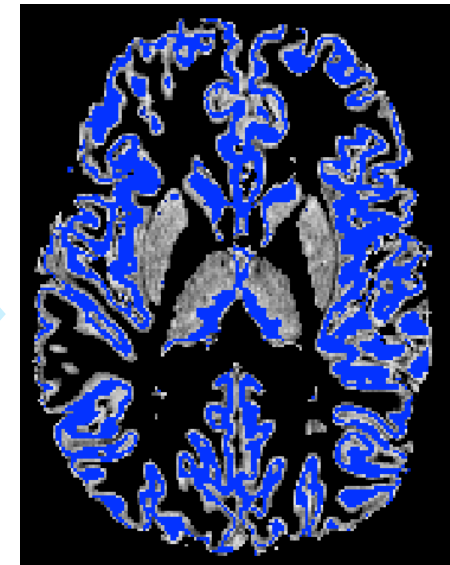
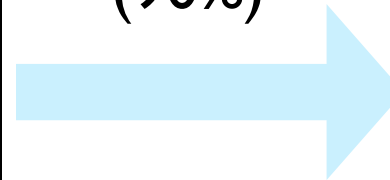
- ➔ Registration
- ➔ Masking

Segmentation of the structural image

- ➔ Use partial volume estimates



Threshold
(90%)



```
> fsl_anat {T1.nii.gz}  
> fsl_maths T1.anat/T1_fast_pve_1.nii.gz -thr 0.9 GM_mask
```

PREPARING FOR GROUP ANALYSIS

- What I have...

- ➔ ASL perfusion in multiple sessions/subjects
- ➔ Structural images

- What I want...

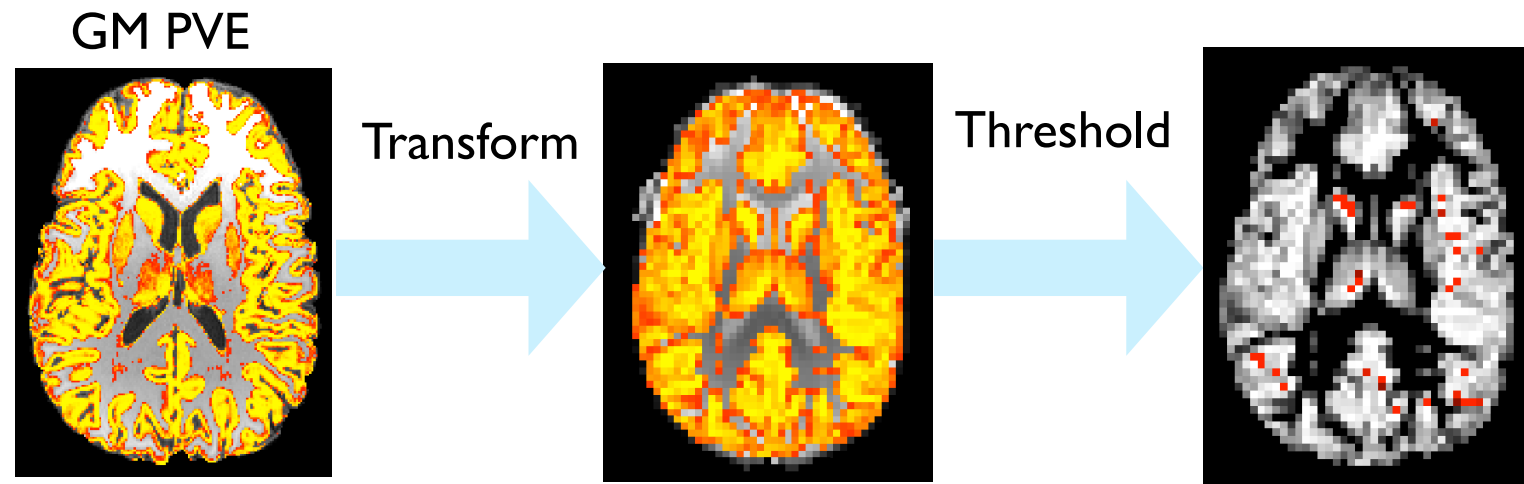
- ➔ Whole-brain mean grey matter perfusion (ml/100g/min)

- What should I do?

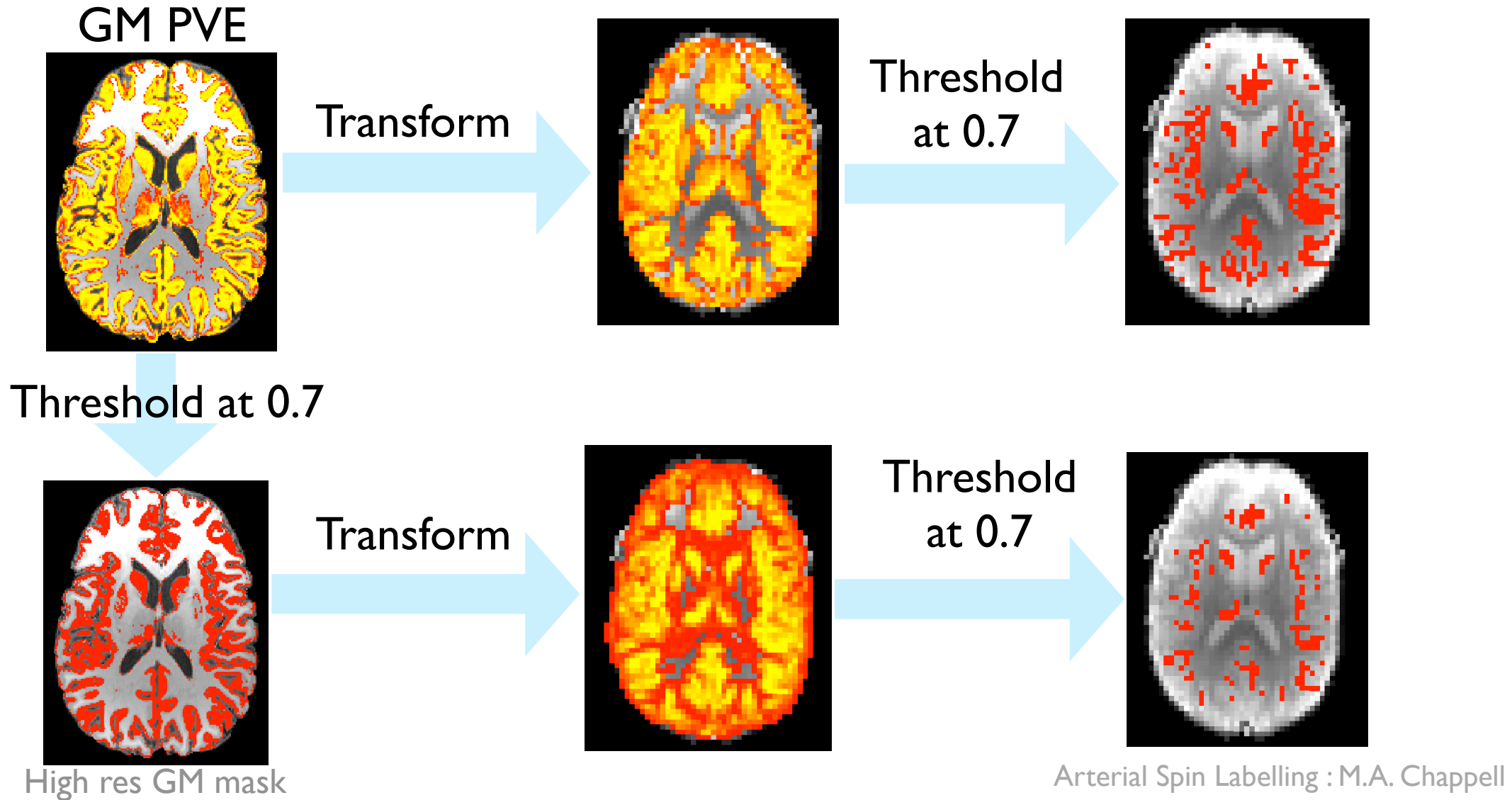
- ➔ Registration.
- ➔ Masking

Segmentation of the structural image

➔ Transform **THEN** threshold



PREPARING FOR GROUP ANALYSIS



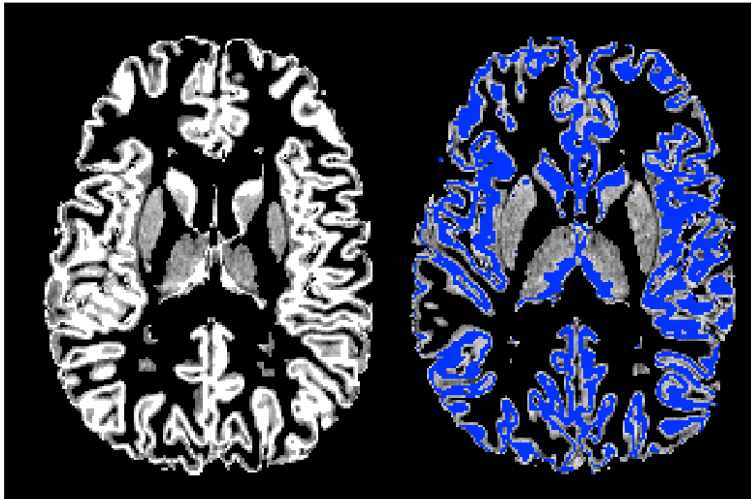
PREPARING FOR GROUP ANALYSIS

- Resolution differences
 - ➔ T1-structural $\sim 1 \times 1 \times 1$ mm
 - ➔ Resolution of ASL $\sim 3 \times 3 \times 5$ mm
 - ➔ Cortical thickness $\sim 2 - 4$ mm
- Unlikely to have many 'pure' GM voxels in the cortex

Structural resolution

Partial Volume
Estimate

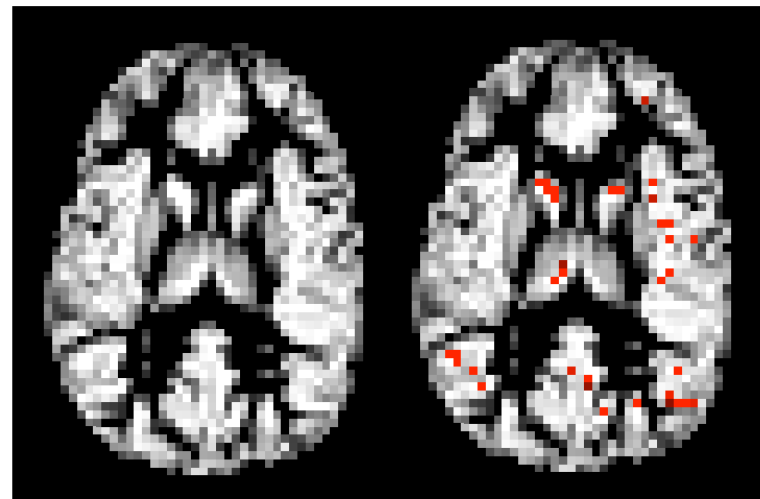
Threshold at 90%



ASL resolution

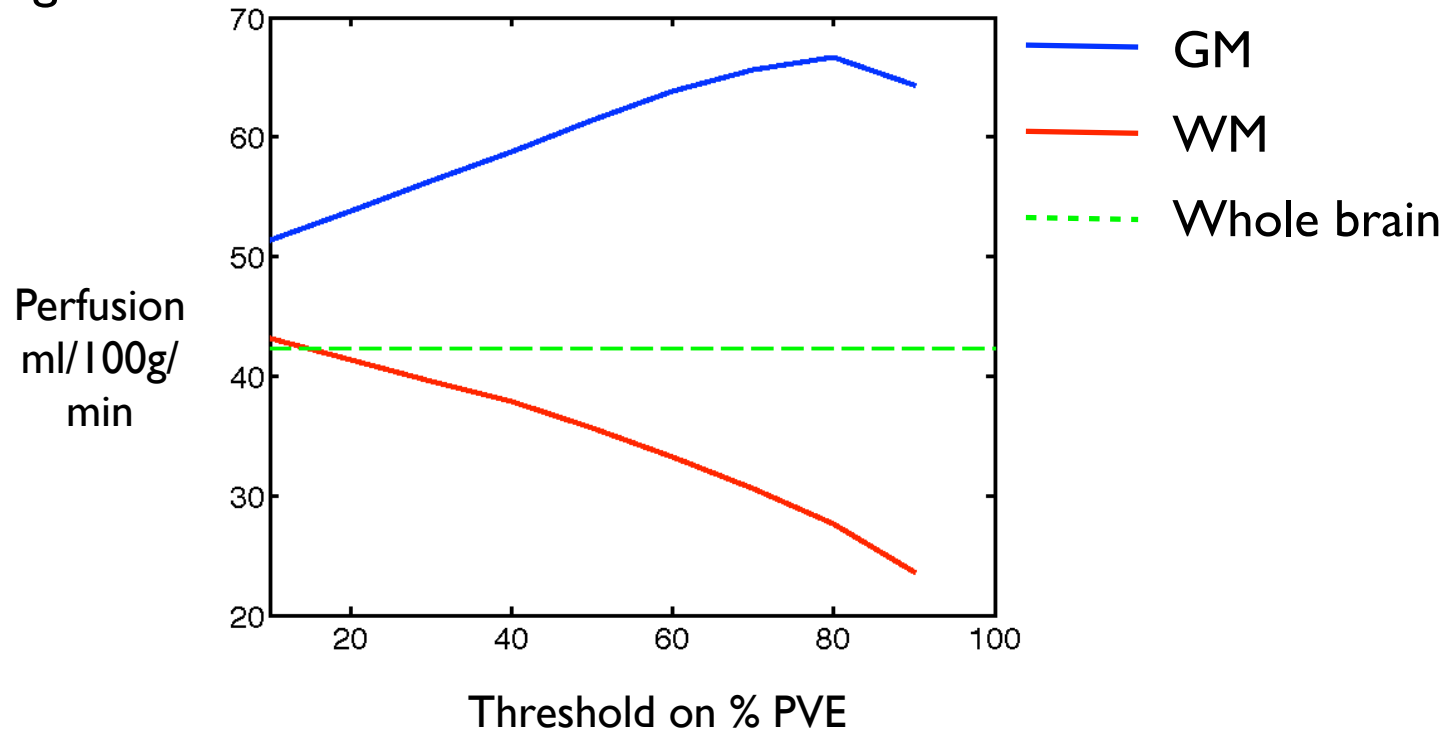
Partial Volume
Estimate

Threshold at 90%



PREPARING FOR GROUP ANALYSIS

- Different tissues have different (typical) perfusion
 - Grey matter ~ 60 ml/100g/min
 - White matter ~ 20 ml/100g/min
 - CSF = 0
- Partial Volume effect!



PREPARING FOR GROUP ANALYSIS

- What I have...

- ➔ ASL perfusion in multiple sessions/subjects
- ➔ Structural images

- What I want...

- ➔ Whole-brain mean grey matter perfusion (ml/100g/min)

- What should I do?

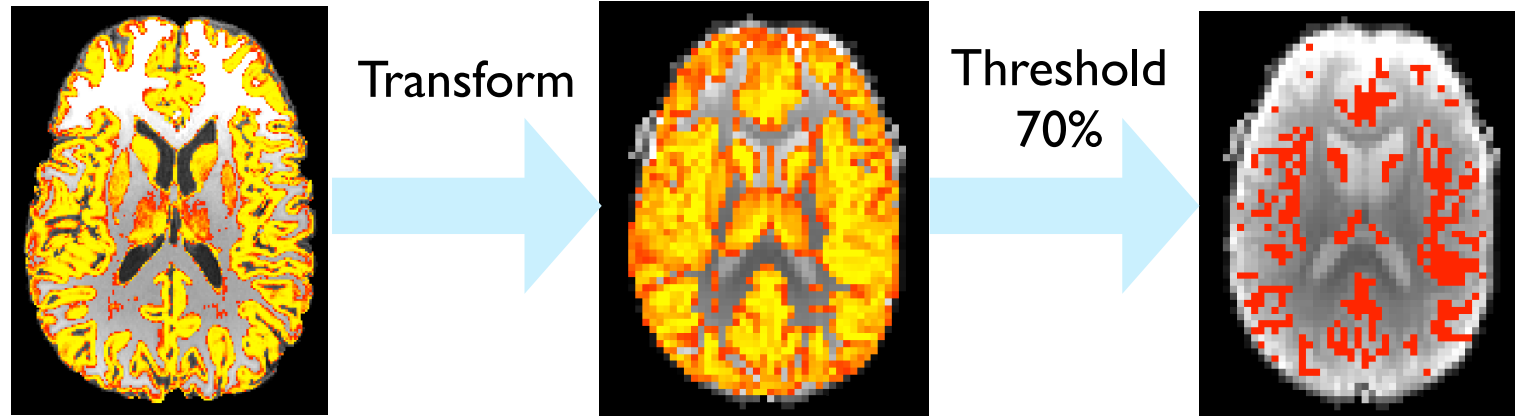
- ➔ Registration.
- ➔ Masking

Segmentation of the structural image

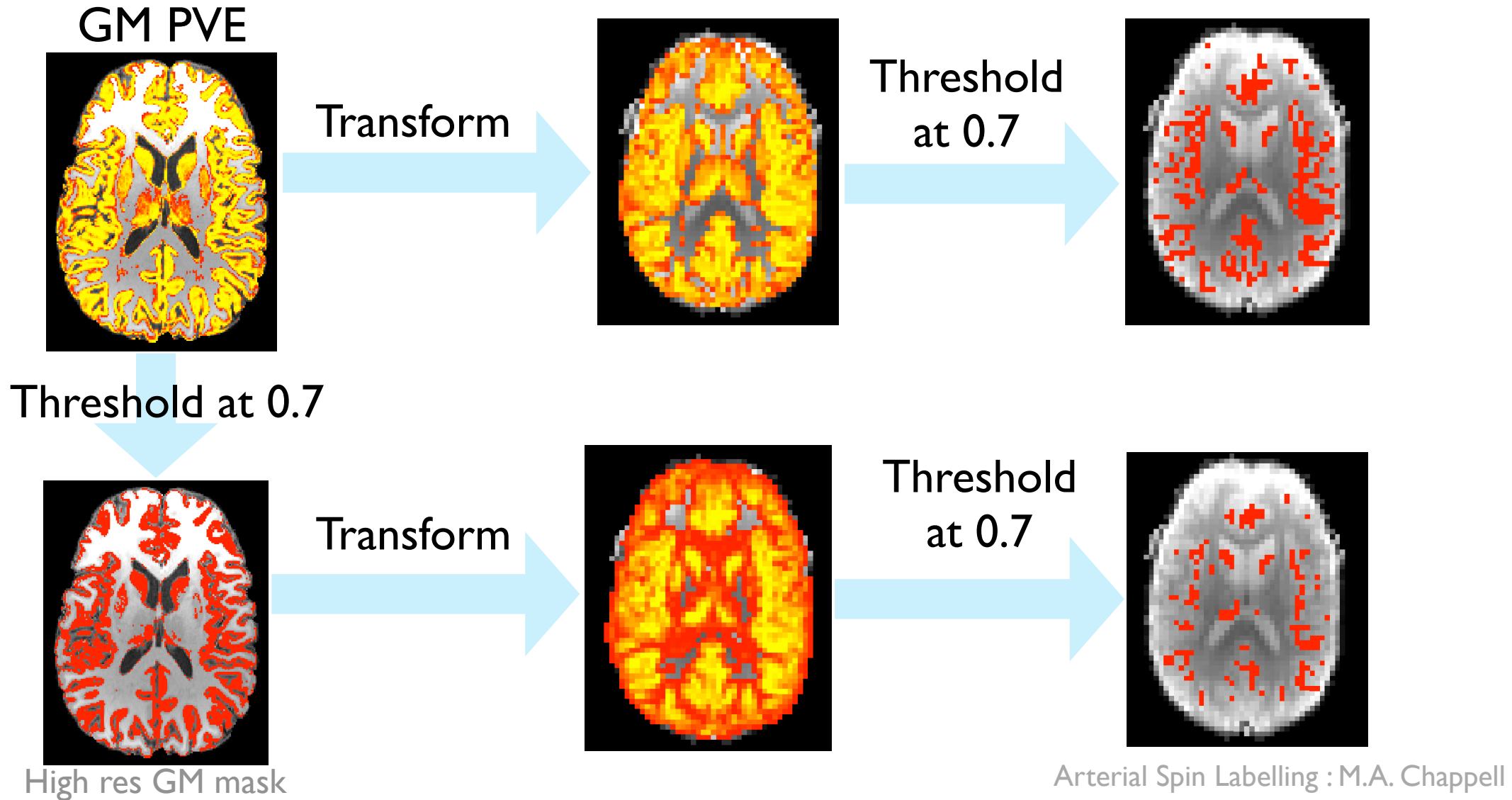
➔ Transform **THEN** threshold

Pragmatic choice of threshold ~ 70%

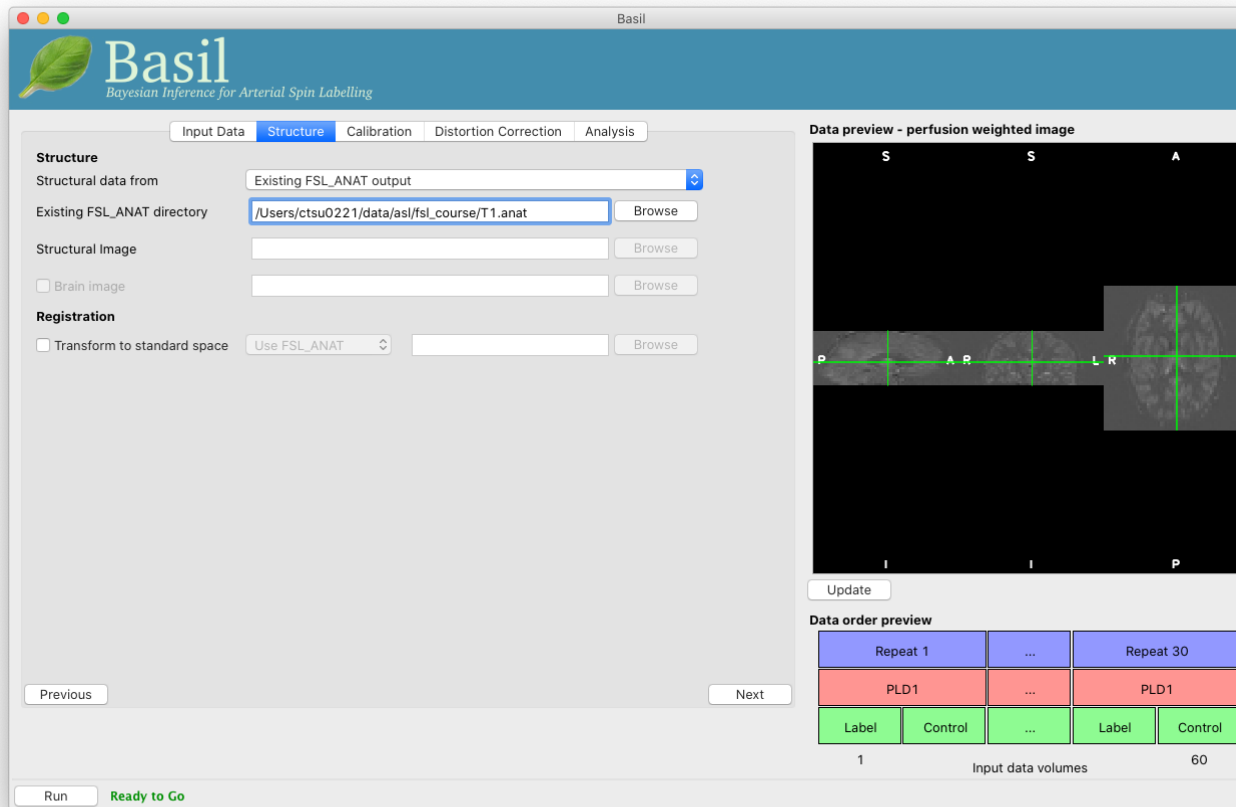
GM PVE



PREPARING FOR GROUP ANALYSIS



EXAMPLE



Run `fsl_anat` on structural image

BASIL will do:

- registration to structural space
- creation of GM mask in ASL space
- calculation of mean whole-brain GM perfusion

```
> fsl_anat {T1.nii.gz}
> oxford_asl -i {ASLdata.nii.gz} -o {oxasl} --iaf=tc --casl --tis=3.6 --bolus=1.8 /
--slicedt=0.0452 --wp --mc -c {calibration_image.nii.gz} --tr=4.8 /
--fslanat=T1.anat
```

PREPARING FOR GROUP ANALYSIS

- What I have...

- ➔ ASL perfusion in multiple sessions/subjects
- ➔ Structural images

- What I want...

- ➔ Perfusion within ROIs
(ml/100g/min)

- What should I do?

- ➔ Registration
- ➔ Masking

I want to detect 'global' changes in perfusion

I want to detect regional changes in perfusion

I want to spatially resolve difference/
changes in perfusion

PREPARING FOR GROUP ANALYSIS

- What I have...

- ➔ ASL perfusion in multiple sessions/subjects
- ➔ Structural images

- What I want...

- ➔ Perfusion within ROIs
(ml/100g/min)

- What should I do?

- ➔ Registration
- ➔ Masking

ROI defined in another space?

e.g. Atlas in MNI152

- ➔ Transform into ASL space
- ➔ Threshold

Watch out! Partial volume effects

At ROI edges

- High threshold includes values from outside ROI
- Low threshold might lead to few voxels in ROI

Between Tissues (c.f. mean GM masking)

- Apply GM mask to ROIs

PREPARING FOR GROUP ANALYSIS

- What I have...

- ➔ ASL perfusion in multiple sessions/subjects
- ➔ Structural images

- What I want...

- ➔ Voxelwise comparisons

- What should I do?

- ➔ Registration
- ➔ Transformation

I want to detect 'global' changes in perfusion

I want to detect regional changes in perfusion

I want to spatially resolve difference/
changes in perfusion

PREPARING FOR GROUP ANALYSIS

- What I have...

- ➡ ASL perfusion in multiple sessions/subjects
- ➡ Structural images

- What I want...

- ➡ Voxelwise comparisons

- What should I do?

- ➡ Registration.
- ➡ Transformation

Intensity normalization:

- ➡ Pick a ROI:
 - Manually
 - From atlas
 - From a segmentation
- ➡ Calculate mean within ROI
- ➡ Scale perfusion maps

Example: whole-brain mean GM perfusion to control for between subject variation

```
oxford_asl ... --norm
```

PREPARING FOR GROUP ANALYSIS

- Intensity normalization:

- ➡ Pick a ROI:

- Manually

- From atlas

- From a segmentation

- ➡ Calculate mean within ROI.

- ➡ Scale perfusion maps.

- Transform ROI into perfusion space or vice versa?

- ➡ ROI in high-res → perfusion space

- Interpolation on ROI mask: sharp boundaries in high-res become 'soft' requiring thresholding - possible bias.

- ➡ Perfusion image → high-res

- Interpolation occurs on perfusion values, ROI untouched.

- Exception is 'soft' segmentations

- e.g. GM/WM on a structural image.

- ➡ Transform 'soft' segmentations first and THEN threshold to create ROI.

```
oxford_asl ... --norm
oxford_asl ... --report
```

PREPARING FOR GROUP ANALYSIS

- What I have...

- ➔ ASL perfusion in multiple sessions/subjects
- ➔ Structural images

- What I want...

- ➔ Voxelwise comparisons

- What should I do?

- ➔ Registration.
- ➔ Transformation

Absolute perfusion:

A direct physiological measurement

e.g. Asllani et al., JCBFM, 28, 2008.

A consistent baseline (c.f BOLD)

e.g. Wang et. al, MRM, 49, 2003.

Inter subject and inter session variability

e.g Gevers et al., JCBFM, 31, 2011.

Petersen et al., NeuroImage, 49(1), 2011.

Arterial Transit Time (multi-TI/PLD):

Potential confound

An extra quantitative measurement

e.g. Bokkers et al., AJNR, 29(9), 2008.

MacIntosh et al, AJNR, 33(10), 2012.

Feat (higher-level analysis)
Randomise

EXAMPLE

- What I have...

- ➔ ASL perfusion in multiple sessions/subjects
- ➔ Structural images

- What I want...

- ➔ Voxelwise comparisons

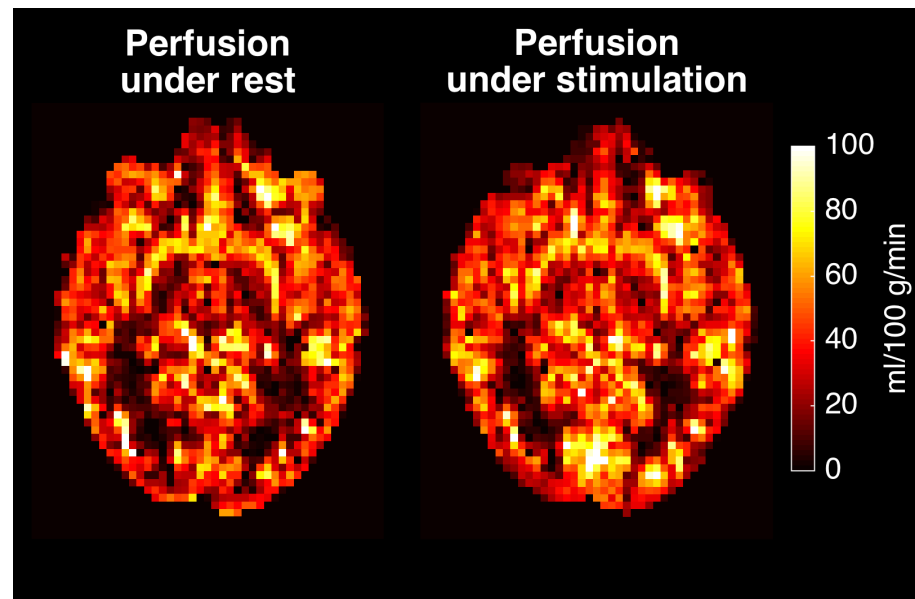
- What should I do?

- ➔ Registration
- ➔ Transformation

pcASL with

labeling duration: 1.4 s

post-label delays: 0.25, 0.5, 0.75, 1.0, 1.25, 1.5 s



```
> oxford_asl -i {ASLdata.nii.gz} -o {oxasl} -iaf=tc --ibf=rpt --casl \  
  --tis=1.65,1.9,2.15,2.4,2.65,2.9 --bolus=1.4 --slicedt=0.0452 \  
  --fixbolus --artoff --mc --fslanat=T1.anat\  
  -c {calibration_image.nii.gz} --tr=4.8
```

EXAMPLE

- Data:

pcASL, Multi-PLD

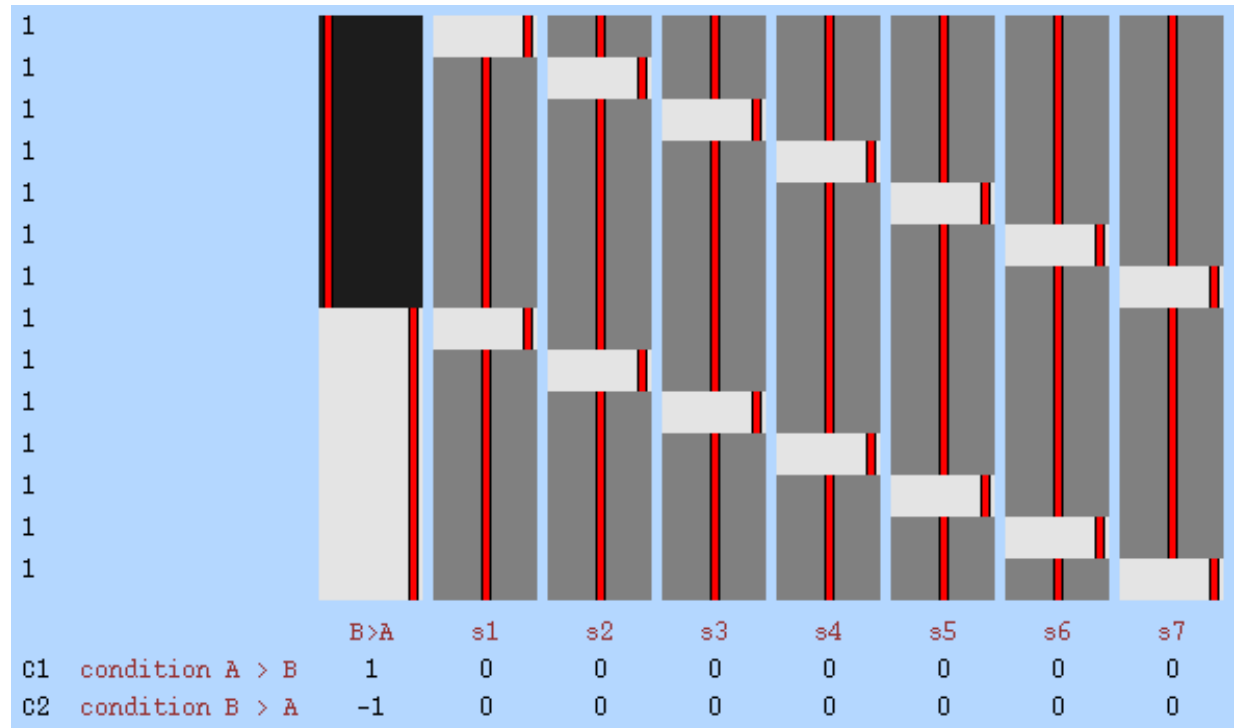
label duration: 1.4 s

PLDs: 0.25, 0.5, 0.75, 1.0,
1.25, 1.5 s

8 individuals

task - finger tapping and
visual stimulation

- Paired t-test



```
> flameo --cope=perfusion_study.nii.gz \
--mask=${FSLDIR}/data/standard/MNI152_T1_2mm_brain_mask.nii.gz \
--dm=design.mat --tc=design.con --cs=design.grp --runmode=ols --ld=flameout
```

EXAMPLE

- Data:

pcASL, Multi-PLD

label duration: 1.4 s

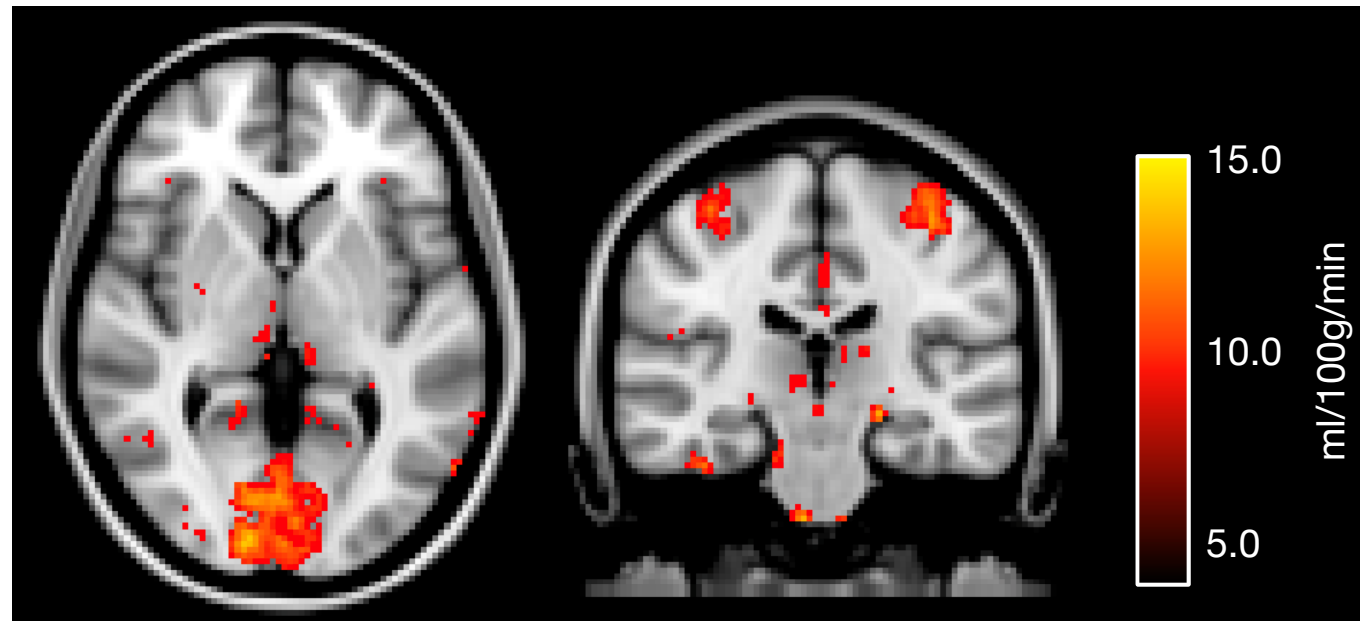
PLDs: 0.25, 0.5, 0.75, 1.0,
1.25, 1.5 s

8 individuals

task - finger tapping and
visual stimulation

- Paired t-test

Perfusion change (effect size)



EXAMPLE

- **Data:**

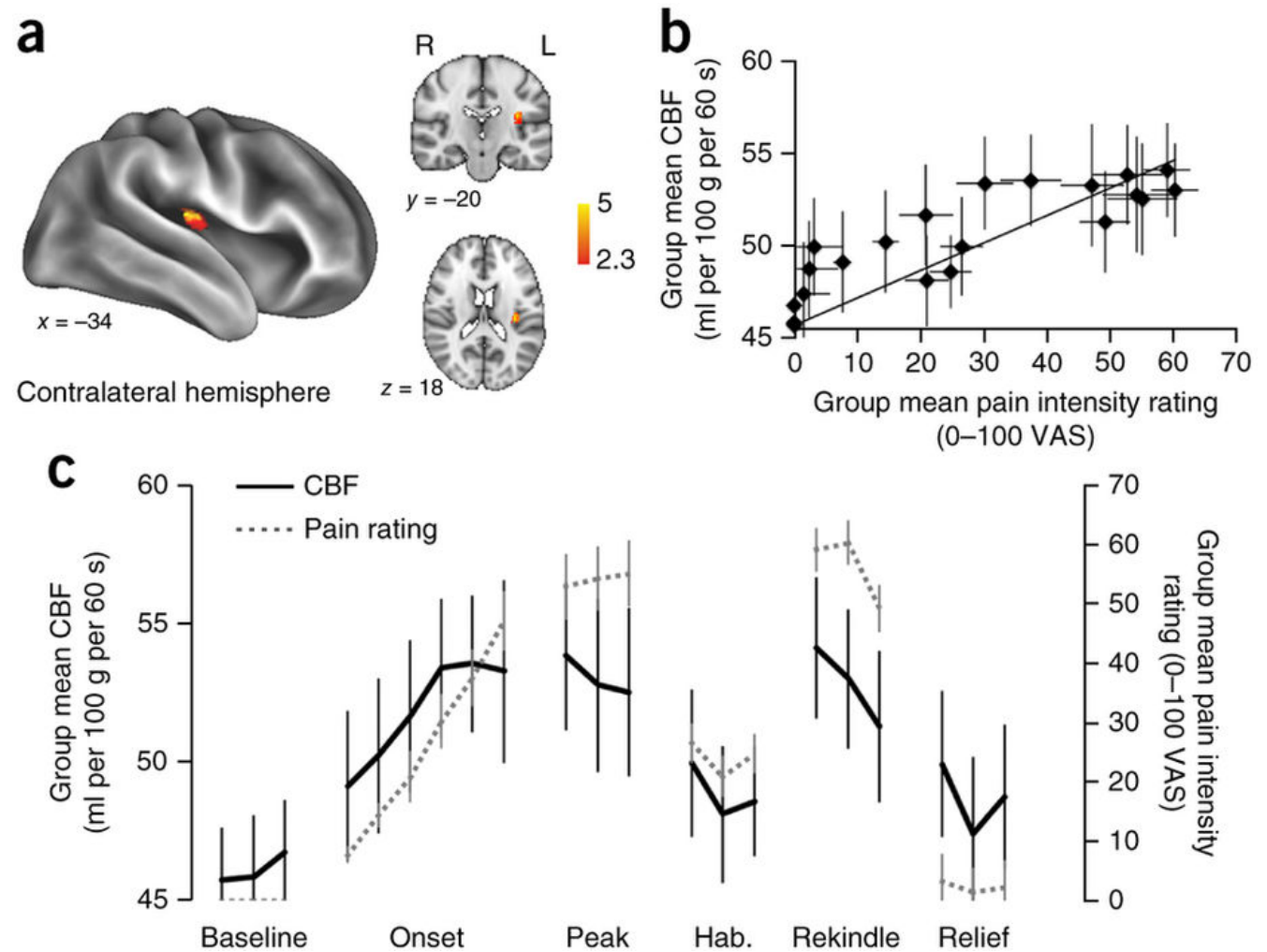
pcASL, Multi-PLD

label duration: 1.4 s

PLDs: 0.25, 0.5, 0.75, 1.0, 1.25, 1.5 s

- **Paradigm**

Monitoring response to painful stimulus

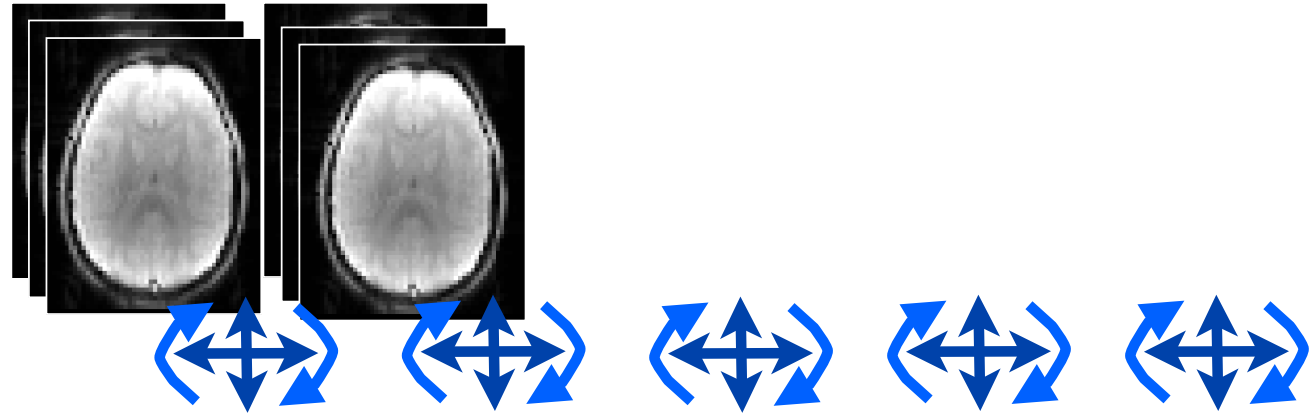


OUTLINE

- Acquisition
- Keep it simple!
 - ➡ Perfusion weighted images.
- Quantitative perfusion:
 - ➡ Kinetics: A short course in tracer kinetics.
 - ➡ Calibration: Measuring arterial blood magnetization.
- Preparing for group analysis.
- Advanced quantification:
 - ➡ Motion, Distortion & Artefacts
 - ➡ Cerebrovascular Reactivity/Reserve
 - ➡ Macro Vascular Contamination
 - ➡ Partial Volume Effects

ADVANCED: MOTION CORRECTION

- ‘Standard’ motion correction
 - ➔ cf fMRI BOLD etc
 - ➔ 6 DOF between volume registration
- Might interpret label-control as motion
 - ➔ Separate label and control correction
- Challenging with ‘aggressive’ background suppression



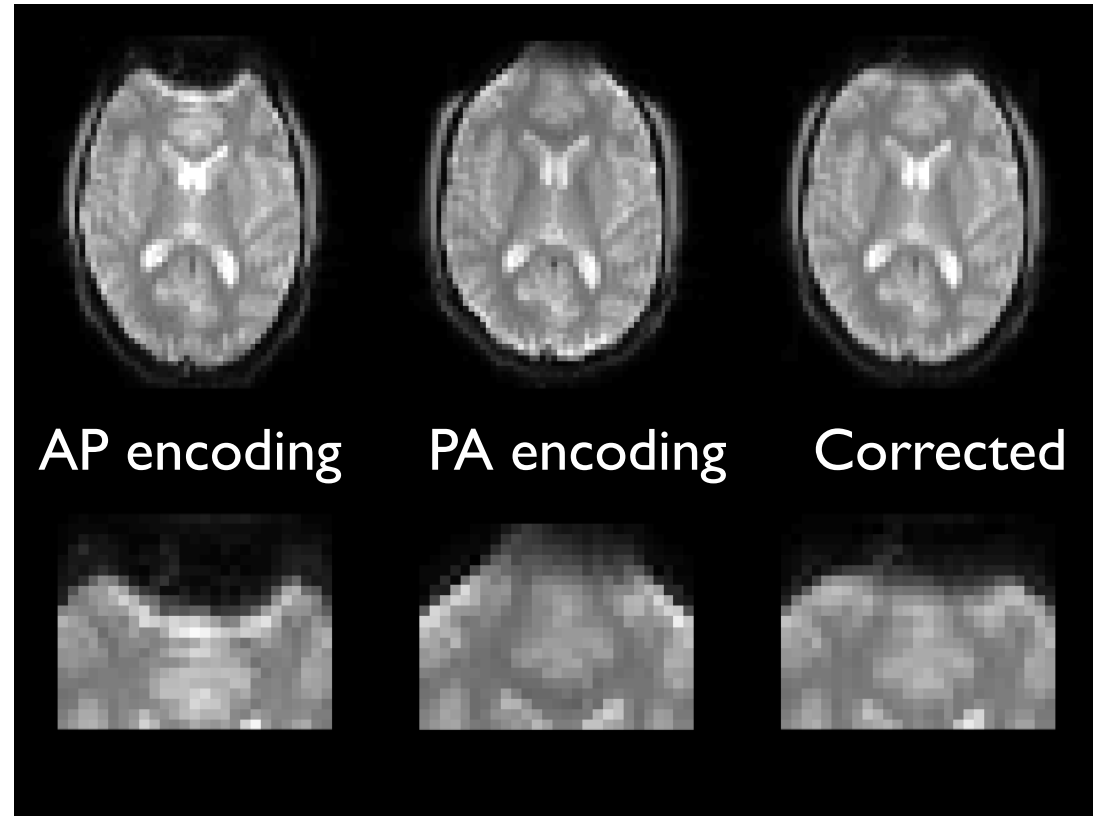
```
oxford_asl ... --mc  
mcflirt ...
```

ADVANCED: ARTEFACT SUPPRESSION

- Subtraction artefacts arise during label-control subtraction
 - ➡ Gross subject (head) motion
 - ➡ 'Physiological' motion/changes
 - ➡ Scanner instability
 - ➡ Mismatched background signal intensity
- Remove using:
 - ➡ Data scrubbing - manually by inspection, or automatically based on 'quality' metric.
 - ➡ ENABLE - identifies volumes that should be retained based on statistical measures.
 - ➡ ICA-FIX - Independent Component Analysis to identify 'components' and manual or automated (FIX) removal.

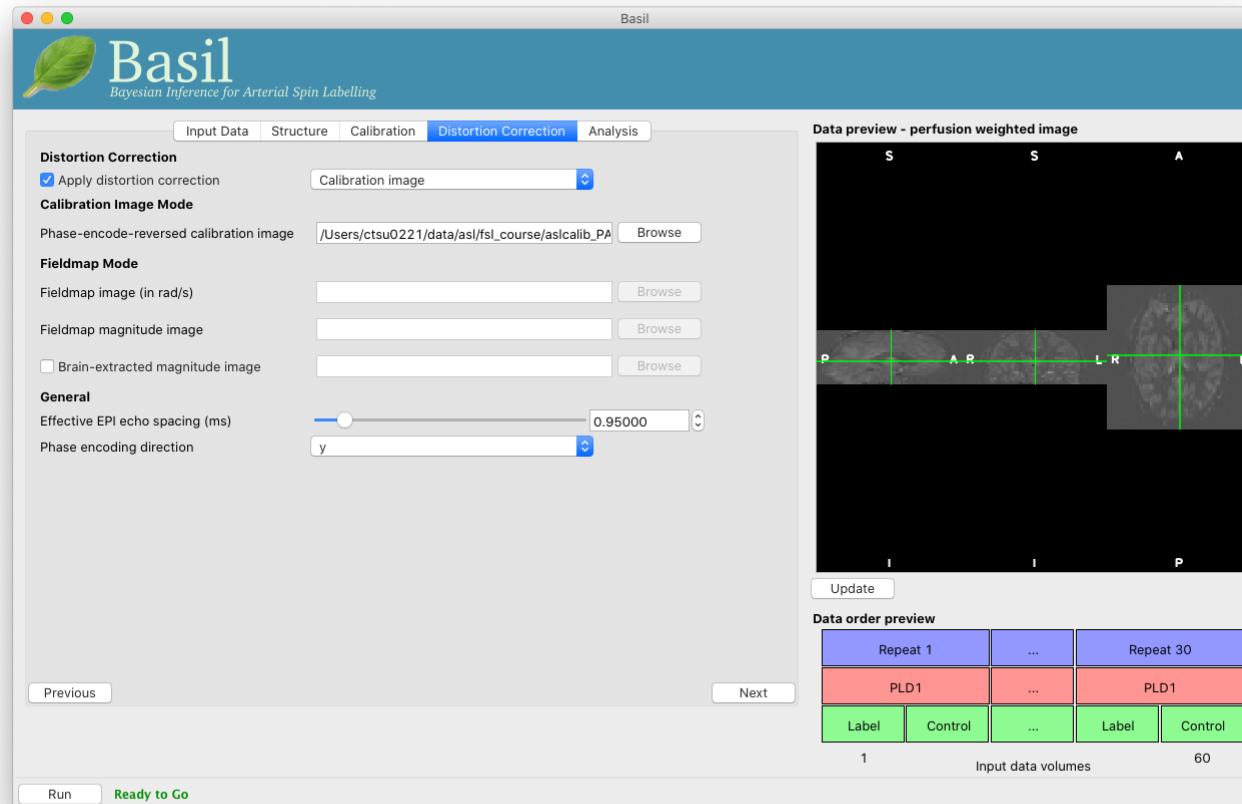
ADVANCED: DISTORTION CORRECTION

- EPI readout will include distortion in regions of field inhomogeneity
 - ➔ cf BOLD fMRI
- Need to correct for:
 - ➔ geometric distortion
 - ➔ AND intensity
- Need:
 - ➔ field map OR
 - ➔ phase encode reversed image



```
oxford_asl ... --cblip={ASL_calibration_phase_reversed} pedir=[direction] \  
  --echospacing=[value]  
oxford_asl ... --fmap={fieldmap_image} --fmapmag={fieldmap_magnitude_image} \  
  --fmapmagbrain={brain_extracted_fmapmag} --pedir=[direction] --echospacing=[value]
```

EXAMPLE



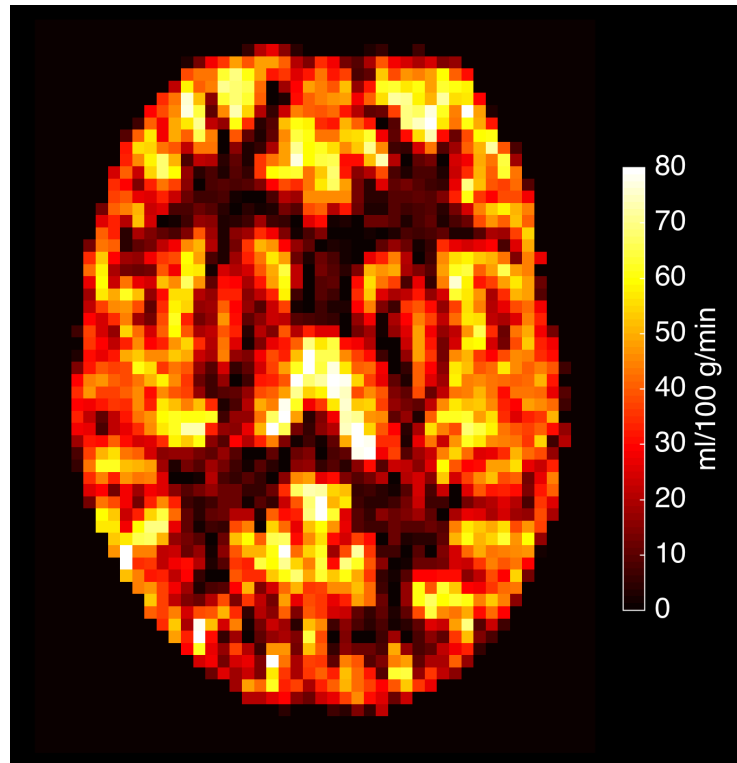
pcASL with
labeling duration: 1.8 s
post-label delay: 1.8 s
2D readout
45.2 ms per slice

Calibration images
TR: 4.8 s
(1) AP encoding
(2) PA encoding
echo spacing (dwell time):
0.06 ms

```
# Do the analysis using oxford_asl
> oxford_asl -i {ASLdata.nii.gz} -o {oxasl} --iaf=tc --casl --tis=3.6 --bolus=1.8 /
  --slicedt=0.0452 --wp --mc -c {calibration_image.nii.gz} --tr=4.8 /
  --cblip={calibration_PA.nii.gz} --pedir=y --echospacing=0.06
```

EXAMPLE

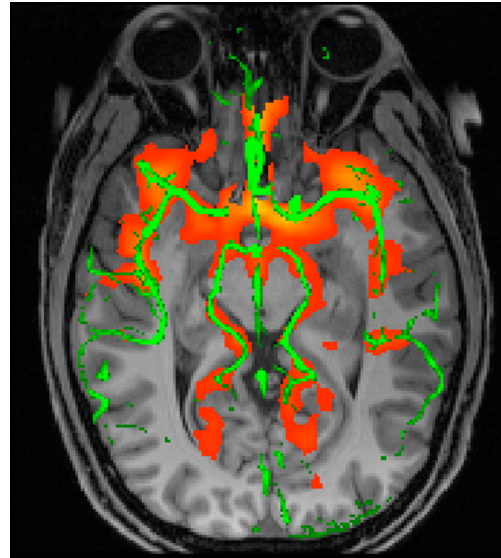
Perfusion (ml/100g/min)



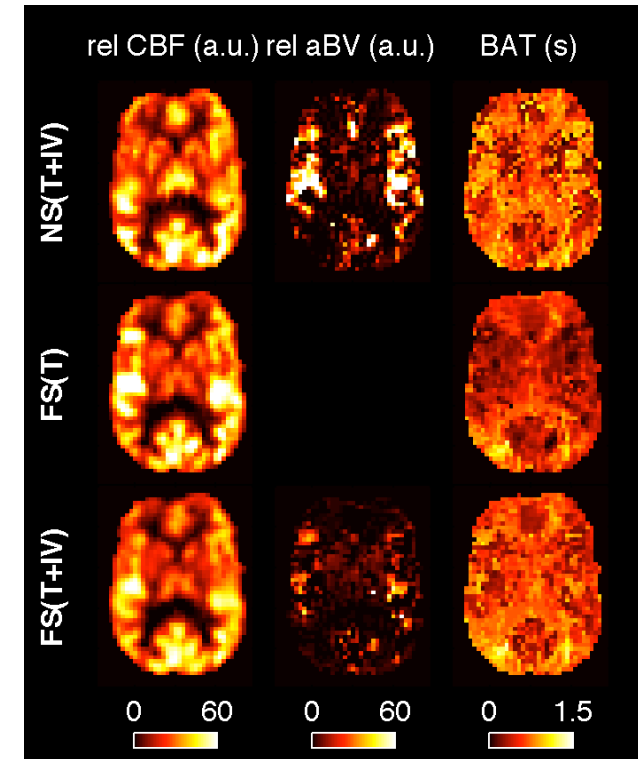
`oxasl/native_space/perfusion_calib.nii.gz`

ADVANCED: MACRO VASCULAR CONTAMINATION

- Early PLDs may contain label still within larger arteries.
➔ perfusion overestimation
- Use long PLD(s)
- Use flow suppressing gradients
- Include in model - multi-PLD data
➔ provides estimate of arterial blood volume



aBV and TOF MIP



`oxford_asl`: MV component included by default, use `--artoff` to turn off

Ye et al., MRM 37(2), 1997.
Chappell et al., MRM 63(5), 2010.

Arterial Spin Labelling : M.A. Chappell

ADVANCED: MACRO VASCULAR CONTAMINATION

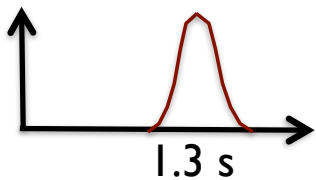
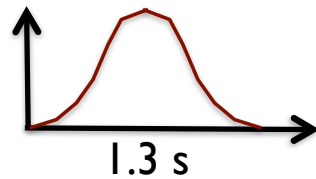
$$\Delta M(t) = \text{CBF } \Delta M_{\text{tiss}}(t) + \text{aBV } \Delta M_{\text{IV}}(t)$$

Perfusion/
aBV

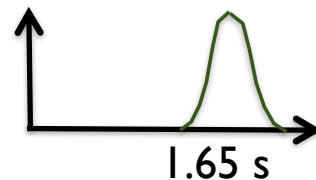
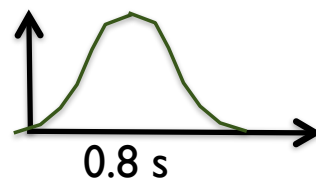
Arterial
Transit Time

TI

Spatial



ARD



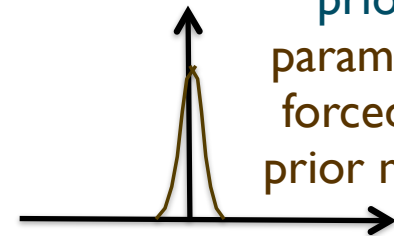
ARD prior: $\sim N(0, v)$

v determines the **relevance** of the prior.
 v is determined from the data.

$v \rightarrow 0$

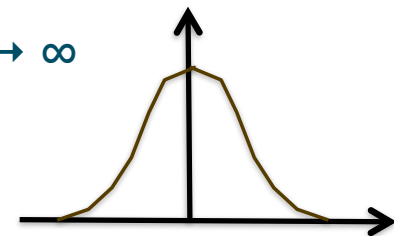
Restrictive
prior:

parameter
forced to
prior mean



$v \rightarrow \infty$

Liberal prior: parameter free
to be estimated from data



EXAMPLE

- What I have...

- ➔ ASL data - multi-TI/PLD
- ➔ (calibration images)

- What I want...

- ➔ Perfusion in ml/100g/min
- ➔ Arterial blood volume in ml/ml.

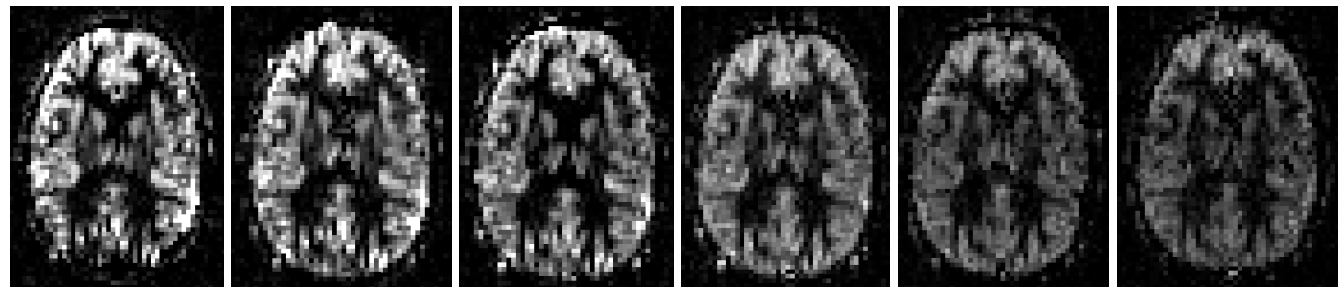
- What should I do?

- ➔ Tag-control subtraction.
- ➔ Kinetic model inversion.
- ➔ M0 calculation.

pcASL with

labeling duration: 1.4 s

post-label delays: 0.25, 0.5, 0.75, 1.0, 1.25, 1.5 s

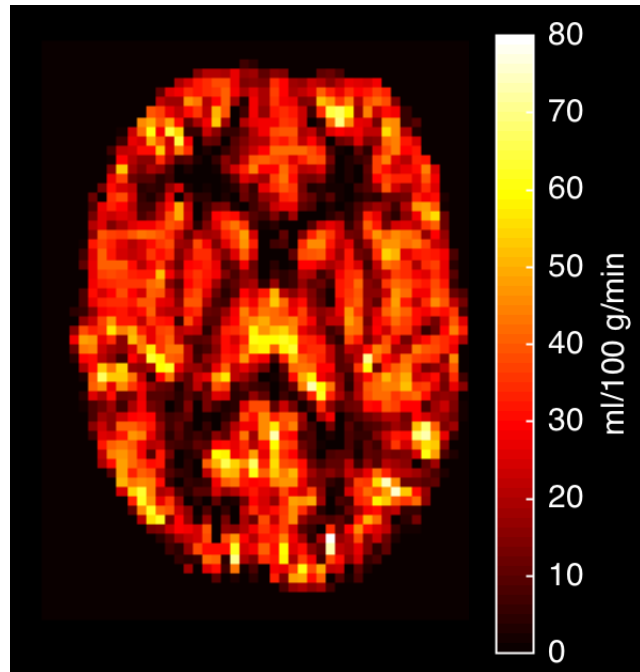


TI: 1.65 1.9 2.15 2.4 2.65 2.9

```
> oxford_asl -i {ASLdata.nii.gz} -o {oxasl} -iaf=tc --ibf=rpt --casl \  
  --tis=1.65,1.9,2.15,2.4,2.65,2.9 -bolus=1.4 --slicedt=0.0452 \  
  --fixbolus --artoff --mc \  
  -c {calibration_image.nii.gz} --tr=4.8
```

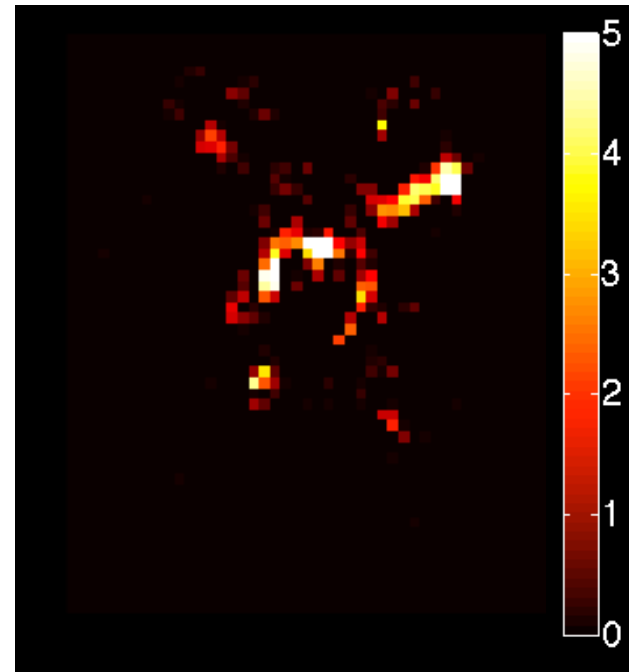
EXAMPLE

Perfusion ml/100g/min



middle slice

Arterial cerebral blood volume % (ml/ml * 100)



lower slice ~ Circle of Willis

```
oxasl/native_space/perfusion_calib.nii.gz  
oxasl/native_space/aCBV_calib.nii.gz
```

ADVANCED: PARTIAL VOLUME CORRECTION

- Partial voluming of grey and white matter inevitable.
- Leads to GM perfusion underestimation
 - ➔ WM perfusion $<$ GM
 - ➔ WM blood arrival $>$ GM
- Correction
 - ➔ PV estimates from segmentation of structural image.
Note: partial volume estimates NOT a hard segmentation or probabilities.
 - ➔ Make separate GM and WM perfusion estimates in every voxel.
An under determined problem.



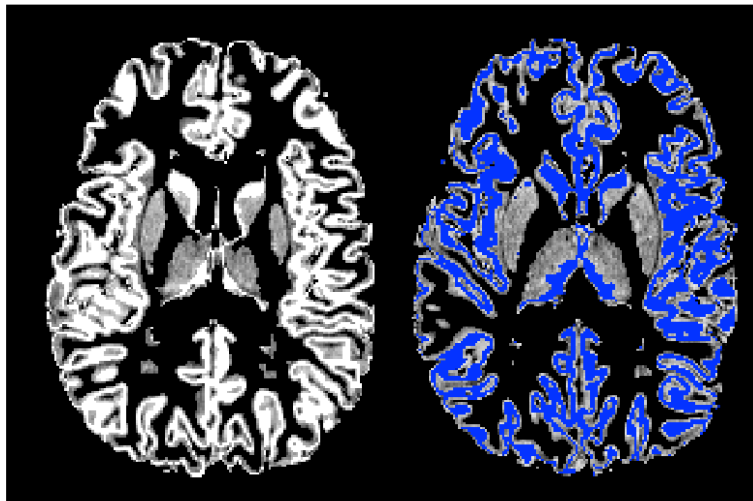
ADVANCED: PARTIAL VOLUME CORRECTION

- Does it matter that much?
 - ➔ Resolution of ASL $\sim 3 \times 3 \times 5$ mm
 - ➔ Cortical thickness $\sim 2 - 4$ mm
- Unlikely to have many pure GM or WM voxels in the cortex

Structural resolution

Partial Volume
Estimate

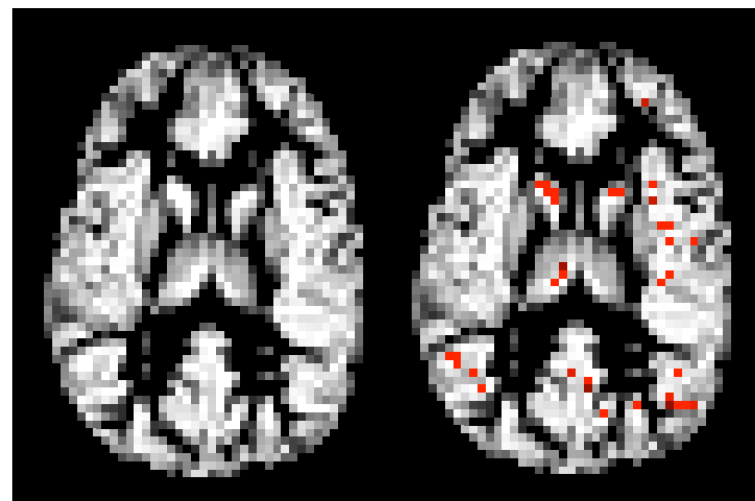
Threshold at 90%



ASL resolution

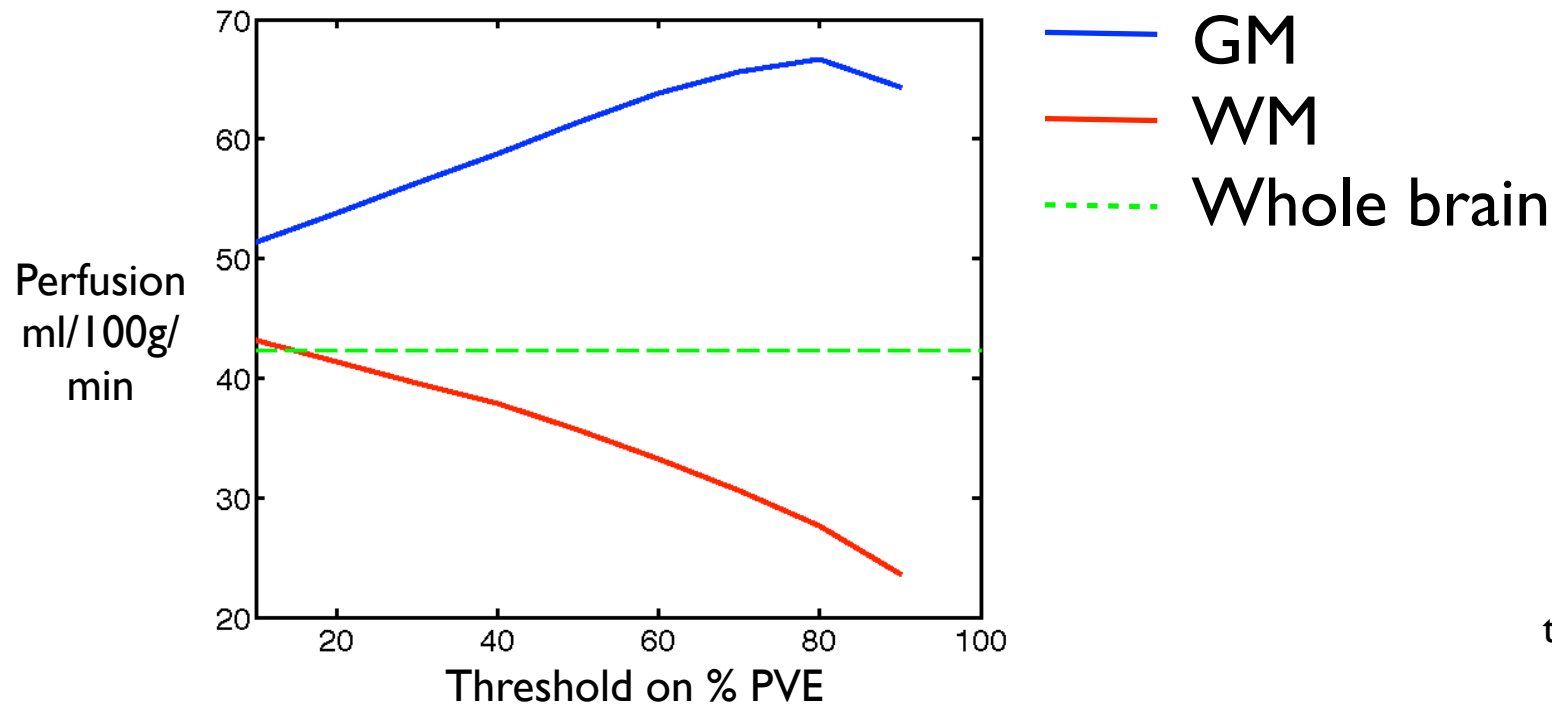
Partial Volume
Estimate

Threshold at 90%

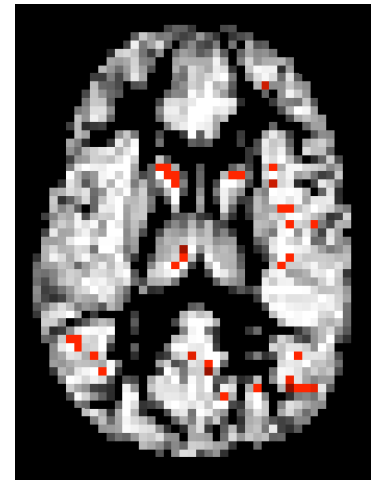


ADVANCED: PARTIAL VOLUME CORRECTION

- What do we mean when we report GM or WM perfusion?



GM mask
threshold at
90%



```
oxford_asl ... --report
```

ADVANCED: PARTIAL VOLUME CORRECTION

- Does it matter that much?
 - ➔ Resolution of ASL $\sim 3 \times 3 \times 5$ mm
 - ➔ Cortical thickness $\sim 2 - 4$ mm
- Spot the difference!

Perfusion

PV of GM
(at ASL resolution)



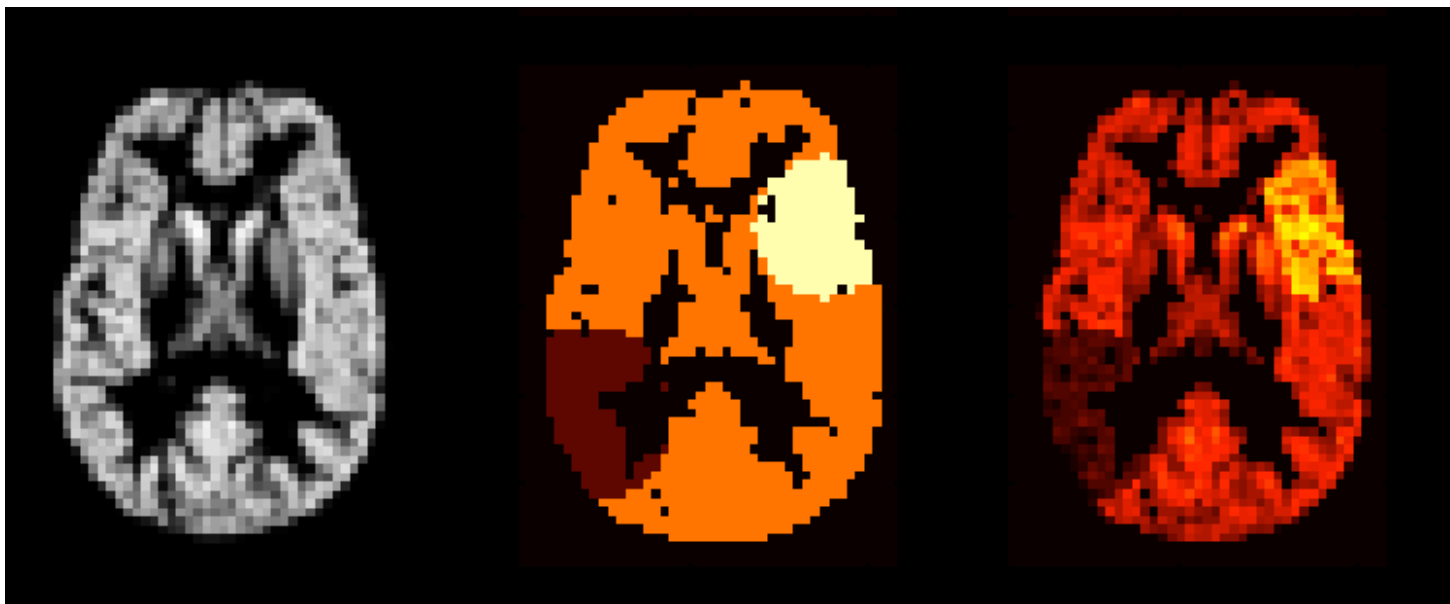
ADVANCED: PARTIAL VOLUME CORRECTION

- Example from simulated data

GM PVE

Simulated true
perfusion

Conventional
perfusion map

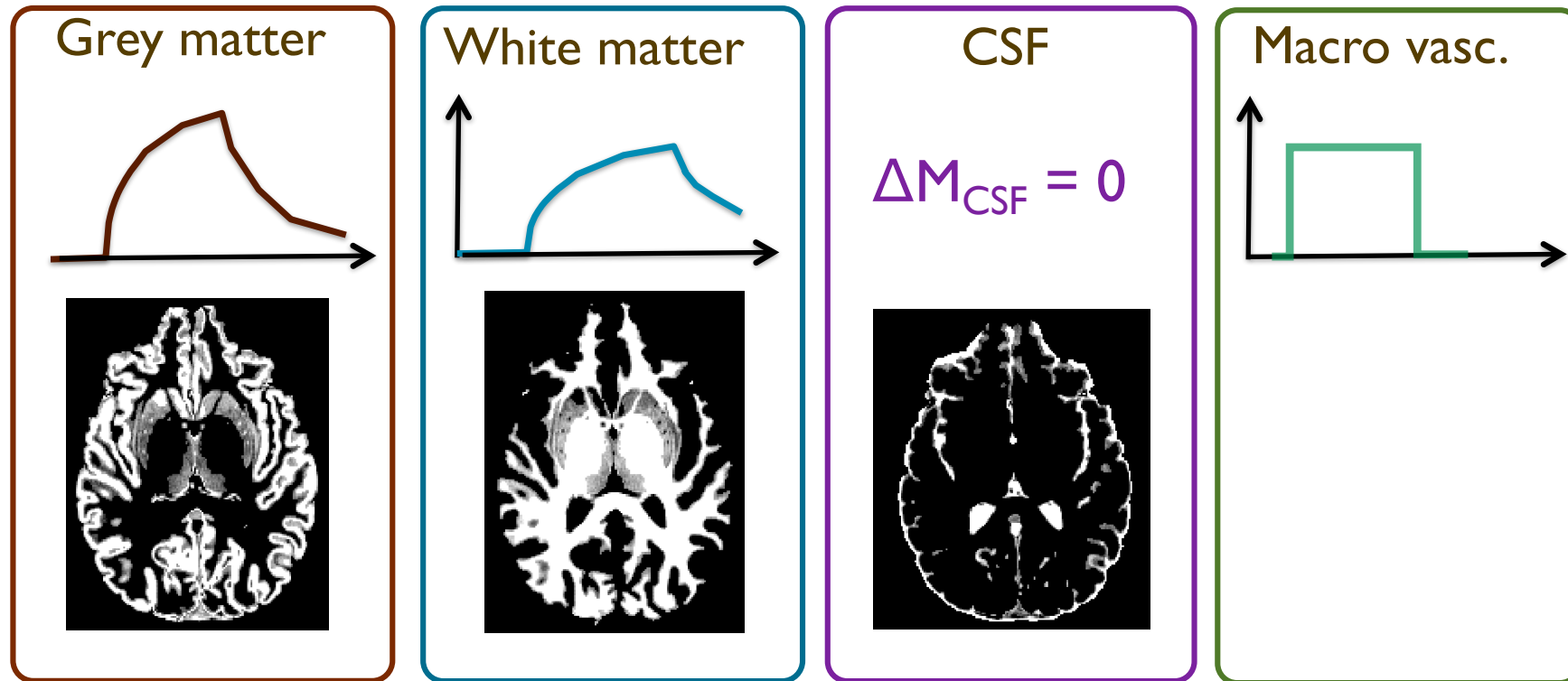


Chappell et al., MRM 65(4), 2011.

ADVANCED: PARTIAL VOLUME CORRECTION

- Multi-component model:

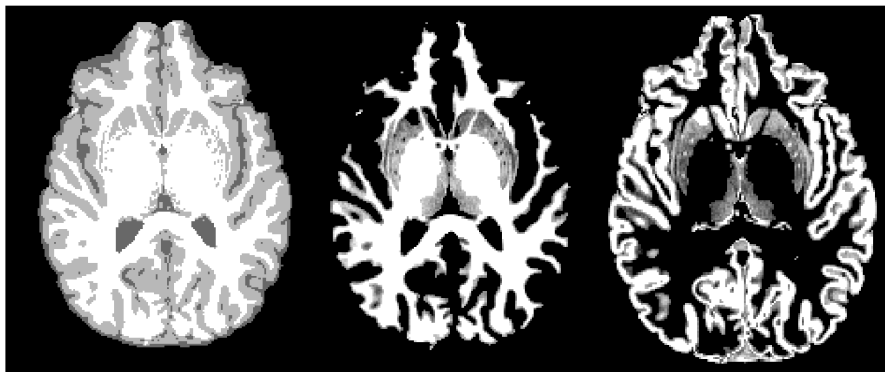
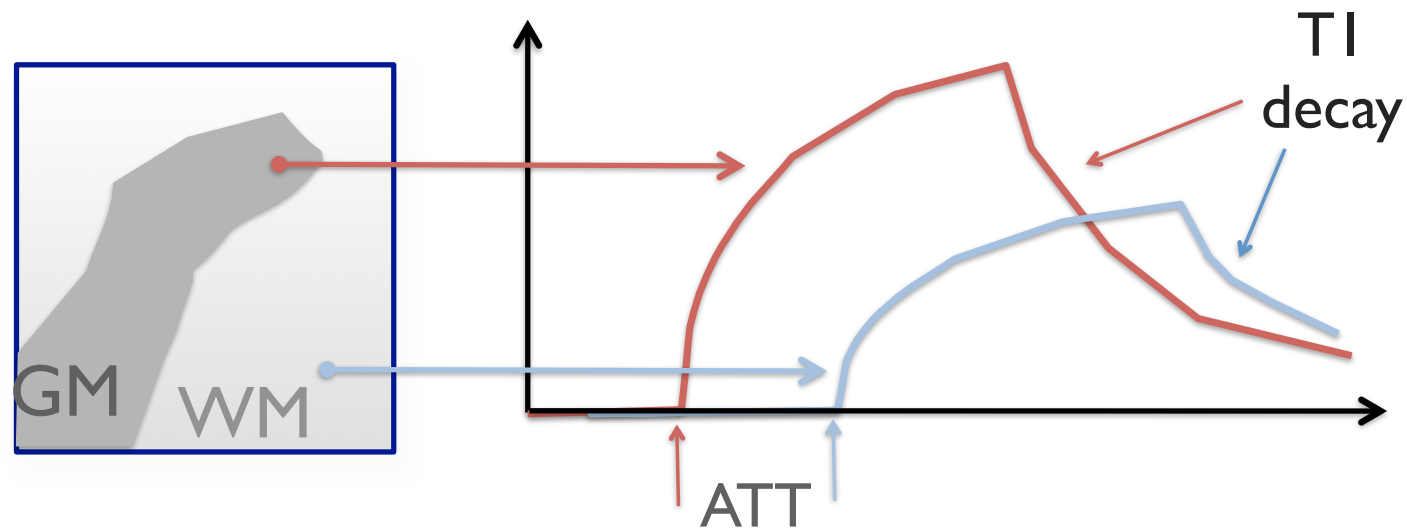
$$\Delta M(t) = PV_{GM}\Delta M_{GM}(t) + PV_{WM}\Delta M_{WM}(t) + PV_{CSF}\Delta M_{CSF}(t) + aBV \Delta M_{MV}(t)$$



- Spatial priors on CBF for GM and WM

ADVANCED: PARTIAL VOLUME CORRECTION

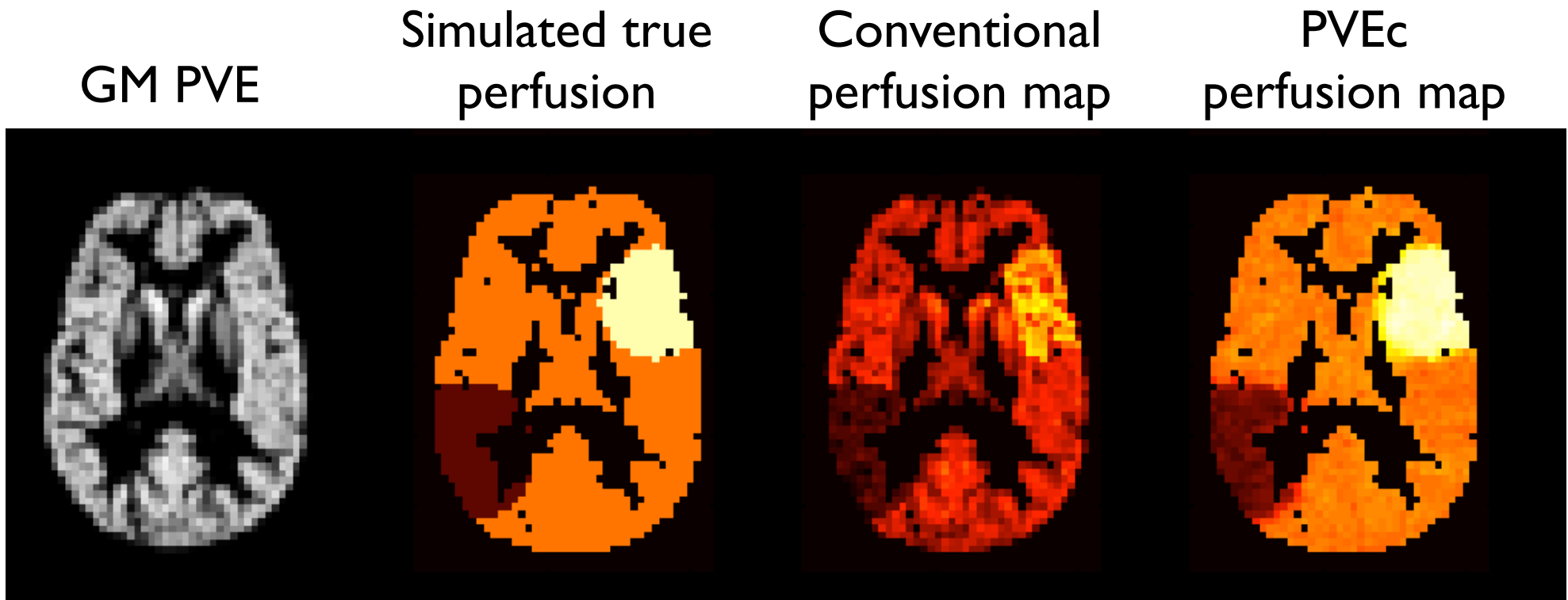
- Partial volume correction exploiting kinetic data:



- ➔ Perfusion: $GM > WM$
- ➔ ATT: $WM > GM$
- ➔ TI: $WM < GM$

ADVANCED: PARTIAL VOLUME CORRECTION

- Example from simulated data



Chappell et al., MRM 65(4), 2011.

EXAMPLE

- What I have...

- ➔ ASL data - multi-TI/PLD
- ➔ (calibration images)

- What I want...

- ➔ Grey matter perfusion in ml/100g/min

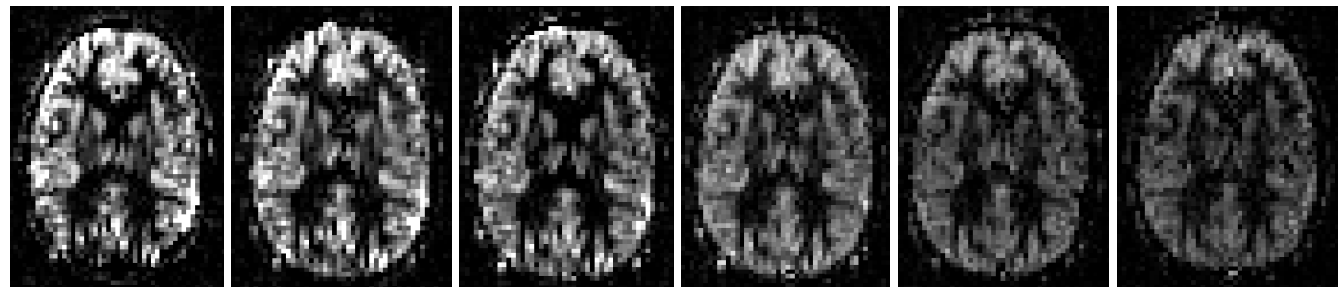
- What should I do?

- ➔ Tag-control subtraction.
- ➔ Kinetic model inversion.
- ➔ M0 calculation.
- ➔ Partial volume correction

pcASL with

labeling duration: 1.4 s

post-label delays: 0.25, 0.5, 0.75, 1.0, 1.25, 1.5 s



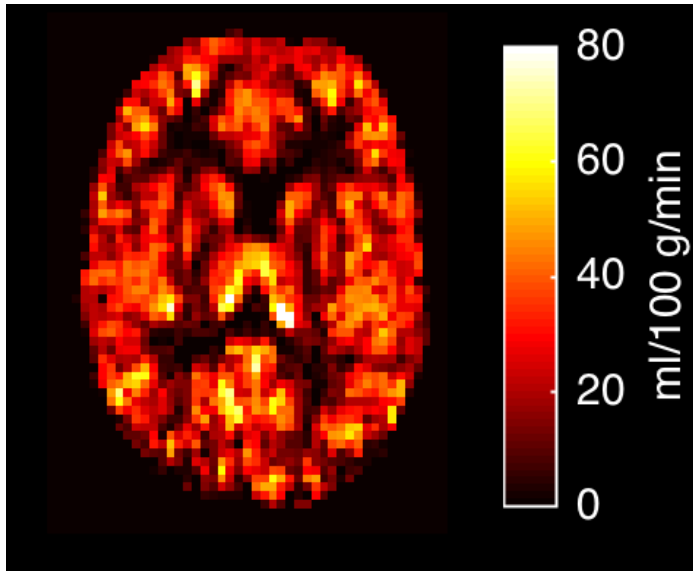
TI: 1.65 1.9 2.15 2.4 2.65 2.9

Segmented **structural image**, e.g. fsl_anat output

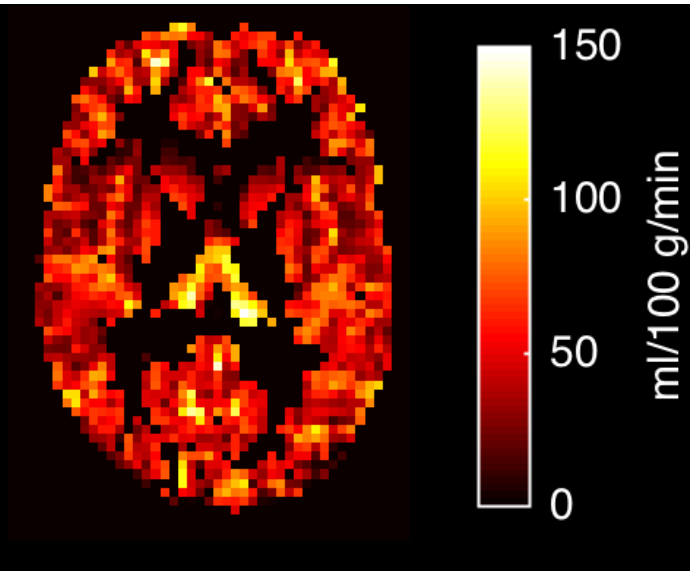
```
> oxford_asl -i {ASLdata.nii.gz} -o {oxasl} -iaf=tc --ibf=rpt --casl \  
  --tis=1.65,1.9,2.15,2.4,2.65,2.9 -bolus=1.4 --slicedt=0.0452 \  
  --fixbolus --mc --pvcrr --fslanat=T1.anat \  
  -c {calibration_image.nii.gz} --tr=4.8
```

EXAMPLE

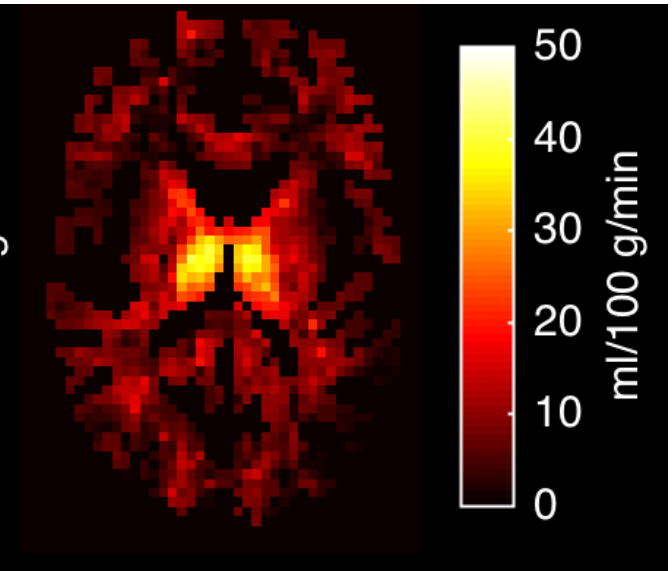
Perfusion (uncorrected)
ml/100g/min



Grey matter perfusion
ml/100g/min

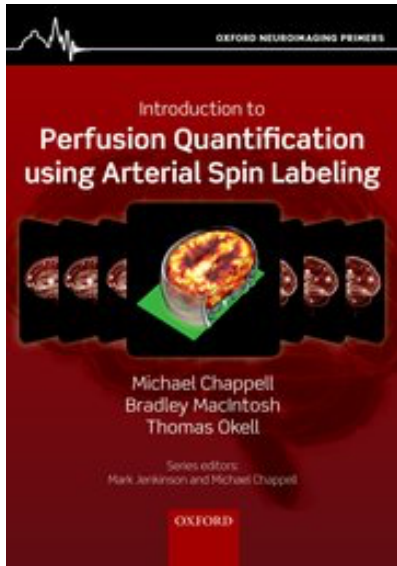


White matter perfusion
ml/100g/min



```
oxasl/native_space/perfusion_calib.nii.gz  
oxasl/native_space/pvcorr/perfusion_calib_masked.nii.gz  
oxasl/native_space/pvcorr/perfusion_wm_calib_masked.nii.gz
```

NEED TO KNOW MORE...



Oxford Neuroimaging Primers:

Introduction to Perfusion Quantification using Arterial Spin Labelling

➡ Cover material in this lecture and more.

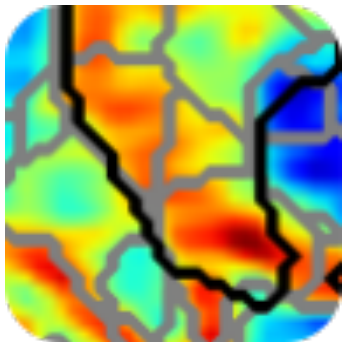
➡ <http://www.neuroimagingprimers.org>

Examples using BASIL (extended from the course)

FSL:The FMRIB Software Library

➡ BASIL: www.fmrib.ox.ac.uk/fsl/basil

User guide & tutorials for FSL v6.0+



Quantiphyse

➡ www.quantiphyse.org

User guide & tutorials for ASL perfusion quantification

Arterial Spin Labelling : M.A. Chappell